

## Meadow Park Year 10 Plan 2025/26

<b>Term 1: Relationships and Sex Education</b>	
Risk, Relationships & Sex Education - 01 - Pleasure and Delaying Sexual Activity	
Risk, Relationships & Sex Education - 02 - Campaigning Against FGM	
Risk, Relationships & Sex Education - 03 - Sexting, Nudes and D*!! Pics	
Risk, Relationships & Sex Education - 04 - Online Pornography (Myths vs Reality)	
<b>Term 2: Relationships and Sex Education</b>	
Risk, Relationships & Sex Education - 05 - Porn and its Impact on Society	
Risk, Relationships & Sex Education - 06 - Unhealthy Relationships, Sexual Assault and Rape	
Risk, Relationships & Sex Education - 07 - Sexualisation of the Media	
<b>Term 3: Life Beyond School</b>	
Rights and Responsibilities - 03 - What is Marriage	
<b>Term 4: Staying Safe, Online &amp; Offline</b>	
Violence, Crimes & Seeking Safety - 01 - Honour Based Violence	
Violence, Crimes & Seeking Safety - 02 - Forced Marriage and Breast Ironing	
Violence, Crimes & Seeking Safety - 05 - Modern-Day Slavery	
<b>Term 5: Life Beyond School</b>	
Careers Month - Uni Frog	
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<b>Term 6: Health &amp; Wellbeing</b>	
Mental Health and Wellbeing - 01 - Child Sexual Abuse	
Mental Health and Wellbeing - 03 - Mental Health Illnesses	
Mental Health and Wellbeing - 04 - Self-Harm	