

Meadow Park Year 7 Plan 2025/26

	Term 1: Relationships and Sex Education	
	Friends, Respect & Relationships - 01 - Consent and Boundaries Friends, Respect & Relationships - 02 - Respect and Relationships Friends, Respect & Relationships - 03 - What Makes a Good Friend Friends, Respect & Relationships - 04 - Friendships & Online Relationships	
	Term 2: Relationships and Sex Education	
	Friends, Respect & Relationships - 05 - Being Positive Friends, Respect & Relationships - 06 - Pressure, Influence and Friends Friends, Respect & Relationships - 07 - What Does it Mean to be a Man in Today World	
	Term 3: Staying Safe, Online & Offline	
	Staying Safe Online & Offline - 02 - Staying Safe Online Staying Safe Online & Offline - 03 - Online Gaming, Grooming and Addiction Dangerous Society Online & Offline - 04 - Cyberbullying Dangerous Society Online & Offline - 07 - Child Exploitation & Online Protection	
	Term 4: Life beyond School	
	Careers Month – 01- Uni Frog Careers Month – 02 -Uni Frog Careers Month – 03 -Uni Frog	
	Term 5: Beyond School	
	Managing Change - 04 - Careers and Your Future Managing Change - 05 - Sleep and Relaxation Managing Change - 07 - Transition Points in Your Life	
	Term 6: Celebrating Diversity & Equality	
	Celebrating Differences - 02 - Multicultural Britain Celebrating Differences - 04 - Breaking Down Stereotypes Celebrating Differences - 05- Learning Disabilities Celebrating Differences - 06 - Prejudice and Discrimination Celebrating Differences - 07 - Challenging Islamophobia	