Newsletter



Message from the Headteacher

Dear Parents and Carers

As we come to the end of week three of the Autumn Term, I want to thank you for your ongoing support. I am delighted with how well Year 7 have settled into life at Meadow Park and it has been a pleasure to get to know them.

Our enrichment programme is in full swing and the number of clubs and activities for students is impressive. Students are encouraged to develop their learning outside of the classroom through such things as the weekly subject challenge, subject based clubs, together with home learning (what you and I might remember as homework!). In addition, we have the lunchtime inter-house competitions which run weekly. The interhouse competitions are not just at lunchtimes; they are embedded in our Personal Development Programme and Tutor Time. Each week I reveal the winning Tutor Group, House and individual students with the most House Points.

As part of our rewards structure, students are able to exchange the points they have earned for rewards; this happens each week in the Theatre where students can exchange their reward card for a prize. We have also introduced bigger prizes, and today was the first of the lucky draw for students who have completed their Reward Cards. All of these

House Points go towards the final House Cup awarded in the summer.

As we have moved into the term we are focusing on maintaining high standards. Please do check that your child is wearing the correct uniform as we have sometimes found that the uniform is in the bag rather than being worn. As a reminder, we do not allow hoodies at any time including break and lunchtimes.

Next week is Meet the Tutor evening for students from all year groups, (Y7 - Y13), On Thursday 25 September 2025 from 4 to 6pm in person in the Theatre. We look forward to seeing you.

Thank you for your continued support. I wish you a lovely weekend.

With best wishes

Mrs Pettman Headteacher





Issue: 19 September 2025





Outgrown a blazer? Ripped a shirt? Need PE Kit?

Come and choose FREE pre-loved school uniform at our Uniform Swap Shop.

We have lots of outgrown, preloved branded school uniform, trousers, coats and much more...

Donations

Families can **donate** their old or unused uniform to the shop. **Washed, good-quality** uniform, that you no longer need, can be brought to the swap shop or handed in at Reception.

Free

Our swap shop provides **free** uniform to those who need it. If you do not have anything to swap, you can make a donation for the items you need.

Exchange

Families can **exchange** their old uniform for new **pre-loved** items that fit better. Please bring in any washed, good-quality uniform that you would like to swap.

Oper

Our Uniform Swap Shop is open on the last Friday every month during term-time in the old Visitor Reception, next to the Sixth Form Centre, from 9am to 10am and 3pm to 4pm.

SAVE money, REDUCE waste, HELP the environment. Ask in school for details.



SANDWICH BAR

Filling for sandwiches & Baguettes

Ham, Cheese, Tuna, Chicken Tikka, Chicken Mayo, BLT

Sandwich - £1.63

Premium Sandwich - £2.15

Baguettes - £2.30

For extra value, why not try our MEAL DEALS
Sandwich MEAL DEAL

Step 1—Choose sandwich

Step 2—Choose dessert (Muffin, Brownie, Jelly pot or Crisps)

Add A Drink

£2.75

Baguette, Wrap, Premium Sandwich & Salad Pot
MFAL DFAL

Step 1—Choose Baguette

Step 2—Choose dessert (Muffin, Brownie, Jelly pot or Crisps)

£2.75

Add A Drink

£3.42



MORNING BREAK

<u>MENU</u>

Toast 26p

Bacon Roll £1.15

Bagels £1.00

Hash Browns £1.00

Pain Au Choc £1.00

Sweet Waffles £1.00

Cheese on Toast £1.00

Cheese & Bean Wrap £1.20

Sausage Baps £1.15

Bacon Bagels £1.70

Breakfast Wrap £1.70

Look Out for our daily breakfast specials



MEAL DEALS

Street Food Option + Potatoes of the day £2.75

> Add a drink & a dessert £3.42

Grab & Go + Potatoes of the day £2.75

> Add a drink & a dessert £3.42

World Foods + Rice/Pasta £2.30

Add a Naan or Garlic Slice £2.75 Add a drink & a dessert £3.42

Jacket Potato 1 Fillings £2.00

Add a drink or dessert £2.75

Jacket Potato 2 Fillings £2.75 Add a drink or dessert £3.42

Pasta Bake + Garlic slice £2.30

Add a drink or dessert £2.75



TARIFF

MAIN COUNTER

Main Meal	£1.70
Curry Pots & Rice	£2.30
Hot Pasta	£2.10
Jacket Potato	£1.56
1/2 Jacket Potato	78p

All Vegetables are FREE

Chips	£1.60
Wedges	£1.60
Grab & Go Item	£2.30
Pizza	£1.40
Water	85p
Juices	85p
Cookies	85p
Muffins	85p
Cereal Bars	85p





Apprenticeship Careers Event

Wednesday 15th October, 4:00pm - 6:30pm

@ 123 St Nicholas Street, Radford, CV1 4FD

Curious about apprenticeships? Join us for our next careers event, your chance to explore a variety of career paths all in one place.

Find out more about apprenticeships in:

Business Administration

Hairdressing

Health & Social Care

Accountancy

Customer Service

Early Years Care

If you have any questions, you can call 024 7623 1122 or email us at: enquiries@cw-chambertraining.co.uk



Scan to register your interest!



YGUNG PROFESSIONALS

YP Get into Law Insight Networking Evening with eight global law firms!

Monday 22nd September, 5pm - 7pm

Meet with A&O Sherman, Farrer & Co, Slaugher and May, Fragomen, Clifford Chance and many more!

Click HERE to register from one of the biggest Law events



The Peer Mentor Support Service is here to support you.

One-to-one and group support to help you build resilience, boost confidence and improve self-esteem.



We will empower you to set personal goals and make small but significant steps towards change.

We support young adults to build confidence, develop selfbelief and improve their mental health and wellbeing. Through one-to-one support and group activities, we focus on mental health awareness, social connection, and life skills.

Our team can assist with finding stable housing, managing finances and benefits and accessing education or employment. We also help with booking healthcare appointments and can connect individuals to other services for additional support.

We can support young adults who are

- Aged 16.5–25, who have not accessed NHS mental health interventions in the past six months;
- Aged 16.5–25, leaving care, and at risk of accessing mental health services;
- Aged 16.5–18, transitioning through pathways from children and young people's to adult mental health services.

Interested in volunteering?

We're looking for peer support buddies to support our service users. Get in contact to find out more!

Start by calling **07581 051733** or visit **cwwmind.org.uk/pmss** or email **pmss@cwmind.org.uk**

Commissioned by









	News from			rom
Read in an unusual place or position. (Send a pic to mp- reading@meadow parkschool.com)	GRAPHIC NOVEL	Read a book from a GENRE you don't usually choose.	Design a new FRONT FOR a book.	
Read something someone else recommended.	Read a book that has been adapted into a FILLM or a TV Show.	Go to a local LEGRARY (While you're there, why not sign up - it's free, which is our favourite pricet - and borrow a book?)	Read a non-fiction information book.	RE
to an audio book. (Ask in the Library if you need help to find one.)	Read something that isn't a book. It could be a	Read a book written by someone from a different COLINIE Y or in a different	Tell someone about a book you	l ,
Read an article giving someone's PIPI P about something. (Any newspaper or magazine will have some – pick one you're interested int)	Review a book. You can write it but you don't have to — it could be provided to the country of even of even of even of even of even of even or even of even or even of even of even or even of even of even of even of even	Read a book ALSUD to someone.	Read a book that was written by a	·

Meadow Park

the LIBRARY

READING CHALLENGE

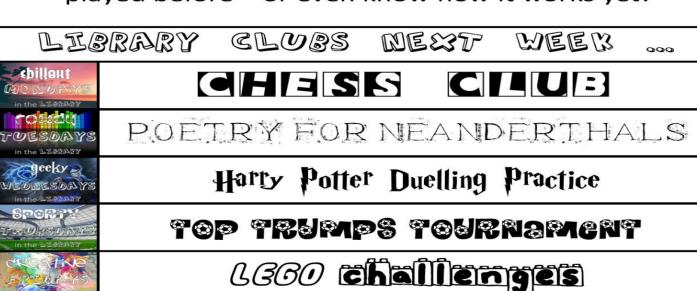
The **deadline** for entries (brought to the L工BRARY) is **next Friday**.

Dungeons & Dragons club is here!

What you need to know:

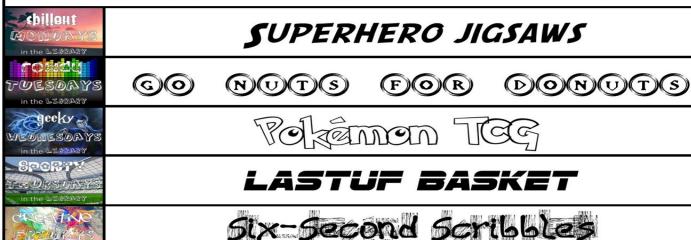
- every Monday
 - 3:15 4:15
 - LIBRARY

Everyone's welcome: you don't need to have played before – or even know how it works yet!









Dungeons & Dragons club is here!

What you need to know:

- every Monday
 - 3:15 4:15
 - LIBRARY

Everyone's welcome: you don't need to have played before – or even know how it works yet!

COMING SOON



Want to know more? Speak to Mr Spencer in the Library.

You are given a virtual £100 MILLION ...

Spend it on the very players ...

Pick your best **Team** for each weekend's matches ... Watch your players earn points for you by playing in the 🔏



We have been alerted to a fraudulent app in the Apple App Store that mimics ParentPay branding.



Security and safeguarding are top priorities at ParentPay Group, and me took swift action to report the app and are working closely with Apple to have it removed.

To date, we have recorded only 2 cases of affected parents.

Please be aware:

- ParentPay does not have an app available for download from any app stores
- To use ParentPay, parents should visit https://www.parentpay.com/
 from a mobile phone or computer
- After logging in, parents can save a shortcut onto their phone's home screen

This message is for awareness only, so you can confidently and quickly respond to any parent queries.

Yours sincerely,

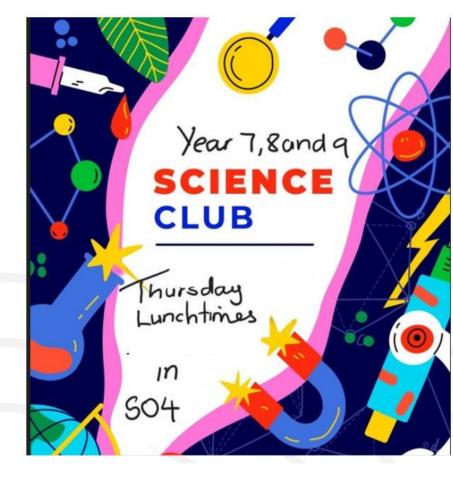
ParentPay Group Customer Service Team

You are receiving this email because you work for a current customer or partner of PerentPay Group. We are contacting you regarding essential service or product information as per the terms of our contract. If you are not the correct person to receive these updates, please provide an

For more information on how we process your personal data, was our Prisace Nation.

Science Club

If you are interested and would like more information, please speak to Miss Minhas (SO4).



Term 1	Lunch time challenge	Weekly competition
W/C 1.9.25	House Team	Tutor board
W/C 8.9.25	PE	Maths
W/C 15.9.25	History/ RE	Sociology/Psychology/H&SC
W/C 22.9.25	Geography/ PSHE	Food/Art/DT
W/C 29.9.25	English	Science
W/C 6.10.25	Music/ Drama	The Orchard
W/C 13.10.25	Languages	IT/ Business
W/C 20.10.25	Overall results (assembly) and Celebration Week	
W/C	Half Term	
W/C 3.11.25	Maths	PE
W/C 10.11.25	Sociology/ Psychology/H&SC	History/RE
W/C 17.11.25	Food/Art/DT	Geography/PSHE
W/C 24.11.25	Science	English
W/C 1.12.25	The Orchard	Music/Drama
W/C 8.12.25	IT/ Business	Languages
W/C 15.12.25	Overall results (assembly) and Celebration Week	
W/C	H-P-I	
W/C	Holidays	

Lunch time challenge:

- Will run in the quad/outside area or in the theatre if wet
- Will run every Friday lunchtime
- House v House
- Playing for individual prize/certificate
- · House songs playing

Weekly competition:

- Will be launched in the Headteachers assembly
- Entries will need to be handed in by the next Thursday for judging ready for the winners to be announced in the following Headteachers assembly
- Worth BIG house points which contribute to the House Cup!



COMING SOON Enrichment Clubs 2025-26



	Break	Lunch	After School
Monday	Basketball - Sports Hall	Chillout Monday - Library Chess Club - Library	KS 3 Basketball KS 3 Football Student Dungeons & Dragons - Library STEM - S06 MP Theatre Company - G18 Clay Club - F22 Drop in Free and Easy - Library
Tuesday	Basketball Sports Hall	Rowdy Tuesday Library Science Club S05	Public Speaking - Library World Culture Club - Drop in Free and Easy Library MP Theatre Company G16 Humanities Homework Club
Wednesday	Basketball Sports Hall	Geeky Wednesday Library	
Thursday	Basketball Sports Hall	Sporty Thursday Library Debate Club	Cooking - Singing Club Rounders Field Robotics Club F18 Industrial Cadets – S03 Craft Club F23 Games Club - Library Rugby Radminton Robotics Club F18 Industrial Cadets – S03
Friday	Basketball Sports Hall	Creative Friday Library Crochet Club G08 Holocaust – Their Family	KS4 Basketball Sports Hall (RMV) Further Maths GCSE F03 (HLA)

Mr Perris Enrichment Co-ordinator

Amazing lessons week!

13th October!

An amazing week of lessons

...but not as you know them!



More information coming roon...



Join the Duke of Edinburgh at Meadow Park school.



If you are interested and would like more information please speak to: Mrs Cresswell and Mrs Webb

FIVE BENEFITS OF DOING YOUR DOFE PROGRAMME









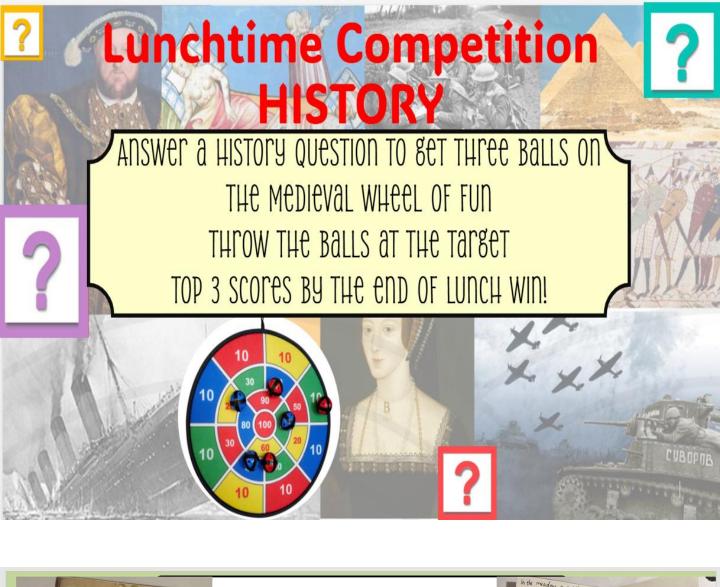


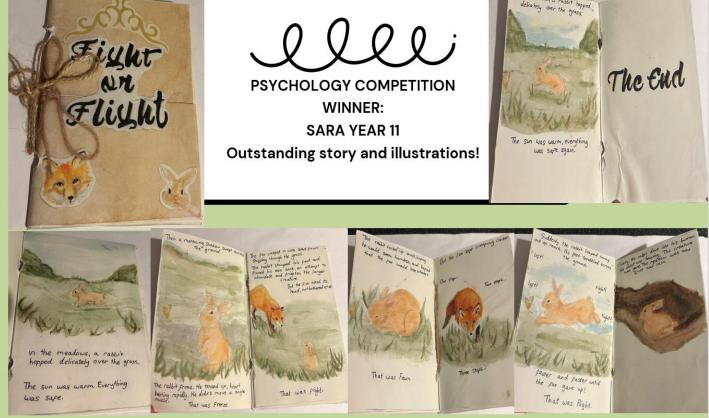












WINTER WONDERLAND



CHRISTMAS CARD COMPETITION

This year we are asking students to produce art work based on the theme Winter Wonderland. We would like your designs to be snowy and magical.

Entries must be no bigger than A4 and we encourage mixed media such as paint, ink, and collage.

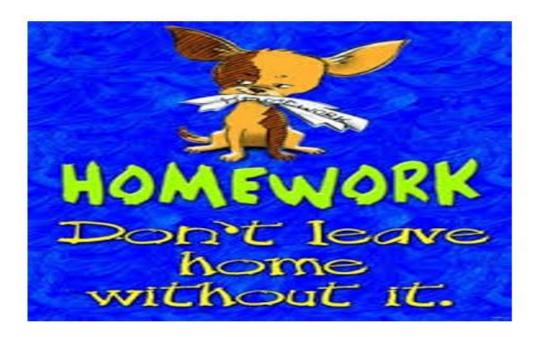
Please drop your entries off to any of the creative teachers with your full name, year group and house clearly wrote on the back.

Winning entries will have their designs turned into the official Meadow Park School Christmas card as well as winning a place on a Christmassy trip and other prizes. Not forgetting points towards their house.

Deadline -25th September 2025



Thursday 3.15 till 4 pm



In F23 See You There

REMINDERS





Head of House Awards The Head of House Awards were awarded to:











Bahaa
Gabriella
Allen
Leo

Cam-Ron and Aiden



As a reminder, we're using #easyfundraising to help raise money for Finham Park Multi Academy Trust in 2025. To get involved, sign up and shop via the easyfundraising website or App with over 8,000 retailers. You'll raise free donations for us as you shop online at no extra cost! All the big names including eBay, Tesco, John Lewis & Partners, TUI, and many more will donate. We'll be so grateful for your donations! Plus, sign up today and we could win a £500 donation: https://join.easyfundraising.org.uk/finham-park-multi-academy-trust/9iw43f/c2s/ahT9IaEN/CE946/facebook/



School shoes guidance

Plain black with no logos No high heels, 'sliders', boots, sling back or open-toed shoes Black leather or leather effect

TRAINERS AND CANVAS SHOES (VANS/CONVERSE) ARE NOT ACCEPTABLE



School Term Dates 2025/26

Autumn Term 2025

Teacher Training Day	Monday 1 September
Term Starts (Students Return)	Tuesday 2 September
Teacher Training Day	Friday 24 October
Half Term	Saturday 25 October to Sunday 2 November
Teacher Training Day	Friday 21 November
Last Day of Term	Friday 19 December
Christmas Holiday	Saturday 20 December to Sunday 4 January

Spring Term 2026

Teacher Training Days	Monday 5 and Tuesday 6 January
Term Starts	Wednesday 7 January
Half Term	Saturday 14 February to Sunday 23 February
Last Day of Term	Friday 27 March
Easter Holiday	Saturday 28 March to Sunday 12 April

Summer Term 2026

Term Starts	Monday 13 April
May Day Bank Holiday	Monday 4 May
Half Term	Saturday 23 May to Sunday 31 May
Last Day of Term	Friday 17 July

Dangerous TREND: Salt + Ice 'Challenge'

A dangerous online trend is resurfacing where children put salt on their skin and press ice on top. It is NOT harmless. It causes severe cold burns, scarring & sometimes skin grafts. Please talk to children & young people—don't risk lasting damage for online likes.

- er This causes serious cold burns (like frostbite).
- Injuries can need hospital treatment and even skin grafts.
- Young people may not realise the damage until it's too late.

Parents & carers: beware the "Salt & Ice Challenge." * + " = serious burns. If you need to treat a burn:

- Cool under lukewarm water for 10+ mins
- Cover with cling film
- Seek medical help

Don't let a trend leave permanent scars.

Remind your children:

Hurting yourself for likes isn't worth it. The scars can last a lifetime

Mental Health Spotlight – To listen to individual stories about how Kooth has helped their mental health, Visit: https://connect.kooth.com/young-people

Caua's story Caua made this video to explain how Kooth helped him. He describes how using Kooth gave him confidence, made him feet less alone and meant he could go on to find different ways to cope with stress and anxiety. Like many other people we hear from, he said: "If it wasn't for Kooth, I don't know where I would be today." Caua's Story Caua's Story

GROUP CHATS

Group chats are a hugely popular way for children to stay in touch with their friends, whether via messaging apps, social platforms or games. These online groups can help them feel connected, strengthen relationships and encourage creativity – but they also come with certain risks.

From teasing and exclusion to privacy worries and inappropriate content, children can experience a wide range of challenges in group chats.

Please remember that you should be checking your child's group chats on their devices regularly to ensure safe and appropriate conduct within them.

The attached guide can give some advice around spotting signs of trouble and offers ways to support children in using group chats safely and respectfully.

Stay Safe!

Paul Rule
Child Protection Officer and
Senior Pastoral Support Pastoral Manager

What Parents & Educators Need to Know about

GROUP CHATS

WHAT ARE THE RISKS? nessaging apps, social media and enline games, group chats are one of the most popular ups that children connect. Stroup chats allow messages, images and videos to be shared in one place and help friendships flourish; however, they also come with a number of risks.

INAPPROPRIATE CONTENT 🎉

EXCLUSION AND ISOLATION

VIDEO AND LIVE CHATS

TEASING AND BULLYING

PEER PRESSURE

Advice for Parents & Educators

CONSIDER OTHERS' FEELINGS

SUPPORT, NOT JUDGEMENT

SET SOME GROUP CHAT RULES

PRACTISE SAFE SHARING

BLOCK, REPORT AND LEAVE

SILENCE NOTIFICATIONS

Meet Our Expert





The Nationa College







(C) @wake.up.wedneeday



C @water.up.weds



THRIVING TOGETHER