

Coventry Complex Communication Team will be delivering a series of 5 free workshop sessions aimed at parents and carers of children and young people on the Autism Spectrum.

Each session will be delivered virtually through Microsoft Teams and presented by a specialist practitioner in the field of Autism. There will be a series of sessions focusing on a range of topics, which include:

- **Week 1 - 13th January: Supporting your child by understanding their Autism; your child and their Autism**
- **Week 2 - 20th January: Supporting your child with self-help and independence**
- **Week 3 - 27th January: Supporting your child and their sensory processing differences**
- **Week 4 - 3rd February: Supporting your child and their behaviours**
- **Week 5 - 10th February: Supporting your child with their learning**

The aim of each session will be to:

- To raise an awareness of how Autism affects your child
- To develop a shared understanding of some of the challenges that our children face, and the strengths they can bring
- To increase your confidence in understanding and supporting your child
- To build up a bank of ideas and strategies that can be used to support your child

All sessions are 11am-12. Whilst we appreciate you may not be able to attend every session due to work/family commitments, we do ask that you do your best to attend week 1 as this provides the foundation for the remaining sessions.

Please email BSCLimbrickWoodCentre@coventry.gov.uk if you wish to attend any of these sessions. You will receive MS Teams invitations for each individual session.