

Newsletter



MEADOW PARK
SCHOOL

Message from the Headteacher

Dear Parents and Carers

I would like to raise with you the matter of road safety and students arriving to school each day.

As a reminder, school is open to students from 8:20am each morning. Students should not be entering the school grounds before this time as they will not be supervised. Students will need to wait outside until 8:20am when the school gates will be open. We do offer a breakfast club from 8:20am, with the school day beginning at 8:40am each morning.

Please can I also remind you to be mindful of where you park or stop to drop off or collect your child. Myself and the police observed several parents at the end of school this week who were parking or stopping in a dangerous or inconsiderate way. We do collaborate with the police and parking enforcement to ensure road safety.

I have reminded students of this in today's assembly.

Thank you for your support with this

Year 11 watched a live performance of Macbeth this week to support their learning and preparation for their English Literature exam. Each year we offer live performances as we believe this gives students an opportunity to

experience the text in the format which Shakespeare intended. Contrary to popular opinion amongst students, Shakespeare wrote his play to be performed on stage - he did not write them thinking in hundreds of years time students would sit a written exam about them! There is always something magical about a live performance and we are fortunate to have fantastic facilities in our Theatre for the stage company to use.

Our students across all year groups have dominated the local sporting fixtures, with Meadow Park teams in the semi finals of several games next week, including basketball, football and rugby. I have congratulated students on their achievement so far and encouraged them to bring the trophy home to Meadow Park! We are all cheering them on!

I hope you have a lovely weekend.

With best wishes

Mrs Pettman
Headteacher

Nurturing Excellence, Growing Aspiration, Thriving Together



FINHAM PARK
MULTI ACADEMY TRUST

Issue: 21 March 2025

The Importance of Oracy in School: A Guide for Parents

Oracy refers to the ability to communicate effectively through speech. It involves using language to express thoughts, ideas, and feelings, and to interact with others in a way that is clear, coherent, and appropriate.

Why Oracy Matters:

1. Foundation for Communication Skills: Effective communication is at the heart of all human interaction. Strong oracy skills enable children to articulate their thoughts and feelings clearly, fostering better relationships with peers and teachers. This skill is not only important for academic success but also for future employment and social interactions.

2. Enhancing Academic Performance: Research has shown that students who are able to communicate effectively through speech tend to perform better in reading, writing, and overall academic achievement. Engaging in discussions and presenting ideas helps solidify understanding and encourages critical thinking. Schools that emphasise oracy often see improved outcomes across various subjects.

3. Building Confidence: Oracy skills contribute significantly to a child's self-esteem. When children are able to express themselves clearly, they are more likely to participate in class discussions and activities, reducing anxiety and encouraging a sense of belonging. This confidence can extend beyond the classroom, impacting their social lives and personal development.

4. Promoting Active Listening: Oracy isn't just about speaking; it also involves listening. Developing oracy skills teaches children the importance of listening actively to others, which is essential for effective communication. This skill helps them engage in meaningful conversations, resolve conflicts, and collaborate effectively with peers.

5. Preparing for the Future: In an increasingly interconnected world, the ability to communicate effectively is more important than ever. Employers seek individuals who can express their ideas clearly, work collaboratively and engage with diverse groups.

Excitingly, from September 2025 Meadow Park School will be a Voice 21 school, placing oracy at the heart of the curriculum. Oracy will equip our students for success in their future careers and in their personal lives. Over the coming months we will be doing these things in school, but you can help your child to get ahead. Find out more at:

<https://voice21.org/what-is-oracy/>

How Parents Can Support Oracy Development

1. Encourage Conversations
2. Model Effective Communication
3. Provide Opportunities for Public Speaking
4. Read Together
5. Praise Efforts
6. Connect with Teachers

Oracy is an essential part of a well-rounded education that has far-reaching implications for a child's academic and personal life. By understanding its importance and actively supporting your child's development of oracy skills, you are helping to lay a strong foundation for their future success.

Mrs Secker
Assistant Headteacher

Head of House Awards

The Head of House Awards were
awarded to:



News from the Library!

What a beautiful week it's been, it finally feels like Spring has sprung!

Here's what you can expect to see in the Library next week (along with some more good weather, hopefully):

Chillout Monday:

Word Games

Mrs Dearden's Book Club (F17)

After school on Monday:

Dungeons and Dragons

Rowdy Tuesday:

Horrible histories Battle Cards

After school on Tuesday:

Library open for drop in, revision, gaming etc

Geeky Wednesday:

Harry Potter Word Search(es)

Sporty Thursday:

Dice Cricket

After school on Thursday:

Library open for drop in revision, gaming etc

Creative Friday:

Writing Workshop

We look forward to seeing you. Happy reading!

Mr Spencer and Mrs Dearden
Librarians

Mother Tongue Other Tongue poetry competition

Two options for entries:

- Mother tongue – write in your **first language** either a creative piece, a song or a poem that is either original (by you) or ‘remembered’ – one you can recall or that has been told to you by a relative or friend. You also **must** include an explanation in English of where it comes from and why it is important to you.
- Other tongue – a poem written in a **second language** (French, Spanish, German, Italian or Mandarin)

This is a University of Warwick competition, who will be displaying entries in Coventry Cathedral. We will also be choosing winners for each Key Stage at MPS. Please submit entries to Miss Chapman in F11. Deadline: 11th April.

All entries must focus on the key themes for 2025: learning to live with difference and celebrating diversity, peace and justice and healing the wounds of the past.



Miss Chapman
Curriculum Leader - MFL

Growing Aspirations– Sports Updates

Year 7 boys basketball team has made it through to the semi-finals which will be played next week on Friday 28th away at Barr's Hill

The KS3 boys' basketball team made it through to the semi-finals which will be played on the 31st of March at HOME against Bablake please come down and show your support!

Finally, our KS4 boys also, made the semi-finals which will be played next Friday on the 28th away at Bablake.

All 3 teams are 1 game away from the finals!

The Y9/10 girls football team played at the AT7 centre this week. Although they were in a very challenging pool, they won 2 games and lost 2 games.

All the girls played exceptionally well:

Gracie, Lacey, Faridah, Bianca, Grace, Ruby

Upcoming fixtures:

Monday 24th March:

Y7 Athletics Final

All years cross-country – Finham Park School

Y7 and Y8 Netball – Finham Park School

Wednesday 26th March:

Y8 Football Semi-Final v Caludon Castle – Meadow Park School

Y7 Rugby Competition – Bablake Playing Fields
















Friday 28th March:

KS4 Basketball v Bablake – Bablake

Mr Kandola

Curriculum Leader for PE and the PE Department

Enrichment Clubs – Half Term 4 (Up to Easter)

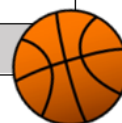
	Break	Lunch	After School
Monday	Basketball Sports Hall 	Chess Club Library Book Club F17  	KS3 Basketball Sports Hall (GSK) Girls Basketball Small Gym (LTA) Student Dungeons and Dragons LRC MPTC Rehearsals G1 Tunnock's Teacake Challenge F22 
Tuesday	Basketball Sports Hall	Rowdy Tuesday Library Y11 Girls Netball Sports Hall Science Club S05 	Rugby Club (All years) Field (LTA) Year 7 Swimming Alan Higgs Centre (GFR) Netball Sports Hall (RCR) KS3 Football Field (ASN) Drop in Free and Easy LRC MPTC Rehearsals G16 Homework / Coursework Club F23   
Wednesday	Basketball Sports Hall	Geeky Wednesday Library	
Thursday	Basketball Sports Hall 	Sporty Thursday Library Year 8/9 Girls Basketball Sports Hall 	Badminton Sports Hall (GSK) Trampoline Small Gym (GFR) Music Practice G16 Craft Club F23 Drop in Free and Easy LRC Homework / Coursework Club F23   
Friday	Basketball Sports Hall	Creative Friday Library Crochet Club G08 	KS4 Basketball Sports Hall (RMV) 

Spring term extracurricular clubs

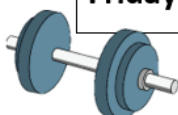
Feb → April



	Break time	After school
Monday	Basketball – sports hall	KS3 Basketball – Sports Hall (GSK) KS3 Girls Basketball – Small Gym (LTA)
Tuesday	Basketball – sports hall	Rugby (All years) – Field (LTA) Y7 Swimming – Alan Higgs Centre (GFR) Netball – Sports Hall (RCR) KS3 Football – Field (ASN)
Wednesday	Basketball – sports hall	STAFF MEETINGS
Thursday	Basketball – sports hall	Badminton – Sports Hall (GSK) KS4 Football – Field (ASN) Trampoline – Small Gym (GFR)
Friday	Basketball – sports hall	KS4 Basketball – Sports Hall (RMV)



After School from 3:15 – 4:15. PE kit must be worn for all clubs



Coventry HAF

Holiday Activities and
Food Programme 2025

What is HAF?

HAF is a national Department for Education funded programme that enables eligible children and young people to attend free activities and experiences with free nutritional food provided. HAF activities and experiences take place in the Easter, Summer and Christmas school holidays.



Who is eligible?

[HAF eligibility](#)

Helpful links and resources for schools

[Coventry City Council HAF homepage](#)

[Coventry City Council Cost of Living support](#)

[Eeql homepage](#)



Performing Arts – Extra Curricular



MEADOW PARK
SCHOOL

MEADOW PARK
THEATRE COMPANY
SISTER ACT JR.
THE MUSICAL

REHEARSALS
MONDAY & TUESDAY

3:15 - 4:15

G16 - G18 - THEATRE

ANY QUESTIONS - MR WALSH

Meadow Park
Performing Arts Department

GUITAR LESSONS

LESSON SLOTS AVAILABLE -
PRIVATE OR PAIRED LESSON

Fridays -

Music Practice Room

CHORDS
GUITAR RIFFS
NOTATION
SCALES
STRUMMING



Learn the core knowledge
and key skills needed to
play Electric/ Bass Guitar.

ANY QUESTIONS -
SPEAK TO MR WALSH G18

Year 11 Prom

Payment is due by Friday 9th May to ensure you have a ticket, payable via ParentPay.

Please see Mrs Symon if you need more information.



REMINDERS



EVERY
SCHOOL DAY
COUNTS

New Parent App and School Communication

Please sign up to our new parent portal MyChildAtSchool (MCAS).



DON'T FORGET to enable push notifications for the MyChildAtSchool app on your phone so you can see all emails and letters the school sends you.

All schools in the Trust are using Bromcom and MCAS so for Meadow Park School, it means MCAS replaces School Synergy.

MCAS is now live, so as soon as you sign up you will be able to see your child's information. As School Synergy is linked to our old MIS it is no longer updating, therefore in order to view your child's timetable, see their attendance and behaviour points you will need to sign up to MCAS.

You have access to all the same information as you had in School Synergy. MCAS allows us to securely share your child's/children's achievement points, attendance, school reports, letters and school diary whenever you wish. The portal also provides general useful information about the school such as flash announcements. This will be our **primary means of communication** with you, from now on. Please make sure you enable notifications for MCAS as this is the way we will send you emails and letters.

To login to the MCAS Parent Portal, we have enabled you to 'self-sign on'. All you will need for this is your email address that the school has on record for you. Enter the school postcode CV34BD (without a space) or use our identifier 15028. Search for Meadow Park School.

School Communication

All communication from school is now via Bromcom and if you sign up to the parent portal MCAS then you will receive notifications from the school via the app. You can view all letters and emails, past and present, in MCAS. If you don't have the app then you will receive a normal email. Please add '15028@bromcomcloud.com' to your address book in order to prevent messages being blocked by your spam/junk filters.

How to Self-Sign Up for Parents

Parents and carers can access the MCAS Parent Login screen in two ways:

1. From within your web browser type **www.mychildatschool.com**
2. Download the free **MyChildAtSchool** parent app from either the Apple App Store or Google Play.

When you use the parent portal for the first time you will need to Sign-Up. Full instructions have been emailed home or they can be found on our website.

If you require any assistance logging in for the first time, please contact the School Office by emailing admin@meadowparkschool.com or telephone 02476 302580.

Uniform



Green school blazer



Grey school sweater



Tie



School shoes guidance

Plain black with no logos
No high heels, 'sliders', boots, sling back or open-toed shoes
Black leather or leather effect

TRAINERS AND CANVAS SHOES (VANS/CONVERSE) ARE NOT ACCEPTABLE



Spring Term 2025

Teacher Inset Days	Monday 6th January & Tuesday 7th January
Term Starts	Wednesday 8th January
Half Term	Saturday 15th February – Sunday 23rd February
Last Day of Term	Friday 11th April
Easter Holiday	Saturday 12th April – Sunday 27th April

Summer Term 2025

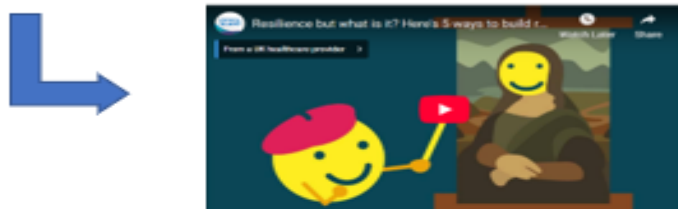
Term Starts	Monday 28th April
May Day Bank Holiday	Monday 5th May
Half Term	Saturday 24th May – June 1st June
Last Day of Term	Friday 18th July
Summer Holiday Starts	Saturday 19th July

Safeguarding Newsletter: **Supporting Each other – Building Emotional Resilience**

It's important to help build the emotional resilience of our children – Without it there can be some severe and unhealthy reactions to setbacks and mistakes that are made. We learn from our Mistakes and being able to recognise this in a healthy way, adapt for the future and process the feelings that surround those moments is so important as individuals. Please take the time to read through this week's guide (attached) to see some tips on how to help our young people develop this skill.

5 Ways to Build Resilience

<https://youtu.be/1FDyiUEn8Vw>



Or Visit here
for more Info



<https://rb.gy/w2urxs>

... and Coventry Young Carers!

Open communication with school is one of the best ways to support your child – At Meadow Park we understand that sometimes other things can impact on our young people and wasn't to support them where we can – With this in mind we wanted to highlight the **COVENTRY YOUNG CARERS**. our Please take the time to look at the below Postcard from the service and consider reaching out to them, as well as us at school to let us know and see what we can do to support.

ARE YOU A YOUNG CARER?

Young Carers are people aged between 5 and 18 years old who have a responsibility for looking after or helping someone else to look after a person who has any of the following:

- A disability
- A long term illness
- A mental health illness
- An addiction to drugs or alcohol

The person you care for could be your mum, dad, brother, sister, grandparent or even a close friend. As a Young Carer you may help out with some of the following:

- Shopping
- Cooking
- Cleaning
- Making sure the person you care for takes their medicine
- Listening to the person you care for
- Taking care of siblings

Whether you need a chat, information, advice or want to get involved with our groups and activities, **we are here to help and support you!**

If you think you might be a young carer or just want to find out more about our work, please get in touch - **we look forward meeting you!**

CARERS TRUST
Heart of England

Address:
4 Green Victoria Road
Coventry
CV1 5BN

Contact on:
024 7663 2972
www.carerstrusthfe.org.uk

CARERS TRUST

Heart of England

Next Steps...

- Scan the QR code
- Complete our short enquiry form
- Our team will contact you to talk about your caring role
- Receive support, make friends & learn new skills!

Coventry Young Carers Services

YoungCarersCoventry

youngcarers@carerstrusthfe.org.uk

024 7663 2972

SCAN ME

Stay Safe and have a good weekend!

Paul Rule
Child Protection Officer &
Senior Pastoral Support Manager

10 Top Tips for Parents and Educators SUPPORTING YOUNG PEOPLE TO BUILD EMOTIONAL RESILIENCE

With increasing societal pressures, many children struggle with managing emotions, facing challenges and processing feelings in a healthy way. This is why building emotional resilience in young people is vital for their mental health and personal success. This guide provides practical strategies for parents and educators to help children develop resilience and foster confidence, adaptability and a positive mindset.

1 ENCOURAGE OPEN COMMUNICATION

Regularly engaging children in open dialogue fosters trust and emotional expression. Encourage them to share their thoughts and feelings freely without judgment. Set aside time daily, perhaps during dinner, to ask open-ended questions such as, "What's made you happy today?". This encourages children to express themselves openly.

2 MODEL POSITIVE BEHAVIOUR

Children often learn how to manage emotions by observing adults. By modelling calm and positive responses to challenges, you can teach them valuable emotional management skills. If you've had a difficult day, verbalise how you're feeling and explain how you plan to handle it, such as "I'm a bit stressed-up, so I'm going for a walk to clear my mind."

3 TEACH PROBLEM SOLVING SKILLS

Helping children break down challenges into manageable steps encourages a proactive mindset. Explain that every problem has a solution, which isn't always instantly obvious. For example, if a child is stuck on homework, suggest them to break the task into smaller steps, saying things like "Let's focus on just this first question for now."

4 FOSTER A GROWTH MINDSET

Encourage young people to view challenges as learning opportunities. A growth mindset helps them see setbacks as part of the process, rather than something to be upset about. After a child loses a game or performs poorly on a test, for example, ask them what they've learned from the experience. This reinforces the idea that effort – and even failure – leads to improvement.

5 PROMOTE SELF-CARE PRACTICES

Teaching children about self-care helps them understand the importance of balancing work with relaxation to maintain emotional wellbeing. Parents and carers could start a screen-free hour before bedtime where the family engages in relaxing activities like reading, setting an example to the child for how to unwind.

6 BUILD HEALTHY RELATIONSHIPS

Strong relationships with peers and adults provide a support system that enhances resilience. Encourage positive, respectful interactions to develop social skills. Roleplay or group activities can be instrumental in teaching children how to resolve conflicts with friends by listening and problem-solving with compromise.

7 SUPPORT EMOTIONAL AWARENESS

Helping children to identify and name their emotions allows them to manage these feelings more effectively. When a child is upset, encourage them to talk to you about what they're feeling in an empathetic and supportive manner, and ask them why they might be experiencing these emotions.

8 ENCOURAGE INDEPENDENCE

Offering children opportunities to make their own decisions boosts confidence and problem-solving skills. A good example of this would be letting children choose and pack their own lunches for school, guiding them with advice but allowing them to assume responsibility for the task to help them take ownership.

9 DEVELOP COPING STRATEGIES

Teaching children techniques like mindfulness, deep breathing or journaling can help them manage stress. Show them how to perform breathing exercises when they're feeling anxious, and practice this regularly. Reinforcing this behaviour in young people will make it easier for them to use these techniques of their own accord during stressful moments.

10 CELEBRATE SMALL WINS

Recognising effort, no matter how small, reinforces perseverance and encourages children to keep trying. After a child completes a difficult task, make progress on a project or reaches another type of personal goal, praise their efforts. Emphasise the hard work they've put in and be sure to let them know how proud you are!

Meet Our Expert

Adam Elliott is Associate Vice-Principal for Personal Development at Pontefract Grammar School and works on environment one-day a week for Minds Ahead, which works with schools on improving their mental health provision.



#WakeUpWednesday

The National College



MEADOW PARK SCHOOL

THRIVING TOGETHER