

# Newsletter



MEADOW PARK  
SCHOOL

## Message from the Headteacher

Dear Parents and Carers

The start of term may only be two weeks ago, but we are well and truly in the swing of things here at Meadow Park. This has been our strongest start to the year ever and I am very proud of all our students. Thank you for your support with this - it is so good that we work together to support your children.

It was an absolute pleasure to host our annual Open Evening last night. Students and staff put so much effort into these events and it was so pleasing to see visitors learning about the great things we do at Meadow Park. We had many students, including lots from Year 7, who volunteered to be help and they were great ambassadors for us. I was particularly impressed that our Head Students, along with a student from our Sixth Form and a Year 7 student gave speeches which they had written themselves. It takes a lot of courage to stand in front of a large unknown audience and speak, but they did it so well. Thank you to all of you who supported by allowing your children to take part and also to those of you who attended with younger children. We look forward to getting to know Year 6 children who will be joining Meadow Park next year.

Our Sixth Form students have also made a good start to the new academic year. I am delighted to say that we are full in Sixth Form and in fact have admitted more students than we had planned for. We offer a range of A Level, BTEC and T Level qualifications together with a comprehensive personal development programme. This is our

biggest cohort of students ever in Sixth Form and includes a number of students who have joined us from schools across the city. I wish them success in their studies.

There was a real buzz around school today with the second week of our inter-House competitions. Each week on a Friday lunchtime we run a House competition and today it was a penalty shoot out. The Tutor Group with the best attendance for the week has the honour of their music playlist being played over the loud speakers for lunchtime - today it was Lunar 1. It was lovely to see the students enjoying the healthy competitive spirit that we foster at Meadow Park.

I congratulated Years 7 and 13 in Assembly today who had the highest attendance this week. Attendance is so important and impacts on children's learning; it also impacts on their social development including missing out on activities with their peers. We do expect students to attend school on time each day and we follow the NHS and DfE advice that children can be in school if they have a cold or bit of a bug. Please do support your child in attending. If you have any concerns or are unsure whether your child should attend, please do contact our Attendance Team who will be happy to help.

I hope you have a lovely weekend.  
With best wishes

Mrs Pettman  
Headteacher

**Nurturing Excellence, Growing Aspiration, Thriving Together**



FINHAM PARK  
MULTI ACADEMY TRUST

Issue: 12 September 2025

# Meadow Park Uniform Swap Shop



MEADOW  
PARK  
SCHOOL

## Outgrown a blazer? Ripped a shirt? Need PE Kit?

Come and choose  
FREE pre-loved school  
uniform at our Uniform  
Swap Shop.

We have lots of outgrown, pre-loved branded school uniform, trousers, coats and much more...

### Donations

Families can **donate** their old or unused uniform to the shop. **Washed, good-quality** uniform, that you no longer need, can be brought to the swap shop or handed in at Reception.

### Free

Our swap shop provides **free** uniform to those who need it. If you do not have anything to swap, you can make a donation for the items you need.

### Exchange

Families can **exchange** their old uniform for new **pre-loved** items that fit better. Please bring in any washed, good-quality uniform that you would like to swap.

### Open

Our **Uniform Swap Shop** is open on the **last Friday every month during term-time** in the old Visitor Reception, next to the Sixth Form Centre, from **9am to 10am and 3pm to 4pm.**

**SAVE money, REDUCE waste, HELP the environment. Ask in school for details.**



MEADOW PARK  
SCHOOL

# MENU

## SANDWICH BAR

Filling for sandwiches & Baguettes

Ham, Cheese, Tuna, Chicken Tikka, Chicken Mayo, BLT

Sandwich - £1.63

Premium Sandwich - £2.15

Baguettes - £2.30

For extra value, why not try our MEAL DEALS

Sandwich MEAL DEAL

Step 1 — Choose sandwich

Step 2—Choose dessert ( Muffin, Brownie, Jelly pot or Crisps)

Add A Drink

£2.75

Baguette, Wrap, Premium Sandwich & Salad Pot

MEAL DEAL

Step 1 — Choose Baguette

Step 2—Choose dessert ( Muffin, Brownie, Jelly pot or Crisps)

£2.75

Add A Drink

£3.42



MEADOW PARK  
SCHOOL

# MENU

## MORNING BREAK

### MENU

Toast 26p

Bacon Roll £1.15

Bagels        £1.00

Hash Browns £1.00

Pain Au Choc £1.00

Sweet Waffles £1.00

Cheese on Toast £1.00

Cheese & Bean Wrap £1.20

Sausage Baps £1.15

Bacon Bagels £1.70

Breakfast Wrap £1.70

**Look Out** for our daily breakfast specials



MEADOW PARK  
SCHOOL

# MENU

## MEAL DEALS

Street Food Option + Potatoes of the day  
£2.75

Add a drink & a dessert  
£3.42

Grab & Go + Potatoes of the day  
£2.75

Add a drink & a dessert  
£3.42

World Foods + Rice/Pasta  
£2.30

Add a Naan or Garlic Slice  
£2.75

Add a drink & a dessert  
£3.42

Jacket Potato 1 Fillings  
£2.00

Add a drink or dessert  
£2.75

Jacket Potato 2 Fillings  
£2.75

Add a drink or dessert  
£3.42

Pasta Bake + Garlic slice  
£2.30

Add a drink or dessert  
£2.75



MEADOW PARK  
SCHOOL

# MENU

## TARIFF

### MAIN COUNTER

Main Meal	£1.70
Curry Pots & Rice	£2.30
Hot Pasta	£2.10
Jacket Potato	£1.56
1/2 Jacket Potato	78p

All Vegetables are FREE

Chips	£1.60
Wedges	£1.60
Grab & Go Item	£2.30
Pizza	£1.40
Water	85p
Juices	85p
Cookies	85p
Muffins	85p
Cereal Bars	85p



**EARN MONEY.  
LEARN SKILLS.  
DREAM BIG!**



Coventry & Warwickshire  
Chamber of Commerce  
Training

# Apprenticeship Careers Event

**Wednesday 15th October, 4:00pm - 6:30pm**

**@ 123 St Nicholas Street, Radford, CV1 4FD**

Curious about apprenticeships? Join us for our next careers event, your chance to explore a variety of career paths all in one place.

**Find out more about apprenticeships in:**

**Business Administration**

**Hairdressing**

**Health & Social Care**

**Accountancy**

**Customer Service**

**Early Years Care**

If you have any questions, you can call **024 7623 1122** or email us at:  
**[enquiries@cw-chambertraining.co.uk](mailto:enquiries@cw-chambertraining.co.uk)**



**Scan to register  
your interest!**



# YOUNG PROFESSIONALS

## **YP Get into Law Insight Networking Evening with eight global law firms!**

*Monday 22nd September, 5pm - 7pm*

Meet with A&O Sherman, Farrer & Co, Slaughter and May, Fragomen, Clifford Chance  
and many more!

[Click HERE](#) to register from one of the biggest Law events



## Aged 16.5–25 and struggling with your mental health?



### **The Peer Mentor Support Service is here to support you.**

One-to-one and group support to help you build resilience, boost confidence and improve self-esteem.

 **Mind**  
Coventry,  
Warwickshire  
and Worcestershire

### **We will empower you to set personal goals and make small but significant steps towards change.**

We support young adults to build confidence, develop self-belief and improve their mental health and wellbeing. Through one-to-one support and group activities, we focus on mental health awareness, social connection, and life skills.

Our team can assist with finding stable housing, managing finances and benefits and accessing education or employment. We also help with booking healthcare appointments and can connect individuals to other services for additional support.

#### **We can support young adults who are**

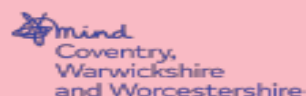
- Aged 16.5–25, who have not accessed NHS mental health interventions in the past six months;
- Aged 16.5–25, leaving care, and at risk of accessing mental health services;
- Aged 16.5–18, transitioning through pathways from children and young people's to adult mental health services.

#### **Interested in volunteering?**










We're looking for peer support buddies to support our service users. Get in contact to find out more!

Start by calling **07581 051733**  
or visit [cwwmind.org.uk/pmss](http://cwwmind.org.uk/pmss)  
or email [pmss@cwmind.org.uk](mailto:pmss@cwmind.org.uk)

Commissioned by



# News from the LIBRARY

Read in an unusual place or position.  (Send a pic to: <a href="mailto:reading@meadowparkshost.com">reading@meadowparkshost.com</a> )	Read a GRAPHIC NOVEL. 	Read a book from a GENRE you don't usually choose. 	Design a new BOOK COVER for a book. 
Read something someone else recommended. 	Read a book that has been adapted into a FILM or a TV show. 	Go to a local LIBRARY (While you're there, why not sign up - it's free, which is our favourite price! - and borrow a book?)	Read a non-fiction information book. 
Listen to an audio book. (Ask in the Library if you need help to find one.)	Read something that isn't a book. It could be a ... NEWS ARTICLE, MAGAZINE, MATCH REPORT	Read a book written by someone from a different COUNTRY or in a different language	Tell someone about a book you LOVE 
Read an article giving someone's OPINION about something. (Any newspaper or magazine will have some - pick one you're interested in!)	Review a book. You can write it but you don't have to - it could be ... 	Read a book about someone.	Read a book that was written by a ...

## Meadow Park SUMMER 2025 READING CHALLENGE

The deadline for entries  
(brought to the LIBRARY)  
is next Friday.

### Dungeons & Dragons club is here!

What you need to know:

- every Monday
- 3:15 – 4:15
- LIBRARY

Everyone's welcome: you don't need to have played before – or even know how it works yet!

### LIBRARY CLUBS NEXT WEEK ...



## CHESS CLUB

## POETRY FOR NEANDERTHALS

## Harry Potter Duelling Practice

## TOP TRUMPS TOURNAMENT

## LEGO challenges



## FANTASY PREMIER LEAGUE



# Science Club

If you are interested and would like more information, please speak to Miss Minhas (SO4).



Term 1	Lunch time challenge	Weekly competition
W/C 1.9.25	House Team	Tutor board
W/C 8.9.25	PE	Maths
W/C 15.9.25	History/ RE	Sociology/Psychology/H&SC
W/C 22.9.25	Geography/ PSHE	Food/Art/DT
W/C 29.9.25	English	Science
W/C 6.10.25	Music/ Drama	The Orchard
W/C 13.10.25	Languages	IT/ Business
W/C 20.10.25	Overall results (assembly) and Celebration Week	
W/C	Half Term	
W/C 3.11.25	Maths	PE
W/C 10.11.25	Sociology/ Psychology/H&SC	History/RE
W/C 17.11.25	Food/Art/DT	Geography/PSHE
W/C 24.11.25	Science	English
W/C 1.12.25	The Orchard	Music/Drama
W/C 8.12.25	IT/ Business	Languages
W/C 15.12.25	Overall results (assembly) and Celebration Week	
W/C	Holidays	
W/C		















## Lunch time challenge:

- Will run in the quad/outside area or in the theatre if wet
- Will run every Friday lunchtime
- House v House
- Playing for individual prize/certificate
- House songs playing

## Weekly competition:

- Will be launched in the Headteachers assembly
- Entries will need to be handed in by the next Thursday for judging ready for the winners to be announced in the following Headteachers assembly
- Worth BIG house points which contribute to the House Cup!

## COMING SOON Enrichment Clubs 2025-26

	Break	Lunch	After School
<b>Monday</b>	Basketball - <b>Sports Hall</b> 	Chillout Monday - <b>Library</b> Chess Club - <b>Library</b>  	KS 3 Basketball KS 3 Football Student Dungeons & Dragons - <b>Library</b> STEM - <b>S06</b> MP Theatre Company - <b>G18</b> Clay Club - <b>F22</b> Drop in Free and Easy - <b>Library</b>  
<b>Tuesday</b>	Basketball <b>Sports Hall</b>	Rowdy Tuesday <b>Library</b> Science Club <b>S05</b> 	Public Speaking - <b>Library</b> World Culture Club - Drop in Free and Easy <b>Library</b> MP Theatre Company <b>G16</b> Humanities Homework Club  <b>Enterprise</b> KS 4 Football Netball 
<b>Wednesday</b>	Basketball <b>Sports Hall</b>	Geeky Wednesday <b>Library</b>	
<b>Thursday</b>	Basketball <b>Sports Hall</b> 	Sporty Thursday <b>Library</b> Debate Club 	Cooking - Singing Club Rounders <b>Field</b> Robotics Club <b>F18</b> Industrial Cadets – <b>S03</b> Craft Club <b>F23</b>   <b>Games Club - Library</b> Rugby Badminton
<b>Friday</b>	Basketball <b>Sports Hall</b>	Creative Friday <b>Library</b> Crochet Club <b>G08</b> Holocaust – Their Family 	KS4 Basketball <b>Sports Hall (RMV)</b> Further Maths GCSE <b>F03 (HLA)</b> 

**Mr Perris**  
**Enrichment Co-ordinator**

***Scared of Spiders? Snakes? Zombies?  
Human beings have three options when faced with danger:  
Freeze, Fight or Flight. How would you respond?***

Your challenge is to create a 200-word short story or comic strip that tells the tale of our evolutionary defense response to danger- Fight or Flight.

Research what this means and get writing!

All entries should be returned to Miss Hunter (G12)

[n.hunter@meadowparkschool.com](mailto:n.hunter@meadowparkschool.com)

Psychology  
competition



**Amazing lessons week!**

**13<sup>th</sup> October!**

An amazing week of lessons

...but not as you know them!

**GET READY  
TO BE  
AMAZED**

**More information coming soon...**



# REMINDERS

**EVERY**  
**SCHOOL DAY**  
**COUNTS**

# Head of House Awards

The Head of House Awards were awarded to:



Shreya
Jack B
Joseph
Braulio
Fatma



As a reminder, we're using #easyfundraising to help raise money for Finham Park Multi Academy Trust in 2025. To get involved, sign up and shop via the easyfundraising website or App with over 8,000 retailers. You'll raise free donations for us as you shop online at no extra cost! All the big names including eBay, Tesco, John Lewis & Partners, TUI, and many more will donate. We'll be so grateful for your donations! Plus, sign up today and we could win a £500 donation: <https://join.easyfundraising.org.uk/finham-park-multi-academy-trust/9iw43f/c2s/ahT9laEN/CE946/facebook/>

## Top tips supporting children going back to school

The return to school after summer can be a whirlwind of emotions – a mixture of excitement, nerves, and everything in between. This guide shares ten practical tips to support children during this transition. From re-establishing routines to encouraging conversations about feelings, this guide is designed to reduce stress and build a sense of calm.

Whether children are starting a new school, heading into a different year group, or readjusting after a long break, these strategies can help to ensure a smooth transition. From planning ahead and refreshing social connections to creating calm mornings and supporting healthy sleep habits.

## **Coventry Young Carers!**

Open communication with school is one of the best ways to support your child – At Meadow Park we understand that sometimes other things can impact on our young people and wasn't to support them where we can – With this in mind we wanted to highlight the **COVENTRY YOUNG CARERS**.

Please take the time to look at the Postcard from the service and consider reaching out to them, as well as us at school to let us know and see what we can do to support.

## What Parents and Educators need to know about Technology Attachment

Many young people and children today are deeply attached to their digital devices – often using screens for comfort, connection, and even validation. This attachment can quickly turn into dependency, especially with many apps designed to be habit-forming. Our guide breaks down how and why these connections develop, and the ways in which they might affect children's behaviour, focus, and emotional resilience.

From disrupted sleep patterns to distorted self-image, the consequences of excessive screen time can be far-reaching. This guide also examines how digital communication may shape friendships and social skills, as well as the hidden risks children and young people face in virtual spaces. With expert insights and practical strategies, it's a valuable read for anyone supporting children and young people in our digital world.

### ARE YOU A YOUNG CARER?

Young Carers are people aged between 5 and 18 years old who have a responsibility for looking after or helping someone else to look after a person who has any of the following:

- A disability
- A long term illness
- A mental health illness
- An addiction to drugs or alcohol

The person you care for could be your mum, dad, brother, sister, grandparent or even a close friend. As a Young Carer you may help out with some of the following:

- Shopping
- Cooking
- Cleaning
- Making sure the person you care for takes their medicine
- Listening to the person you care for
- Taking care of siblings

Whether you need a chat, information, advice or want to get involved with our groups and activities, **we are here to help and support you!**

If you think you might be a young carer or just want to find out more about our work, please get in touch - **we look forward meeting you!**

**CARERS TRUST**  
Heart of England

Address:  
8 Queens Victoria Road  
Coventry  
CV1 3BN

Contact us:  
coventry@carerstrusthfe.org.uk  
www.carerstrusthfe.org.uk  
02476 422712

### CARERS TRUST

Heart of England

Next Steps...

Scan the QR code

Complete our short enquiry form

Our team will contact you to talk about your caring role

Receive support, make friends & learn new skills!

**Coventry Young Carers Services**

**YoungCarersCoventry**

**youngcarers@carerstrusthfe.org.uk**

**024 7663 2972**

**SCAN ME**



Coventry Trust Heart of England is a company limited by guarantee. Company number: 2020949. Coventry number: 1000000.

**Paul Rule**  
**Child Protection Officer &**  
**Senior Pastoral Support Manager**



# 10 Top Tips for Parents and Educators SUPPORTING CHILDREN GOING BACK TO SCHOOL

Returning to school after the summer holidays can be both exciting and daunting for children of all ages. Different routines, classes, schools, and academic pressures can cause anxiety or uncertainty. Parents play a vital role in easing this transition. This guide will help you support your child emotionally, mentally, and practically as they return to school.

## 1 RE-ESTABLISH ROUTINES

Gradually shift back to school-time routines a week or two before term starts. Regular bedtimes, wake-up times, and mealtimes can help children feel more secure and reduce the shock of change when school begins. Having a routine creates predictability and stability, helping to reduce anxiety while improving sleep and concentration.

## 2 TALK ABOUT FEELINGS

Encourage open conversations with children about their feelings. Ask them how they feel about returning to school, such as what they're looking forward to and anything they might be feeling unsure or worried about. Validating their emotions can help reduce anxiety and show them it's okay to talk about their emotional wellbeing.

## 3 SUPPORT WITH SLEEP

Children need adequate sleep for concentration, brain function, memory, and emotional regulation. Establish a wind-down routine without screens at least an hour before bed, and encourage relaxing activities like reading or listening to calming music.

## 4 LOOK OUT FOR SIGNS

Some children hide their anxiety. Watch for changes in their behaviour, such as withdrawal, stomach aches, and irritability. If worries persist, speak with their teacher or the pastoral team early to ensure your child receives support.

## 5 REFRESH SOCIAL CONNECTIONS

Help children reconnect with school friends by arranging playdates or video chats in the week before school starts. Familiar faces and social interactions help the transition and provide emotional comfort on that first day back.

## 6 CREATE A CALM MORNING

Mornings set the tone for the day. Plan ahead with a consistent morning routine that allows time for breakfast, getting dressed, and talking calmly about the day. Avoid last-minute rushing to reduce stress for everyone.

## 7 FOCUS ON POSITIVES

Talk about the fun and interesting parts of school – seeing friends, favourite subjects, or exciting activities. One simple but powerful change parents can make is swapping "How's your day been?" for "What's been good about your day?" This invites more of a positive, open response. Focusing on positives can help shift children's anxious thoughts and reframe school as a safe and engaging place.

## 8 VISIT OR VISUALISE SCHOOL

If possible, encourage visits to the school grounds before the first day, especially if it's a new school. Walking the route or even looking at photos of classrooms and teachers can make the environment feel familiar. The school website is always a great go-to place for this. This is particularly helpful for younger children or those with additional needs.

## 9 PLAN AHEAD TOGETHER

Involve children in preparing for school – buying supplies, packing their bag, or choosing lunch options. This gives them a sense of control and builds excitement. Use checklists or calendars to prepare together, helping reduce last-minute stress.

## 10 STAY POSITIVE AND PRESENT

Children pick up on your outlook. Stay calm, positive, and present, especially during drop-offs. Avoid lingering goodbyes, and let them know you'll be there at pick-up. A consistent reassuring presence builds their confidence and resilience.

### Meet Our Expert

This guide was created by Jo Morton-Brown, an Emotional Health Practitioner with nearly 16 years' experience supporting children and young people's mental health. She produces uplifting YouTube content for pupils and trains adults to better support young people's wellbeing, with a mission to help every child feel valued and understand their emotions.



The National College



# What Parents & Educators Need to Know about TECHNOLOGY ATTACHMENT

## WHAT ARE THE RISKS?

In today's digital age, children are increasingly forming emotional and habitual attachments to their devices. With 86% regularly accessing the internet and nearly half engaging in live streaming or content sharing, their online presence is greater than ever. This guide explores the phenomenon of technology attachment in young people and offers expert advice on fostering healthier digital habits.

## WIRED FOR REWARD

Children's brains are particularly sensitive to reward-based stimulation, and some digital platforms, especially those offering quick-hit content like short-form videos, are designed to exploit this. The instant gratification of likes, comments, and rapid scene changes triggers dopamine release, making these interactions highly addictive. Over time, this may contribute to changes in attention patterns and a reduced inclination towards activities that involve prolonged focus or delayed gratification, such as reading, problem-solving, or creative play.

## NIGHT-TIME TECH HABITS

Screen use late into the evening can disrupt natural sleep patterns by suppressing melatonin, the hormone that regulates sleep. Children engaging with stimulating content may experience delayed bedtimes, lower sleep quality, and increased fatigue during the day. Additionally, fear of missing out (FOMO) on online interactions can cause anxiety and resistance to logging off, creating a cycle of late-night engagement and tired mornings.

## SHAPED BY SCREENS

For many children, digital spaces have become a key arena for identity exploration and expression. Social media encourages them to curate their image carefully, with likes, comments, and shares serving as social validation. This environment can tie self-esteem to online feedback, making children vulnerable to comparison, self-doubt, and pressure to present a perfect version of themselves, even when it doesn't reflect reality.

## DIGITAL WORLD DANGERS

The internet can expose children to unfiltered content, some of which may be inappropriate, misleading, or harmful. Cyberbullying, exposure to idealised lifestyles, and online predators are all risks children face, often without fully understanding the consequences. Misinformation can shape distorted worldviews, while constant comparison to others can erode self-confidence. Without guidance, children may internalise these digital dangers, impacting their emotional and mental health.

## DIGITAL DEPENDENCY BUILDS

Devices often become digital comfort blankets. In moments of boredom, anxiety, or loneliness, children may instinctively reach for screens to self-soothe. This reliance on digital distraction limits their ability to develop healthy coping mechanisms, such as mindfulness, conversation or physical activity. As the habit builds, their dependency may displace real-world experiences and emotional resilience.

## FRIENDSHIPS & FILTERS

Technology transforms how young people socialise, often replacing face-to-face interaction with text-based or image-based communication. While messaging apps and social media enable connection, they may also limit emotional expression and the development of essential interpersonal skills, such as tone recognition, empathy, and reading body language. As a result, some children may become less confident with exchanges in person and more reliant on digital personas to navigate friendships.

## Advice for Parents & Educators

### READ THE ROOM

Pay attention to behavioural changes that may signal unhealthy tech attachment. This includes mood swings, increased secrecy about online activity, withdrawal from family time or hobbies, and visible distress when separated from devices. These cues can indicate deeper emotional reliance or even exposure to distressing content. Early recognition allows for proactive support and meaningful conversation.

### SHAPE DIGITAL BOUNDARIES

Create a balanced digital environment with clear guidelines on when and how devices can be used. This includes screen-free zones (e.g. bedrooms, dining tables), app restrictions, and time limits. More importantly, involve children in these decisions and explain the reasoning behind them, even reflecting upon your own digital use as they can see it's something we all have to manage. Turning boundaries into a dialogue, not just directives, helps build trust and encourages self-regulation.

### DON'T WAIT, REACH OUT EARLY

If a child's relationship with technology starts affecting their emotional wellbeing, school performance, or social connections, don't hesitate to seek help. Open up discussions with teachers, pastoral staff, or digital wellbeing professionals. Early intervention is key, and a supportive network can provide tools, resources, and reassurance for both children and adults navigating this evolving digital landscape.

### SET THE STANDARD

Children often model the behaviour they see. When adults demonstrate healthy digital habits, such as prioritising face-to-face conversation, balancing screen time with other activities, and using devices with purpose, children are more likely to follow suit. Share your own positive uses of technology and invite children to do the same. This collaborative approach helps demystify tech use and encourages responsible engagement.

## Meet Our Expert

Philippa Whitham is an award-winning educator, author of *The Digital Ecosystem*, and founder of *Eduption and Digital Bridge*. Digital Bridge supports the relationship between families and technology, empowering everyone to be balanced and digitally well. With over 15 years in digital education and wellbeing, she supports families, schools, and governments to build balanced and safe digital cultures.



#WakeUpWednesday

The National College



# Uniform



## School shoes guidance

Plain black with no logos  
No high heels, 'sliders', boots, sling back or open-toed shoes  
Black leather or leather effect

**TRAINERS AND CANVAS SHOES (VANS/CONVERSE) ARE NOT ACCEPTABLE**



## School Term Dates 2025/26

### Autumn Term 2025

Teacher Training Day	Monday 1 September
Term Starts (Students Return)	Tuesday 2 September
Teacher Training Day	Friday 24 October
Half Term	Saturday 25 October to Sunday 2 November
Teacher Training Day	Friday 21 November
Last Day of Term	Friday 19 December
Christmas Holiday	Saturday 20 December to Sunday 4 January

### Spring Term 2026

Teacher Training Days	Monday 5 and Tuesday 6 January
Term Starts	Wednesday 7 January
Half Term	Saturday 14 February to Sunday 23 February
Last Day of Term	Friday 27 March
Easter Holiday	Saturday 28 March to Sunday 12 April

### Summer Term 2026

Term Starts	Monday 13 April
May Day Bank Holiday	Monday 4 May
Half Term	Saturday 23 May to Sunday 31 May
Last Day of Term	Friday 17 July



# MEADOW PARK SCHOOL

THRIVING TOGETHER