

# Newsletter



MEADOW PARK  
SCHOOL

## Message from the Headteacher

Dear Parents and Carers

I hope you have had a lovely break over the half term. It has been great to welcome back students for the rest of this Autumn Term. In the weekly Headteacher's whole school assembly today, I congratulated students on their attendance. 6 out of the 7 year groups at school have attendance sitting at over 90%, with some students, some Tutor groups and some Year Groups on 97% attendance. I reminded students that when they are not at school they are not only missing out on their learning, but they are also missing out on the experiences on offer for them. If you are unsure if your child should be at school, please do check the NHS guidance which encourages school attendance in the majority of cases.

I also congratulated them on their uniform, with students returning looking much smarter. Thank you for supporting your child to be in school, on time and wearing uniform - it is appreciated. I

Year 9 took part in a 'Talk the Talk' day this week which focused on our drive on oracy. Students were encouraged to talk - in the right way! As a school, and indeed as part of the Finham Park Multi Academy Trust, we are focused on improving children's oracy skills, which will support them not only at school but in life.

Next week Year 11 students begin their first mock exams, which will span across the next two weeks. It is important that students attend any intervention sessions they are offered and use their time wisely to revise. These mocks will give staff, and students, a clear indicator of the areas of learning they need to develop further and also predictions for the final GCSE grades in the summer. I wish them all the very best.

We are pleased to announce that Saturday 6<sup>th</sup> December will see our first Christmas Community Fair. The Fair will run from 11am - 1pm on that Saturday and we look forward to offering a range of free activities, as well as some paid stalls and refreshments. Full details will follow shortly!

I wish you all a lovely weekend.

Best Wishes

**Mrs Pettman**  
Headteacher

**Nurturing Excellence, Growing Aspiration, Thriving Together**



FINHAM PARK  
MULTI ACADEMY TRUST

Issue: 7 November 2025

# Meadow Park Uniform Swap Shop



MEADOW  
PARK  
SCHOOL

## Outgrown a blazer? Ripped a shirt? Need PE Kit?

Come and choose FREE pre-loved school uniform at our Uniform Swap Shop.

We have lots of outgrown, pre-loved branded school uniform, trousers, coats and much more...

### Donations

Families can **donate** their old or unused uniform to the shop. **Washed, good-quality** uniform, that you no longer need, can be brought to the swap shop or handed in at Reception.

### Free

Our swap shop provides **free** uniform to those who need it. If you do not have anything to swap, you can make a donation for the items you need.

### Exchange

Families can **exchange** their old uniform for new **pre-loved** items that fit better. Please bring in any washed, good-quality uniform that you would like to swap.

### Open

Our **Uniform Swap Shop** is open on the **last Friday every month during term-time** in the old Visitor Reception, next to the Sixth Form Centre, from **9am to 10am and 3pm to 4pm.**

**SAVE** money, **REDUCE** waste, **HELP** the environment. Ask in school for details.

## Meadow Park Students Represent the UK at the Chinese Embassy in London

On 15<sup>th</sup> October a group of students from Meadow Park School, along with their Headteacher, Bernadette Pettman, were selected to represent the UK at a prestigious event at the Chinese Embassy in London. The event, hosted by Chinese Minister Zhao Fei, was attended by Ms Zhou Wei, Education Minister Counsellor, Ms Lou Anna, First Secretary, Ms Liu Lengxin, First Secretary. Together with representatives from the Department for Education Jacque Spatcher, Assistant Director and Neil Lawson Lead for MEP and Ancient Languages with Maddalaine Ansell, Director of Education at the British Council. And from University College London, Katharine Carruthers, Honorary Advisor to IOE for Chinese Language Education and Matt Schofield, MEP Programme Manager.

Meadow Park School was selected from over 64 schools nationally who travelled to China in July 2025 as part of the Mandarin Excellence Programme, to talk about their experience in Shanghai. Students in Year 9 at the school who study Mandarin as part of the school's curriculum, together with their Headteacher, Bernadette Pettman, had the opportunity to spend 2 weeks in Shanghai as part of an intensive immersive learning experience. At this event in London, students were invited to speak to the audience about their experiences in China. Students spoke passionately about how their Mandarin had developed whilst studying at Fudan University, Shanghai and how much they enjoyed the experience of then applying what they had learned in the morning to a real-life context in the afternoon. For example, learning about different foods and then being able to order at local restaurants. In addition to developing their Mandarin speaking skills, students also developed their understanding of and appreciation of Chinese culture and heritage. Students were fortunate to have the opportunity to visit a number of culturally important sites, such as The Bund and The Oriental Pearl Tower as well as a local school to meet their students. The audience were impressed that the students gave their speeches partly in English but also partly in Mandarin. They each reflected on what they had learned during the visit and how this would support them in their further studies moving to take Mandarin GCSE in Year 11.

Bernadette Pettman, Headteacher at Meadow Park School, was invited to be a keynote speaker at Fudan University, Shanghai and also a keynote speaker at this event at the Chinese Embassy in London. Bernadette spoke about the introduction of Mandarin at Meadow Park, with it now in its fourth year and the benefits this had brought to the students and the school. Meadow Park is fortunate to have its own full time Mandarin Teacher who provides students with high quality learning in what is recognised as a globally influential language. Bernadette highlighted the opportunities that are open to students who study Mandarin when they progress to further education and the work place. Reflecting on their time in Shanghai, Bernadette thanked the DFE, UCL, British Council and Chinese Embassy and Education Ministry for facilitating such a fantastic experience. She saw students not only grow in terms of their language skills and their cultural awareness and appreciation, but saw them develop other, equally important skills such as resilience, independence, team work and communication skills. Meadow Park students were applauded for being amazing ambassadors not only for their school but for the UK.



## Awards Evening 2025

22<sup>nd</sup> October 2025 saw the third annual Meadow Park Awards Evening. The event was an opportunity to celebrate and recognise the achievements of students at the school. The evening was well attended with families eager to watch their children receive awards. Bernadette Pettman, Headteacher of Meadow Park School, opened the evening and handed over to Bahaa and Gabriella (Head Boy and Head Girl) who compered the evening. Recipients included students from all year groups, including our Sixth Form and were for a number of achievements such as Subject Award, House Award and Duke Of Edinburgh Bronze and Silver Awards. In addition, the annual special awards were presented to students for their contributions to the school and community, their academic progress and performance, as well as sports personality of the year. The audience were treated to a keynote address from Gemma Hunt, former CBeebies Presenter from Swashbuckle and currently a television presenter and author. Gemma spoke passionately about her own experiences growing up and the highs and lows of her career. She inspired students to never give up and to value the education and wider experiences offered to them by the school. Throughout the evening the audience were treated to performances from students, including a solo song in Mandarin as well as a medley from Sister Act, the school show performed in July.

The evening concluded with canopies and light refreshments with an opportunity for families to mingle with staff as well as take advantage of the photo wall balloon arch. Students posed proudly with their medals, trophies and shields and everyone agreed it was a fabulous evening.

Bernadette Pettman, Headteacher, said, 'This is a fantastic opportunity to bring our community together to celebrate the achievement of our students. I am so proud of each and every one of them and in some cases to see the huge journey they have been on. It really is an honour to share this evening with staff and families.'





# Free School Meals



## Are you entitled?

If you do not qualify for most benefits (also known as having 'no recourse to public funds'), your child may still be eligible for free school meals.

Contact school or the local authority to find out more.

We can help you apply online.  
Ask for details.

Do you know if you qualify for additional support?  
Please speak to a member of the House Team to see what support might be available.

Your child may be able to get free school meals if you get any of the following:

- ⇒ Income Support
- ⇒ Income-based Jobseeker's Allowance
- ⇒ Income-related Employment and Support Allowance
- ⇒ Support under Part VI of the Immigration and Asylum Act 1999
- ⇒ The guaranteed element of Pension Credit
- ⇒ Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- ⇒ Working Tax Credit run-on (paid for 4 weeks after you stop qualifying for Working Tax Credit)
- ⇒ Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

As a school, we can offer food parcels to families.

# LIBRARY CLUBS NEXT WEEK ...



TUSSIE MUSSIE



COLOUR BRAIN



DC DECK BUILDING GAME



CHAMPIONLAND



LUCK OF THE DRAW

## AFTER SCHOOL IN THE LIBRARY



Dungeons & Dragons club



BACK NEXT WEEK



THE WORLD CUP OF EVERYTHING

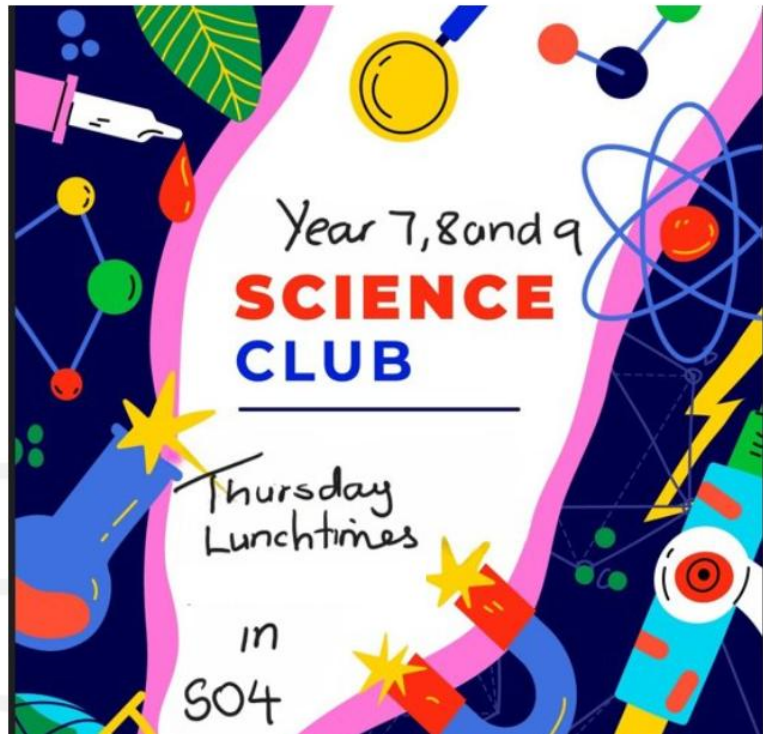


GAMES CLUB

Mr Spencer  
Librarian and English Teacher

# Science Club

If you are interested and would like more information, please speak to Miss Minhas (SO4).



# Cooking Club

Please come and join us for some fun cooking sessions.  
We will be making different meals, street food or sweet treats for you to take home and enjoy!

## Dates Autumn 2 Term

Thursday 13<sup>th</sup> November  
Thursday 20<sup>th</sup> November  
Thursday 27<sup>th</sup> November  
Thursday 4<sup>th</sup> December

## Times:

3.15pm – 4:00pm

## Location:

F22  
Food Room



Places are limited to the 12 students in Year 7,8,9  
For further information please come and see Mrs Haley – Food Technician  
**Please also bring a container with you!**

# Growing Aspirations– Sports Updates

## Upcoming Fixtures:

Monday 10th November – KS3 and KS4 Badminton v President Kennedy

Tuesday 11th November – Y8 Netball v Grace Academy

Wednesday 12th November – HADO Event

Thursday 13th November – Y8/9 Girls Basketball v President Kennedy

Thursday 13th November – Y7 Football v Lyng Hall

Tuesday 18th November – Y7 and Y8 Netball v West Coventry Academy

Thursday 20th November – Y7 Girls Basketball v Barrs Hill

# Growing Aspirations– Sports Updates

Netball club will be on Monday and Wednesday next week.

Y7, 8 and 9 boys who are interested in playing rugby fixtures – rugby club will be on Friday after school next week.

Term 1	Lunch time challenge	Weekly competition
W/C 1.9.25	House Team	Tutor board
W/C 8.9.25	PE	Maths
W/C 15.9.25	History/ RE	Sociology/Psychology/H&SC
W/C 22.9.25	Geography/ PSHE	Food/Art/DT
W/C 29.9.25	English	Science
W/C 6.10.25	Music/ Drama	The Orchard
W/C 13.10.25	Languages	IT/ Business
W/C 20.10.25	Overall results (assembly) and Celebration Week	
W/C	Half Term	
W/C 3.11.25	Maths	PE
W/C 10.11.25	Sociology/ Psychology/H&SC	History/RE
W/C 17.11.25	Food/Art/DT	Geography/PSHE
W/C 24.11.25	Science	English
W/C 1.12.25	The Orchard	Music/Drama
W/C 8.12.25	IT/ Business	Languages
W/C 15.12.25	Overall results (assembly) and Celebration Week	
W/C	Holidays	
W/C		

#### Lunch time challenge:

- Will run in the quad/outside area or in the theatre if wet
- Will run every Friday lunchtime
- House v House
- Playing for individual prize/certificate
- House songs playing

#### Weekly competition:

- Will be launched in the Headteachers assembly
- Entries will need to be handed in by the next Thursday for judging ready for the winners to be announced in the following Headteachers assembly
- Worth BIG house points which contribute to the House Cup!

## Parent App and School Communication

Please sign up to our parent portal MyChildAtSchool (MCAS).



**DON'T FORGET** to enable push notifications for the MyChildAtSchool app on your phone so you can see all emails and letters the school sends you.

MCAS allows us to securely share your child's achievement points, attendance, behaviour, school reports, letters and school diary whenever you wish. This is our primary means of communication with you, so please make sure you enable notifications for MCAS as this is the way we will send you emails and letters.

To login to the MCAS Parent Portal, we have enabled you to 'self-sign on'.

All you will need for this is your email address that the school has on record for you.

Enter the school postcode CV34BD (without a space) or use our identifier 15028. Search for Meadow Park School.

### How to Self-Sign Up for Parents

Parents and carers can access the MCAS Parent Login screen in two ways:

1. From within your web browser type [www.mychildatschool.com](http://www.mychildatschool.com) or scan the QR code
2. Download the free MyChildAtSchool parent app from either the Apple App Store or Google Play.



When you use the parent portal for the first time you will need to Sign-Up. Full instructions can be found on our website.

### School Communication

All communication from school is via Bromcom and if you sign up to the parent portal MCAS then you will receive notifications from the school via the app. You can view all letters and emails, past and present, in MCAS.

If you require any assistance logging in for the first time, please contact the School Office by emailing [admin@meadowparkschool.com](mailto:admin@meadowparkschool.com) or telephone 02476 302580.

# Are Your Contact Details Up-To-Date?

Moved House?  
Changed Phone Number?

contact school via  
[admin@meadowparkschool.com](mailto:admin@meadowparkschool.com)  
to update them today.



## REMINDERS



**EVERY**

**SCHOOL DAY**

**COUNTS**

# Would you like to know more about your children's behaviour?

Would you like to know how to support your child's emotional regulation?

Friday 3 October 9:30-11:30am

Wednesday 17 December 6:00-8:00pm

Virtual via Microsoft Teams

Understanding Your Child's Behaviour is an introductory workshop designed to provide parents/carers with a valuable insight into your child's development and practical strategies to help you to help your child.

Two hour workshop delivered both face-to-face and virtually by Coventry's Positive Parenting Team.

Suitable for parents of children aged 2-10 yrs.

To find out more e-mail:  
[parenting@coventry.gov.uk](mailto:parenting@coventry.gov.uk)

To book a place visit:

[coventry.gov.uk/  
parentingrequestform](https://coventry.gov.uk/parentingrequestform)



# Head of House Awards

The Head of House Awards were awarded last week and this week to:



Dumitru

Glory

Jensen

Dexter

Marco

# Uniform



GREEN SCHOOL BLAZER



GREY V-NECK SWEATER



TIE



## School shoes guidance

Plain black with no logos  
No high heels, 'sliders', boots, sling back or open-toed shoes  
Black leather or leather effect

**TRAINERS AND CANVAS SHOES (VANS/CONVERSE) ARE NOT ACCEPTABLE**



## School Term Dates 2025/26

### Autumn Term 2025

Teacher Training Day	Monday 1 September
Term Starts (Students Return)	Tuesday 2 September
Teacher Training Day	Friday 24 October
Half Term	Saturday 25 October to Sunday 2 November
Teacher Training Day	Friday 21 November
Last Day of Term	Friday 19 December
Christmas Holiday	Saturday 20 December to Sunday 4 January

### Spring Term 2026

Teacher Training Days	Monday 5 and Tuesday 6 January
Term Starts	Wednesday 7 January
Half Term	Saturday 14 February to Sunday 23 February
Last Day of Term	Friday 27 March
Easter Holiday	Saturday 28 March to Sunday 12 April

### Summer Term 2026

Term Starts	Monday 13 April
May Day Bank Holiday	Monday 4 May
Half Term	Saturday 23 May to Sunday 31 May
Last Day of Term	Friday 17 July

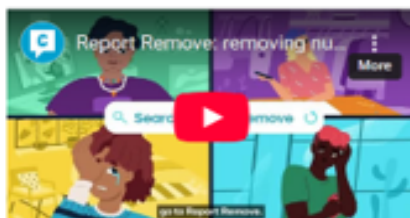
## What parents and carers need to know about sharing intimate images, Report Remove and Top tips for parents monitoring phones.

The sharing of intimate images online can be a dangerous avenue through which abusers seek to exploit children and young people, forcibly exposing them to explicit material, coercing them into sharing self-generated intimate images, and extorting them with the threat of sharing such images more widely. From reputational impact to potential blackmail or emotional distress, and even legal consequences, exposure to this harmful behaviour can have a severe impact.

It's important to remember that the creation and distribution of explicit material featuring under 18s – even by the child themselves – is illegal under UK law. The attached guide looks at the serious concerns associated with this behaviour and offers ways for parents and carers to help protect our young people.



Report Remove is here to help young people under 18 in the UK to confidentially report sexual images and videos of themselves and remove them from the internet.



For more information on how it works – search 'Report remove' on Google or YouTube

Remember the best way to help keep our young people safe is to know who they are talking to and spending time with – this is online as well as out in the 'real world'.

### Top tips



#### Talk with your child about responsible use of their phone

Discuss what is okay and not okay to use their phone for. Talk about time limits and expectations of where the device can and cannot be used, this could include things like the phone being charged outside their bedroom overnight.



#### Discuss what to do if something upsetting or worrying happens

Give them the strategies they need in case something concerning happens whilst they are using their device. This could be to lock the screen and tell an adult, to make a report to the platform they are using, or to block the user.



#### Explore parental controls

Take a look at the controls available both on the phone itself and on your home Wi-Fi. Talk these through with your child too. Parental controls are a helpful tool, but an open conversation with your child is the most important thing.

**Paul Rule**  
**Child Protection Officer**

# What Parents & Educators Need to Know about SHARING INTIMATE IMAGES

An intimate image depicts sensitive – often sexual – content, and sharing these photos or videos is commonly known as ‘sexting’. As of January 2024, it is a criminal offence to distribute any intimate images shared by a third party without consent, with offenders facing prison time. Naturally, misuse of intimate images can lead to emotional distress and reputational damage.

## WHAT ARE THE RISKS?

### EMOTIONAL DISTRESS

Victims of the misuse of intimate images and so-called ‘sexortion’ (blackmail involving sexual material) often experience significant emotional distress. The threat of having these photos or videos shared publicly can lead to anxiety, depression and a sense of helplessness. This emotional turmoil can affect daily life, academic performance and personal relationships.

### DAMAGE TO REPUTATION

Intimate images being made public can severely damage a person's reputation. This can lead to bullying, social ostracisation and long-term impacts on personal and professional relationships. If a blackmailer gets their hands on any intimate images, the fear of reputational damage can also make a victim far more vulnerable to ongoing extortion.

### PRIVACY VIOLATIONS

Once intimate images are shared online, it can be difficult to quickly control where they wind up and who else sees them. This loss of privacy can have lasting repercussions, including identity theft and persistent online harassment.

### FINANCIAL EXPLOITATION

Perpetrators of sextortion may demand money from victims under the threat of releasing their intimate images publicly. This can lead to severe financial problems for victims and their families, compounding their emotional and psychological distress.

### LEGAL CONSEQUENCES

If a child or young person creates and/or sends intimate images to others – especially adults – this is considered a form of child abuse under UK law. Having to disclose this type of abuse, although necessary, can be harrowing, leading to further trauma. It's crucial for parents, carers and educators to understand the legal processes and be able to provide proper guidance and support.

### TRUST ISSUES

Sharing of intimate images without consent can lead to long-term trust issues. Victims may find it difficult to trust others, impacting future relationships and their ability to form healthy, supportive connections. This erosion of trust can have profound effects on mental health and social wellbeing.

## Advice for Parents & Educators

### FOSTER A CULTURE OF OPEN COMMUNICATION

It's vital to encourage open communication with children and young people about the dangers of sharing intimate images. Create a safe space where they feel comfortable discussing their online activities and any concerns they may have without fear of judgement. Be sure to respond to any worrying information with an attitude of support and learning.

### EDUCATE CHILDREN ON THE RISKS

Children and young people often want to understand why certain rules are in place. Educate them about the risks of sharing intimate images online, explaining the reasons for monitoring and other security measures. Highlight the potential for misuse, including sextortion, and the long-term consequences that can arise from these actions.

### PROMOTE DIGITAL LITERACY

Digital literacy is incredibly important for children and young people to understand how to protect their privacy online. Teach them about secure online practices, such as using strong passwords, enabling privacy settings and recognising suspicious behaviour. This empowers them to be proactive in terms of their own safety.

### PROVIDE SUPPORT RESOURCES

Ensure that children and young people know where to seek help if they become victims of sextortion or any other online abuse. Help them identify in advance which adults they can turn to and provide them with information about trusted resources like helplines (e.g. Childline) that they can access if they need help.

## Meet Our Expert

**Gabriella Russo** is a safeguarding and neurodiversity consultant with over 30 years' experience working with children, families and adults in education, local authority and mental health settings in the UK and abroad.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at [what-parents-need-to-know-about-sharing-intimate-images](https://nationalcollege.com)

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# MEADOW PARK SCHOOL

THRIVING TOGETHER