

Newsletter



MEADOW PARK
SCHOOL

Message from the Headteacher

Dear Parents and Carers

I was really proud of our Meadow Park students today as they demonstrated really well all of our values. You will possibly have seen local media coverage of an isolated incident at Meadow Park on Wednesday. I would like to stress that the welfare of our students and wider school community is our upmost priority. We have a zero-tolerance approach to knives in school. I can confirm that I took the decision to permanently exclude the student involved. As this is a police matter, I am unable to comment further. As part of the West Midlands Police programme to tackle knife and vape crimes, we hosted a vape / knife arch at Meadow Park School today. All students walked through the metal detector and bag searches conducted. This was unannounced, for obvious reasons, and I was delighted that zero knives; and zero vapes were found. The Police were very complimentary about our students, in particular how polite and patient they were. They were also pleased that no weapons or vapes were found. Some cans of 'pop' and / or energy drinks were confiscated which will be returned to the families. Please can I take this opportunity to remind you that we do not allow fizzy bottles or cans or 'pop' in school; neither do we allow energy drinks. Thank you for your support with this.

Congratulations to all students who have taken part in a range of sporting fixtures this week. Our Year 7 Boy's Rugby team who came 1st place in a rugby tournament beating Coundon Court! Meadow Park Year 7 boys also won Gold in the Solihull and

Warwickshire Athletics competition. Year 8 girls beat Finham Park School in the last match of the netball tournament. Year 8 Boys football team beat Caludon and now progress to the finals. We wish all students the very best in taking part in next week's competitions.

In two weeks' time we will be hosting our annual Career's Fair at Meadow Park School. Students will have an opportunity to meet a range of employers, colleges, universities and the Armed Forces. We are proud to have our own dedicated Careers Advisor, Mrs Evans, who supports students at Meadow Park. There will be an opportunity for parents to visit after school. If you have a business or are an employer that would be interested in having a stand, please do get in touch with Mrs Evans.

This weekend the clocks change and we move to British Summer Time. Whilst we lose an hour of sleep on Sunday morning, we do gain longer days and brighter evenings. Please make sure your alarm clocks and watches are reset to ensure students arrive to school on time on Monday!

I hope you enjoy the weekend, whatever you are doing.

With best wishes

Mrs Pettman
Headteacher

Nurturing Excellence, Growing Aspiration, Thriving Together



FINHAM PARK
MULTI ACADEMY TRUST

Issue: 28 March 2025

Head of House Awards

The Head of House Awards were awarded to:



| |
|---------|
| Sophia |
| Faith |
| Godfrey |
| Aaron |
| Zak |

Inner Spark Workshop



On Tuesday 25th March, all of Year 7, 9 and 10 took part in a mindset workshop with inspiring life coach, Ricardo Erasmus. In his workshop, Ricardo discussed his own journey of success and how the Southern African term 'Ubuntu' played a key part in his development. The word means "I am because we are" and speaks to the sense of community that we try to emulate here at Meadow Park.

Students shared moments when they reached out to others and the value of that. They learnt about various people who have also used the idea of Ubuntu to make a positive impact in their lives. A key message was that as individuals we have a responsibility to those around us, and by working hard, helping others and showing respect, we will not only better ourselves but provide a path of growth and development for all.

In Africa there is a concept known as 'ubuntu' – the profound sense that we are human only through the humanity of others; that if we are to accomplish anything in this world it will in equal measure be due to the work and achievement of others.

Nelson Mandela

Students were asked to write a pledge of how they will try to embrace this idea, and it was heartwarming to read the ideas they had. Many wanted to show more appreciation for others, to

focus on their studies and to engage in acts of kindness. Lots of students shared how they would like to work in the medical industry one day as they saw the vital importance for health practitioners to be people to embody the aspects of Ubuntu.

Miss van Wyk

Teacher of English and Pupil Premium Co-ordinator



Selected by the National Women's History Alliance the theme for Women's History Month 2025 is **"Moving Forward Together! Women Educating & Inspiring Generations."** We honoured this by sharing the achievements of the women (both staff and students) at Meadow Park, in house assemblies, with the hope that all will be inspired by their courage, talent, strength, confidence, passion, resilience and trailblazing. Examples included:

- Mrs Pettman, Miss Reynolds and some of our Y13s being the first to go to university in their family.
- Y12 Savannah abselling down Coventry Cathedral to raise money in memory of her brother.
- The sporting talents of Mrs Fraser, Miss Cross, Miss Taylor and Mrs Black.

We are extremely proud of all the examples shared and look forward to hearing many more!

International Women's Day **#AccelerateAction**



The assemblies also acknowledged International Women's Day (8th March) and its theme #AccelerateAction. Highlighting how important it is to continue to be respectful, be inclusive, consider the language we use and share our achievements! Thriving Together!

Miss Fraser
Teacher and Thriving Together Co-ordinator

News from the Library!

Next week should be a really good one in the Library! Here's the plan.....

Chillout Monday:

Chess Club

Mrs Dearden's Book Club (F17)

After school on Monday:

Dungeons and Dragons

Rowdy Tuesday:

Listography (a new game about making lists – and winning points, of course!)

After school on Tuesday:

Library open for drop in, revision, gaming etc

Geeky Wednesday:

Big Quiz: Um, Actually (DC version)

Sporty Thursday:

Football Top Trumps Tournament

After school on Thursday:

Library open for drop in revision, gaming etc

Creative Friday:

Telestrations (silly drawing game)

We hope there's something that appeals to you there: you're always welcome to join us.
Happy reading!

Mr Spencer and Mrs Dearden
Librarians

Mother Tongue Other Tongue poetry competition

Two options for entries:

- Mother tongue – write in your **first language** either a creative piece, a song or a poem that is either original (by you) or ‘remembered’ – one you can recall or that has been told to you by a relative or friend. You also **must** include an explanation in English of where it comes from and why it is important to you.
- Other tongue – a poem written in a **second language** (French, Spanish, German, Italian or Mandarin)

This is a University of Warwick competition, who will be displaying entries in Coventry Cathedral. We will also be choosing winners for each Key Stage at MPS. Please submit entries to Miss Chapman in F11. Deadline: 11th April.

All entries must focus on the key themes for 2025: learning to live with difference and celebrating diversity, peace and justice and healing the wounds of the past.



Miss Chapman
Curriculum Leader - MFL

Growing Aspirations – Sports Updates

The year 7's boys on Monday competed in the indoor athletics county finals at north Solihull sports centre. They came up against 8 schools across Solihull and Warwickshire. By 1 point the lads won Gold at the tournament! This is the first time in Meadow Parks history we have won Gold in this competition.

Well done to Kaka, Max, Emmanuel, Saul, Michael, Collins and Fortune

Cross-country at Finham Park School

6 students competed in a cross-country competition at Finham Park School on Monday. They were competing against 12 other teams. All students did exceptionally well, especially those who ran extra laps as we didn't have a full team. The students finished 8th overall.

Well done to Pedro, Saad, Yousaf, Grace, Faith and Renikah

Y7 Boys Rugby

At the start of this school year the boys entered a Y7 rugby competition and only won 1 game finishing 7th overall.

They then played the same schools again in a competition on Wednesday at Bablake Playing Fields. The Y7 boys came top of their league and progressed to the final beating Coundon Court. **They finished 1st overall!**

This is the 1st time Meadow Park School have received this trophy.

Y7 and Y8 netball team played Finham Park on Monday for their last game of the league.

The girls all played amazing and never gave up!

Y8 girls won 6-5 and although Y7 did not win they did us all proud.

The Year 8 Boys football team beat Caludon Castle on Wednesday 4-1! Goal scorers:

Godfrey (3) and Ampaabeng. They now move on to the Finals! where they will play Bishop Ullathorne – more information on this to follow.

Player of the Match: Godfrey

Upcoming fixtures:

28/3/25 (TODAY) - KS4 Basketball Semi Final v Bablake (Away)

28/3/25 (TODAY) - Year 7 Basketball Semi Final v Barrs Hill (Away)

31/3/25 - KS3 Basketball Semi Final v Bablake (Home)

31/3/25 - KS3 - Badminton Competition

2/4/25 - KS4 - Badminton Competition
















3/ 4/ 25 – Year 10 Football v Caludon Castle (Away)

4/4/24 - Year 10 Rugby v Stoke Park (Away)

Mr Kandola

Curriculum Leader for PE and the PE Department

Enrichment Clubs – Half Term 4 (Up to Easter)

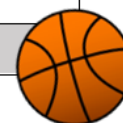
| | Break | Lunch | After School |
|------------------|--|---|--|
| Monday | Basketball Sports Hall  | Chess Club Library Book Club F17   | KS3 Basketball Sports Hall (GSK) Girls Basketball Small Gym (LTA) Student Dungeons and Dragons LRC MPTC Rehearsals G1 Tunnock's Teacake Challenge F22  |
| Tuesday | Basketball Sports Hall | Rowdy Tuesday Library Y11 Girls Netball Sports Hall Science Club S05  | Rugby Club (All years) Field (LTA) Year 7 Swimming Alan Higgs Centre (GFR) Netball Sports Hall (RCR) KS3 Football Field (ASN) Drop in Free and Easy LRC MPTC Rehearsals G16 Homework / Coursework Club F23    |
| Wednesday | Basketball Sports Hall | Geeky Wednesday Library | |
| Thursday | Basketball Sports Hall  | Sporty Thursday Library Year 8/9 Girls Basketball Sports Hall  | Badminton Sports Hall (GSK) Trampoline Small Gym (GFR) Music Practice G16 Craft Club F23 Drop in Free and Easy LRC Homework / Coursework Club F23    |
| Friday | Basketball Sports Hall | Creative Friday Library Crochet Club G08  | KS4 Basketball Sports Hall (RMV)  |

Spring term extracurricular clubs

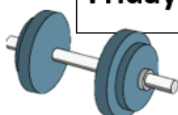
Feb → April



| | Break time | After school |
|------------------|--------------------------|---|
| Monday | Basketball – sports hall | KS3 Basketball – Sports Hall (GSK) KS3 Girls Basketball – Small Gym (LTA) |
| Tuesday | Basketball – sports hall | Rugby (All years) – Field (LTA) Y7 Swimming – Alan Higgs Centre (GFR) Netball – Sports Hall (RCR) KS3 Football – Field (ASN) |
| Wednesday | Basketball – sports hall | STAFF MEETINGS |
| Thursday | Basketball – sports hall | Badminton – Sports Hall (GSK) KS4 Football – Field (ASN) Trampoline – Small Gym (GFR) |
| Friday | Basketball – sports hall | KS4 Basketball – Sports Hall (RMV) |



After School from 3:15 – 4:15. PE kit must be worn for all clubs



Coventry HAF

Holiday Activities and
Food Programme 2025

What is HAF?

HAF is a national Department for Education funded programme that enables eligible children and young people to attend free activities and experiences with free nutritional food provided. HAF activities and experiences take place in the Easter, Summer and Christmas school holidays.



Who is eligible?

[HAF eligibility](#)

Helpful links and resources for schools

[Coventry City Council HAF homepage](#)

[Coventry City Council Cost of Living support](#)

[Eeql homepage](#)



Performing Arts – Extra Curricular



MEADOW PARK
SCHOOL

MEADOW PARK
THEATRE COMPANY
SISTER ACT JR.
THE MUSICAL

REHEARSALS
MONDAY & TUESDAY

3:15 - 4:15

G16 - G18 - THEATRE

ANY QUESTIONS - MR WALSH

Meadow Park
Performing Arts Department

GUITAR LESSONS

LESSON SLOTS AVAILABLE -
PRIVATE OR PAIRED LESSON

Fridays -

Music Practice Room

CHORDS
GUITAR RIFFS
NOTATION
SCALES
STRUMMING



Learn the core knowledge
and key skills needed to
play Electric/ Bass Guitar.

ANY QUESTIONS -
SPEAK TO MR WALSH G18

Year 11 Prom

Payment is due by Friday 9th May to ensure you have a ticket, payable via ParentPay.

Please see Mrs Symon if you need more information.



REMINDERS



EVERY
SCHOOL DAY
COUNTS

New Parent App and School Communication

Please sign up to our new parent portal MyChildAtSchool (MCAS).



DON'T FORGET to enable push notifications for the MyChildAtSchool app on your phone so you can see all emails and letters the school sends you.

All schools in the Trust are using Bromcom and MCAS so for Meadow Park School, it means MCAS replaces School Synergy.

MCAS is now live, so as soon as you sign up you will be able to see your child's information. As School Synergy is linked to our old MIS it is no longer updating, therefore in order to view your child's timetable, see their attendance and behaviour points you will need to sign up to MCAS.

You have access to all the same information as you had in School Synergy. MCAS allows us to securely share your child's/children's achievement points, attendance, school reports, letters and school diary whenever you wish. The portal also provides general useful information about the school such as flash announcements. This will be our **primary means of communication** with you, from now on. Please make sure you enable notifications for MCAS as this is the way we will send you emails and letters.

To login to the MCAS Parent Portal, we have enabled you to 'self-sign on'. All you will need for this is your email address that the school has on record for you. Enter the school postcode CV34BD (without a space) or use our identifier 15028. Search for Meadow Park School.

School Communication

All communication from school is now via Bromcom and if you sign up to the parent portal MCAS then you will receive notifications from the school via the app. You can view all letters and emails, past and present, in MCAS. If you don't have the app then you will receive a normal email. Please add '15028@bromcomcloud.com' to your address book in order to prevent messages being blocked by your spam/junk filters.

How to Self-Sign Up for Parents

Parents and carers can access the MCAS Parent Login screen in two ways:

1. From within your web browser type **www.mychildatschool.com**
2. Download the free **MyChildAtSchool** parent app from either the Apple App Store or Google Play.

When you use the parent portal for the first time you will need to Sign-Up. Full instructions have been emailed home or they can be found on our website.

If you require any assistance logging in for the first time, please contact the School Office by emailing admin@meadowparkschool.com or telephone 02476 302580.

Uniform



Green school blazer



Grey school sweater



Tie



Skirt



Trousers

School shoes guidance

Plain black with no logos
No high heels, 'sliders', boots, sling back or open-toed shoes
Black leather or leather effect

TRAINERS AND CANVAS SHOES (VANS/CONVERSE) ARE NOT ACCEPTABLE



Spring Term 2025

| | |
|--------------------|---|
| Teacher Inset Days | Monday 6th January & Tuesday 7th January |
| Term Starts | Wednesday 8th January |
| Half Term | Saturday 15th February – Sunday 23rd February |
| Last Day of Term | Friday 11th April |
| Easter Holiday | Saturday 12th April – Sunday 27th April |

Summer Term 2025

| | |
|-----------------------|-----------------------------------|
| Term Starts | Monday 28th April |
| May Day Bank Holiday | Monday 5th May |
| Half Term | Saturday 24th May – June 1st June |
| Last Day of Term | Friday 18th July |
| Summer Holiday Starts | Saturday 19th July |

INTERNET SAFETY WORKSHOP FOR PARENTS & CARERS

West Midlands Police will be delivering **FREE ONLINE SAFETY** workshops for parents and carers living in Coventry, on **Thursday April 3rd 2025**

We will share **guidance and strategies** on how to make the internet a safer experience for children.

A number of different topics will be explored, including:

- *Apps and appropriate ages*
- *Safety settings*
- *Grooming, sexting, bullying, radicalisation and extremism*
- *Gaming*
- *Introducing house rules*
- *How to approach conversations and what to do if your child is a victim*



To view dates and times and to book a place, please [click here](#) or scan the QR code above



West Midlands
POLICE



Safeguarding: Understanding the Manosphere / Lessons from 'Adolescence'

With all the buzz around Netflix's latest Drama Series Adolescence – There is no better time to highlight the dangers that the wrong messages received through social media can have on an individual. It demonstrates how social media, online platforms and gaming forums can expose young boys and men to communities promoting extreme views of masculinity, relationships and gender roles. Although parts of these 'spaces' centre around the ideas of self-improvement and fitness, many dip into misogyny, anti-feminism and toxic masculinity, often cloaking their messages as 'truths' about dating and society

This mini-series is a tough watch for parents, but an eye opener for sure! Now wonder it has been recorded as the biggest audience for ANY streaming TV Show in the UK in a single week!



This week we are asking parents to read up on the 'language' of Emojis and what our teenagers are *REALLY* talking about in their chat logs.

By recognising this de-coded language, we can:

- Identify early signs that a teenager is engaging with harmful online content.
- Encourage open conversations about healthy masculinity and relationships.
- Promote digital literacy, helping young people critically evaluate online narratives.
- Challenge misogynistic and extremist ideas before they become deeply ingrained.

Understanding the symbols and language used in these spaces is not about policing how teenagers communicate but about guiding them towards balanced perspectives and ensuring they are not drawn into extreme or harmful ideologies.

Please take the time to look at the attached emoji – guides and reconsider how often you check your child's communication(s) on their phones and devices. As always, if you have any concerns with your child – talk to us at Meadow Park School to find out how we can help.

For more information and support please follow:

- <https://www.gustodio.com/en/blog/what-is-the-manosphere/>
- <https://www.mentalhealth.org.uk/explore-mental-health/blogs/advice-parents-worried-about-issues-raised-netflixs-show-adolescence>







Stay Safe and have a good weekend!

Paul Rule
Child Protection Officer &
Senior Pastoral Support Manager






Common Manosphere Emojis and Their Meanings

In manosphere spaces, emojis are a coded way of expressing belief, reinforcing stereotypes or subtly passing off controversial ideas. Here are some of the most common emojis and their meanings in various manosphere subcultures:






General Manosphere Emojis

| | | |
|---|------------------------|--|
|  | (Flexed Biceps) | Stands for being a strong, dominant man, often linked to gym culture and the idea of being a 'high-status' man. |
|  | (Fire) | Used to praise someone for agreeing with manosphere beliefs or sharing an opinion that supports them. |
|  | (Red Circle) | Symbolises 'red pill' thinking – the idea that men need to 'wake up' to what they see as an unfair system working against them. |
|  | (Black Circle) | Represents 'black pill' beliefs, which say that men who aren't naturally attractive (so-called 'Chads') have no real chance in dating. |
|  | (Skull) | Used to show extreme hopelessness, especially in incel groups, suggesting they've given up on dating. |
|  | (Cold Face) | Shows emotional detachment, often linked to the idea that men should be tough and avoid showing feelings. |




Women and Dating

| | | |
|--|---------------------------|--|
|  | (Crown) | Used to show dominance, often linked to the idea that 'men are kings.' Sometimes used to mock men seen as too submissive to women. |
|  | (Gorilla) | Represents extreme masculinity, sometimes used jokingly to suggest raw strength and dominance. |
|  | (Snake) | Used to insult men who support feminism or gender equality, calling them traitors. |
|  | (Money Bag) | Stands for the belief that wealth equals power and makes a man more attractive to women. |
|  | (Upside down face) | Used sarcastically to mock feminist views or men who don't follow manosphere |





Gender and Relationships

| | | |
|---|----------------------------|--|
|  | (Dress / High Heel) | Used to refer to women in a stereotypical or objectifying way. |
|  | (Cat Face / Cat) | Used as an insult towards women, sometimes implying they are lonely or undesirable. |
|  | (Wilted Flower) | Suggests a woman is 'past her prime,' often used to criticise women over 30 in discussions about dating and relationships. |
|  | (Baby Bottle) | Used to mock men who are seen as too emotional or dependent on women, often calling them 'weak' or 'beta males.' |
|  | (Unicorn) | Represents the idea of a 'perfect' woman—someone who is submissive, young, |

Mocking & Insults

| | | |
|---|-------------------------------|---|
|  | (Clown Face) | Used to make fun of men who are seen as overly supportive of women, feminism, or progressive ideas. |
|  | (Monkey Face) | An insult aimed at men who are considered weak or who follow mainstream beliefs without questioning them. |
|  | (Clown Face and World) | Suggests that society has become ridiculous or 'broken' because of feminism and progressive values. |

Red Pill and Incel Terms

| | | |
|---|-----------------------|---|
|  | (Hot Pepper) | Sometimes used to describe an attractive woman, but often with a negative meaning, suggesting she is manipulative or dangerous. |
|  | (Puzzle Piece) | Refers to trying to 'figure out' women or understand dating like it's a game or a code to crack. |
|  | (Rocket) | Symbolises rising in status, wealth, or power. |
|  | (Wolf) | Represents 'lone wolf' masculinity - rejecting mainstream dating and focusing on independence. |

EMOJI'S EXPLAINED

FROM SECRET SLANG TO CODED MESSAGES, EMOJIS ARE OFTEN USED TO CONVEY MEANINGS THAT PARENTS MIGHT NOT RECOGNISE. UNDERSTANDING THESE HIDDEN MESSAGES CAN HELP BRIDGE THE GAP BETWEEN GENERATIONS AND ENSURE OPEN, INFORMED CONVERSATIONS.

DRUGS RELATED

| | | | | | | |
|---|---|---|--|--|--|--|
|  Cocaine |  Cocaine |  Cocaine |  Cannabis |  Cannabis |  Cannabis |  Joint |
|  MDMA |  MDMA |  Heroin |  Heroin |  Meth |  Mushroom |  Ketamine |
|  Gassed |  Lit |  Dealer |  Dealer |  Dealer | | |

VIOLENCE

| | | | | | | |
|--|--|---|--|---|--|--|
|  Weapon |  Weapon |  Weapon |  Crime |  Crime |  Murder |  Murder |
| | |  Threat |  Locked Up |  Snitch | | |

SEX

| | | | | | | |
|---|---|---|--|--|---|--|
|  Penis |  Penis |  Genitalia |  Bum |  Vagina |  Vagina |  Nudes |
|  Porn |  Orgasm |  Orgasm |  Oral Sex |  Lust |  Lust |  Anal Sex |
| |  Intercourse |  Fingering |  Playful |  Horny |  Lets Hump | |

SELF HARM EXTREMISM

| | | | | | | | |
|---|--|--|--|--|--|---|--|
|  Cutting |  Cutting |  Burning |  Trapped |  Sad |  Down |  Anxious |  Not Eating |
| |  Neo Nazi |  Neo Nazi |  Neo Nazi |  IS Extremist |  IS Extremist |  Far Right | |

INCEL CULTURE

| | | | | | | | |
|---|--|--|--|--|---|--|---|
|  Red Pill |  Black Pill |  Hopeless |  Emotional Detachment |  We are kings |  Extreme Masculinity |  Power |  Older woman |
|  Lone Wolf |  Incel |  Incel |  Incel |  Incel |  Anti-Women |  Anti-Women |  Anti-Women |

HEARTS

| | | | | | | | |
|--|---|---|--|---|--|--|---|
|  Love |  Horny |  Friends |  Interested |  Loyalty |  Platonic |  Pretty |  Trust |
|--|---|---|--|---|--|--|---|



MEADOW PARK SCHOOL

THRIVING TOGETHER