



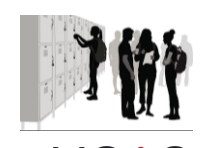
**Future:**  
Go to university to enhance your sport studies and get a degree

**Future:**  
Start a degree level sports apprenticeship



**Aspirations:**  
Confirm and accept your future pathways offer

**Attainment:**  
Sit your final exams



**UCAS**  
Apply for University through UCAS or alternative post 18 courses



**Attainment:**  
Revise and sit examinations

**YEAR 13**

**Attitude:**  
Develop a VESPA mindset to help you succeed

**Attainment:**  
Complete your coursework units

**Work:**  
Secure a part time job or work experience

**YEAR 12**

**Attainment:**  
Start your L3 BTEC Sport Course

**YEAR 10**

**Community:**  
Last KS3 sports day

**Ultimate Frisbee:**  
Explore this emerging sport.

**Cricket:**  
Get some spin on your bowl

**Football:**  
Become a tactical magician

**Leadership:**  
Become a house leader or team captain

**YEAR 8**

**Community:**  
Take part in your first sports day

**YEAR 7**

**YEAR 11**

**YEAR 9**

**YEAR 8**

**YEAR 7**



**Future:**  
Take a gap year, travel the world and embrace new cultures



**Aspirations:**  
Consider summer internship and voluntary work in the sports industry to enhance your learning



**Gym:**  
Workout in the gym



**Exercise Class:**  
Push yourself with a professional instructor

**Aspirations:**  
Apply for MP Sixth Form – BTEC Sport

**Attainment:**  
Finish the rest of your coursework units



**Aspirations:**  
Write a CV and personal statement

**R180 . Sit your terminal exam.**



**Athletics:**  
Master your track and field discipline



**Enrichment:**  
Visit Coventry Universities Sport science lab.



**R182 – The body's response to exercise and how technology informs this.**

**Enrichment:**  
Take part in a KS4 inter-school tournament

**Leadership:**  
Become a sports leader

**R180 – Reducing the risk of sports injuries and dealing with common medical conditions.**

**R181 – Applying the principles of training.**  
Start your first piece of coursework



**Invasion Sports:**  
Develop tactical awareness

**Aspirations:**  
Complete pre post 16 transition pack

**Attainment:**  
Start your Cambridge National Sport science course



**Enrichment:**  
Attend year 11 prom



**Community:**  
Last KS3 sports day

**Ultimate Frisbee:**  
Explore this emerging sport.

**Cricket:**  
Get some spin on your bowl

**Football:**  
Become a tactical magician

**Leadership:**  
Become a house leader or team captain



**Residential:**  
Attend the international waster sports trip

**Cricket:**  
Perform the pull and square cut

**Community:**  
Take part in Sports Relief

**Volleyball:**  
Master the smash

**Athletics:**  
throw the javelin and sprint 100m

**Enrichment:**  
Attend the Sports trip

**Badminton:**  
Perform the overhead clear and win using a Smash shot

**Team:**  
Play in fixtures and competitions against other schools

**Handball:**  
Learn to dribble, pass and shoot to

**Dance:**  
Produce motifs with friends

**Gymnastics:**  
Learn different modes of travel and perform head and handstands

**Achievement:**  
Collect your first sports badge

**Table Tennis:**  
Perform the forehand and backhand push

**Leadership:**  
Become a house leader and take part in tournaments

**Athletics:**  
throw the javelin and sprint 100m

**Health Related Fitness:**  
Know the components of skill and physical fitness

**Achievement:**  
Win your first house tournament

**Community:**  
Join a local community team

**Netball:**  
Master the pivot and master your footwork

**Basketball:**  
Perform the set shot

**Enrichment:**  
Attend dodgeball, table tennis or basketball during lunchtime enrichment

**Social:**  
Forge and develop friendships that will last a lifetime

**Community:**  
Enjoy sports day

**HRF:**  
Explore different types of training

**Enrichment:**  
Represent WA at the school games

**Football:**  
Become king or queen of cross

**Volleyball:**  
Use the Set Shot to a team mate and the Dig to save you

**Rugby:**  
Master the tackle

**Community:**  
Represent your house in a house tournament

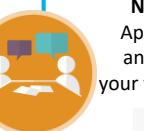
**Enrichment:**  
Attend your Extra-curricular Clubs (bring your friends along)

**Team:**  
Attend sports team training

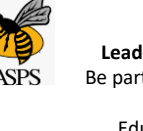
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**Aspirations:**  
Discuss your careers ambitions with your teachers



**Net Sports:**  
Apply tactics and develop your technique

**Table Tennis:**  
perform the chop and defensive block

**Leadership:**  
Be part of the Sports Education model

**Enrichment:**  
Sign up for the Silver Duke of Edinburgh award

**Leadership:**  
Support Yr7 and Yr8 House tournaments

**Attainment:**  
Know your CNat Sport Science target grade

**HRF:**  
HITT your way to fitness with Boxercise

**Athletics:**  
Jump the hurdles and throw the Discus

**Dance:**  
Street moves and line dancing

**Badminton:**  
Pair up and become a doubles champion

**Rugby:**  
Hold tight in an 8 man scrum

**Handball:**  
Shoot your shot from outside the D.

**Netball:**  
Become a defensive master

**Basketball:**  
Score your first lay up

**Table Tennis:**  
Add top spin to your shots

**Athletics:**  
Run 80m, throw the shot and attempt the high jump

**Cricket – Control your forward drive and perform the long barrier in the field.**

**Rounders:**  
Bat your way to success

**Community:**  
Take part in your first sports day

**Enrichment:**  
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