

Meadow Park Year 9 Plan 2025/26

Term 1: Relationships and Sex Education	
Sex, the Law & Consent - 01 - Sexual Consent and the Law	
Sex, the Law & Consent - 02 - FGM and the Law	
Sex, the Law & Consent - 03 - Relationships and Partners	
Sex, the Law & Consent - 04 - Domestic Abuse and Domestic	
Violence	
Term 2: Relationships and Sex Education	
Sex, the Law & Consent - 05 - Why have Sex	
Sex, the Law & Consent - 06 - Delaying Sexual Activity	
Sex, the Law & Consent - 07 - Sexual Harassment and Stalking	
Term 3: Staying Safe, Online & Offline	
Legal and Illegal Drugs - 01 - What is a Drug	
Legal and Illegal Drugs - 02 - Different Types of Addictions	
Legal and Illegal Drugs - 03 - Cannabis Products	
Legal and Illegal Drugs - 04 - Drugs Classifications	
Term 4: Life Beyond School	
Careers Month – 01- Uni Frog	
Careers Month – 02- Uni Frog	
Careers Month – 03 - Uni Frog	
Term 5: Health & Wellbeing	
Body Confidence - 01 - How Self-Esteem Changes	
Body Confidence - 04 - Bullying in all its forms	
Body Confidence - 07 - Cancer Prevention and Healthy Lifestyles	
Term 6: Staying Safe, Online & Offline	
Essential Life Skills - 02 - Assertiveness	
Legal and Illegal Drugs - 05 - Party Drugs & Illegal Drugs	
Legal and Illegal Drugs - 06 - The War on Drugs	
Legal and Illegal Drugs - 07 - Volatile Substance Abuse	