

# Newsletter



MEADOW PARK  
SCHOOL

## Message from the Headteacher

Dear Parents and Carers

Meadow Park School was delighted to host its first Christmas Community Fayre on Saturday 6<sup>th</sup> December. The Fayre was well attended and was a great opportunity to bring staff, students, their families and the local community together. There were a range of activities for families, including: 'selfie with an elf'; Christmas card colouring; Christmas decoration making; as well as make your own reindeer food, with added sparkles to make it extra special! There were a range of stalls for people to purchase items such as Christmas decorations and homemade craft items. In addition, the tombola, raffle and name the teddy proved very popular! West Midlands Fire Service were on hand providing an opportunity for children to sit in the fire engine and see the equipment they use, whilst the adults were able to receive fire safety information, free smoke alarms and sign up for free fire safety checks at home. The school choir sang throughout the morning to keep visitors entertained, and there were special visits from Father Christmas, elves including the cheeky elf on the shelf! To top this event off, families enjoyed a range of food and beverages, including hot dogs, hot chocolate and of course, mince pies! Whilst the event was free to enter, Meadow Park were delighted to raise over £300. I would like to thank you all for your support, whether you donated an item or came along on the day itself. We look forward to next year and are already planning an even bigger Christmas Community Fayre!

Last week was also full of excitement when I got to meet Ed Sheeran! Despite comments on social media, I can absolutely confirm that he was the real deal! I impressed myself that I managed to keep this a secret for many weeks in the planning, even my family were shocked when I sent them my selfie! We have committed to working with the Ed Sheeran Music Foundation which will provide many future opportunities for collaboration and experiences for Meadow Park students. Exciting times ahead!

We are about to enter our final week of term. School is open as normal right through to Friday 19<sup>th</sup> December. I know that this time of year can be challenging for some families for a range of different reasons and so we are collecting non-perishable food and toiletry items which will be put together in a number of hampers for local families. We also have staff who are Early Help trained who can help families access a range of different support if needed - so please do let us know if we can help.

Wishing you a lovely weekend.

With best wishes  
Mrs Pettman  
Headteacher

## Nurturing Excellence, Growing Aspiration, Thriving Together



FINHAM PARK  
MULTI ACADEMY TRUST

Issue: 12 December 2025

# Meadow Park Uniform Swap Shop



MEADOW  
PARK  
SCHOOL

## Outgrown a blazer? Ripped a shirt? Need PE Kit?

Come and choose  
FREE pre-loved school  
uniform at our Uniform  
Swap Shop.

We have lots of outgrown, pre-loved branded school uniform, trousers, coats and much more...

### Donations

Families can **donate** their old or unused uniform to the shop. **Washed, good-quality** uniform, that you no longer need, can be brought to the swap shop or handed in at Reception.

### Free

Our swap shop provides **free** uniform to those who need it. If you do not have anything to swap, you can make a donation for the items you need.

### Exchange

Families can **exchange** their old uniform for new **pre-loved** items that fit better. Please bring in any washed, good-quality uniform that you would like to swap.

### Open

Our **Uniform Swap Shop** is open on the **last Friday every month during term-time** in the old Visitor Reception, next to the Sixth Form Centre, from **9am to 10am and 3pm to 4pm.**

**SAVE money, REDUCE waste, HELP the environment. Ask in school for details.**



MEADOW PARK  
SCHOOL

**magic  
breakfast**  
fuel for learning

**Free breakfast is available at**

**Meadow Park School**

**8.20—8.45.**

**In the diner**

**Students can help themselves to  
Toasted Bagels, Toast, Crumpets and a  
selection of cereals.**

**From Monday 1st December**

**Students will be able to add beans to their  
toasted items  
or enjoy a bowl of hot porridge.**



Meadow Park  
School



# Christmas Food Bank Collection

Together, we can put food on  
the table for our local  
community

## HOW CAN YOU HELP?

DONATE NON-PERISHABLE FOOD TO YOUR  
TUTOR THROUGHOUT DECEMBER

### ITEMS NEEDED

UHT LONG LIFE MILK  
DRY NOODLES  
INSTANT COFFEE  
INSTANT MASH POTATO  
CEREAL

TINNED FRUIT  
TEA BAGS  
TINNED MEAT  
JAM  
TOILETRIES

! FESTIVE TREATS !

Thank you for supporting  
this important cause and  
helping us spread a little  
kindness this Christmas



MERRY CHRISTMAS

## Christmas Dinner

## Students

Wednesday 17th December

## Roast Turkey

## With all the trimmings

## Lentil roast

## Roast Potatoes

## Baton carrots

## Brussel sprouts

## Roast parsnips

## Yule Log

## Christmas Pudding

## Meal Deal

£2.75

# Free School Meals



## Are you entitled?

If you do not qualify for most benefits (also known as having 'no recourse to public funds'), your child may still be eligible for free school meals.

Contact school or the local authority to find out more.

We can help you apply online.  
Ask for details.

Do you know if you qualify for additional support?

Please speak to a member of the House Team to see what support might be available.

Your child may be able to get free school meals if you get any of the following:

- ⇒ Income Support
- ⇒ Income-based Jobseeker's Allowance
- ⇒ Income-related Employment and Support Allowance
- ⇒ Support under Part VI of the Immigration and Asylum Act 1999
- ⇒ The guaranteed element of Pension Credit
- ⇒ Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- ⇒ Working Tax Credit run-on (paid for 4 weeks after you stop qualifying for Working Tax Credit)
- ⇒ Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

As a school, we can offer food parcels to families.



# Coventry HAF

Holiday Activities and  
Food Programme 2025

**20 December 2025 - 4 January 2026**

Book your child's  
place on our free  
winter HAF clubs

**Book  
now**

No HAF  
code required



For more information visit [coventry.gov.uk/haf](https://coventry.gov.uk/haf)  
or email [hafprogramme@coventry.gov.uk](mailto:hafprogramme@coventry.gov.uk)





# Help us to raise free funds as you shop this Christmas

Every Christmas present you buy is a present for

**Finham Park Multi Academy Trust**



Scan the QR code to make a difference every time you shop online  
Visit [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)



1 Visit [www.easyfundraising.org.uk](http://www.easyfundraising.org.uk)

2 Sign up and search for us

3 Your favourite retailers donate to us whenever you shop with them

Get free donations from thousands of retailers including:

*Boots*

ebay

M&S

GROUPON

Argos

Etsy

JOHN  
LEWIS

currys

H&M

asos



very



# How to do research and evaluate sources?

- ❖ Have you ever wanted to learn more about a topic and got stuck on where to find the information?
- ❖ Have you ever looked at information and wondered 'Is this true?'
- ❖ Have you ever tried to wow someone with an amazing fact you learned on the internet and ended up embarrassed?

Learn how to spot fake news.

Figure out where to go looking for information.

Know how to tell true facts from opinions.

**YEAR 10 AND 11 STUDENTS ARE CORDIALLY INVITED TO ATTEND A SESSION:**

**LIBRARY**

**WEDNESDAY 7<sup>th</sup> JANUARY**

**3:15 PM**

**THE SIXTH FORM STUDENTS ARE INVITED TO ATTEND IN THEIR OWN BUILDING  
(ROOM TBA):**

**THURSDAY 8<sup>th</sup> JANUARY**

**3:15 PM**



## Mental Health in Schools Team Tips For Wellness



### Setting Future Goals

Setting goals helps you stay focused, motivated, and positive. They give you something to look forward to and remind you that *you're in charge* of your own journey. It's normal to feel a bit nervous when you think about the future, but looking forward can actually *help* your mental health. Looking to the future helps to build confidence, can give you direction and encourages optimism. Thinking about what's ahead reminds you that good things can still happen — even when times feel tough.

#### Our Top Tips For Setting Goals:

##### 1. Start Small

Big dreams start with small steps. Pick one thing you'd like to improve—like sleeping better or spending more time outdoors.

##### 2. Make It Realistic

Choose goals that feel *possible*, not perfect. For example, "I'll talk to a friend once a week" is easier than "I'll never feel lonely again."

##### 3. Be Kind to Yourself

Progress takes time! Celebrate small wins and don't be hard on yourself if things don't go perfectly.

##### 4. Write It Down

Keep a journal or use your phone to track how you're doing. Seeing your progress boosts confidence!

##### 5. Ask for Support

You don't have to do it alone. Talk to someone you trust — a friend, teacher or family member— about your goals.

##### 6. Balance Is Key

Make time for fun, rest, and creativity. Mental health goals should make life *feel better*, not busier.



More information  
about goal-setting!

**In Coventry and Warwickshire, for any urgent mental health concerns, contact the Children and Young People's Mental Health Crisis support available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.**

**MHST are available to support you and your school throughout the school year including term time and school holidays.**

**Please contact your school's Mental Health Lead for information and advice.**

# Head of House Awards

The Head of House Awards were awarded last week and this week to:



Dumitru
Nirel
Heran
Holly
Megan



# HOMework CLUB

EVERYONE WELCOME

EVERY TUESDAY

& THURSDAY

3:15PM - 4PM

F23

Receive support from staff to  
complete your homework each  
week.



Term 1	Lunch time challenge	Weekly competition
W/C 1.9.25	House Team	Tutor board
W/C 8.9.25	PE	Maths
W/C 15.9.25	History/ RE	Sociology/Psychology/H&SC
W/C 22.9.25	Geography/ PSHE	Food/Art/DT
W/C 29.9.25	English	Science
W/C 6.10.25	Music/ Drama	The Orchard
W/C 13.10.25	Languages	IT/ Business
W/C 20.10.25	Overall results (assembly) and Celebration Week	
W/C	Half Term	
W/C 3.11.25	Maths	PE
W/C 10.11.25	Sociology/ Psychology/H&SC	History/RE
W/C 17.11.25	Food/Art/DT	Geography/PSHE
W/C 24.11.25	Science	English
W/C 1.12.25	The Orchard	Music/Drama
W/C 8.12.25	IT/ Business	Languages
W/C 15.12.25	Overall results (assembly) and Celebration Week	
W/C	Holidays	
W/C		

### Lunch time challenge:

- Will run in the quad/outside area or in the theatre if wet
- Will run every Friday lunchtime
- House v House
- Playing for individual prize/certificate
- House songs playing

### Weekly competition:

- Will be launched in the Headteachers assembly
- Entries will need to be handed in by the next Thursday for judging ready for the winners to be announced in the following Headteachers assembly
- Worth BIG house points which contribute to the House Cup!

## Parent App and School Communication

Please sign up to our parent portal MyChildAtSchool (MCAS).



**DON'T FORGET** to enable push notifications for the MyChildAtSchool app on your phone so you can see all emails and letters the school sends you.

MCAS allows us to securely share your child's achievement points, attendance, behaviour, school reports, letters and school diary whenever you wish. This is our primary means of communication with you, so please make sure you enable notifications for MCAS as this is the way we will send you emails and letters.

To login to the MCAS Parent Portal, we have enabled you to 'self-sign on'.

All you will need for this is your email address that the school has on record for you.

Enter the school postcode CV34BD (without a space) or use our identifier 15028. Search for Meadow Park School.

### How to Self-Sign Up for Parents

Parents and carers can access the MCAS Parent Login screen in two ways:

1. From within your web browser type [www.mychildatschool.com](http://www.mychildatschool.com) or scan the QR code
2. Download the free MyChildAtSchool parent app from either the Apple App Store or Google Play.



When you use the parent portal for the first time you will need to Sign-Up. Full instructions can be found on our website.

### School Communication

All communication from school is via Bromcom and if you sign up to the parent portal MCAS then you will receive notifications from the school via the app. You can view all letters and emails, past and present, in MCAS.

If you require any assistance logging in for the first time, please contact the School Office by emailing [admin@meadowparkschool.com](mailto:admin@meadowparkschool.com) or telephone 02476 302580.

# LIBRARY CLUBS NEXT WEEK ...



## CHESS CLUB



## TASKMASTER



## Harry Potter Ludo



## SPORTY QUIZ



# AFTER SCHOOL IN THE LIBRARY



## Dungeons & Dragons club



## GAMES CLUB

Mr Spencer  
Librarian and English Teacher





MEADOW PARK  
SCHOOL

# MPTC Presents -

## ‘WINTER SNOWCASE’ 2025

*Come and join us for an evening of Acting,, Dance, Music, Carols and*

*Festive Cheer:*

*Tickets - Card Payments Only*

*A £5 C £3*

**December 18**

**Doors Open 16:30**

**Show Starts 17:00**

REFRESHMENTS INCLUDED



# Growing Aspirations Sports Updates

A massive well done to our KS5 basketball team, who started their league campaign in style with a 58–33 victory over Stoke Park School this week. It was a strong team performance with excellent energy and teamwork throughout congratulations to everyone involved!

A massive well done to our KS3 basketball team, who claimed an impressive 30–11 victory over Bablake yesterday in their first league game of the season. The team worked brilliantly together from start to finish, showing great skill, energy, and determination. A huge congratulations to everyone who participated.

A well-done to our KS4 football team, who put in a strong performance in their Coventry Telegraph Cup fixture against Bilton. Despite a narrow 3–2 defeat, the team played brilliantly, showing great character, determination, and teamwork throughout. It was a tightly contested match that truly could have gone either way. The players should be proud of their efforts.

A huge well done to our Year 8 boys and girls who represented the school in an athletics competition against schools from across Coventry. Both teams showed fantastic effort, teamwork, and determination throughout the event.

Although the Year 8 girls narrowly missed out on qualifying for the county finals, they performed brilliantly and should be extremely proud of their achievements.

A massive congratulations to the Year 8 boys, who qualified for the county finals and will now look to defend their county championship title, having been crowned winners last year. An outstanding achievement—well done to everyone involved!

A big well done to the Y9 Netball team who played against both Foxford and President Kennedy on Thursday. Although the girls narrowly missed out on winning both fixtures, they showed some great teamwork and performed extremely well. Thank you to the Y8 girls that stepped up last minute to play and to the girls who played their first netball game representing Meadow Park. MVP – Isla and Ozara. We look forward to seeing them play again next Tuesday.

**Mr Kandola**  
**Curriculum Leader for PE**

	Break	Lunch	After School
<b>Monday</b>	Basketball - <b>Sports Hall</b> MP Theatre Company - <b>G18</b> 	Chillout Monday - <b>Library</b> Chess Club - <b>Library</b>  KS 3 Girls Basketball 	KS 3 Basketball – <b>Sports Hall</b> Dungeons & Dragons - <b>Library</b>  Clay Club - <b>T03</b> Drop in Free and Easy – <b>Library</b> Netball Week 2 – <b>Courts</b>
<b>Tuesday</b>	Basketball - <b>Sports Hall</b> MP Theatre Company - <b>G18</b> 	Rowdy Tuesday - <b>Library</b> STEM Club – <b>S06</b> Computer Suites open - <b>F15</b>  	Public Speaking - <b>Library</b> Drop in Free and Easy - <b>Library</b> KS 3 Football – <b>Field</b>  KS4 Badminton / Table Tennis – <b>Sports Hall</b> All Girls Football – <b>Field</b>  HWK Club – <b>The Orchard</b> KS4 'revision' / 'exam skill' club – <b>The Orchard</b> Volleyball – <b>Small Gym</b>
<b>Wednesday</b>	Basketball - <b>Sports Hall</b>	Geeky Wednesday - <b>Library</b> Computer Suites open - <b>F15</b>	KS4 'revision' / 'exam skill' club – <b>The Orchard</b>
<b>Thursday</b>	Basketball - <b>Sports Hall</b> 	Sporty Thursday <b>Library</b> Debate Club – <b>G04</b> Science Club – <b>S04</b> 	KS3 Badminton / Table Tennis – <b>Sports Hall</b> Games Club - <b>Library</b> Robotics Club <b>F18</b> Industrial Cadets – <b>S03</b> KS4 Football – <b>Field</b> STEM Club – <b>S06</b> Hwk Club – <b>The Orchard</b>  KS3 Rugby – <b>Field</b> Cooking Club
<b>Friday</b>	Basketball - <b>Sports Hall</b>	Creative Friday - <b>Library</b> Crochet Club - <b>G12</b> 	KS4 / 5 Basketball - <b>Sports Hall</b> Further Maths GCSE - <b>F03</b> 



MEADOW PARK SCHOOL

## Join the Duke of Edinburgh at Meadow Park school.

<b>Bronze (Year 9+)</b>	<b>Volunteering</b> <b>3</b> months	<b>Physical</b> <b>3</b> months	<b>Skills</b> <b>3</b> months	<b>Expedition</b> <b>2 days</b> <b>1 night</b>
	Plus a further 3 months in either the Volunteering, Physical or Skills section			
<b>Silver (Year 10+)</b>	<b>Volunteering</b> <b>6</b> months	<b>Physical</b> <b>6 or 3</b> months	<b>Skills</b> <b>6 or 3</b> months	<b>Expedition</b> <b>3 days</b> <b>2 nights</b>
	Physical and Skills sections: one section for 6 months and the other section for 3 months. If you didn't do Bronze, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.			
<b>Gold (age 16+)</b>	<b>Volunteering</b> <b>12</b> months	<b>Physical</b> <b>12 or 6</b> months	<b>Skills</b> <b>12 or 6</b> months	<b>Expedition</b> <b>4 days</b> <b>3 nights</b>
	Physical and Skills sections: one section for 12 months and the other section for 6 months. If you didn't do Silver, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.			
				<b>Residential</b> <b>5 days</b> <b>4 nights</b>

### FIVE BENEFITS OF DOING YOUR DoFE PROGRAMME



#### SENSE OF IDENTITY

The DoFE bring a sense of identity as you start to explore your likes and dislikes through the different sections.



#### GIVING BACK TO THE COMMUNITY

It is a chance to give back to your own community or those in need.



#### TEAMWORKING SKILLS

It builds your communication skills and strengthens your ability to lead others as well as to work in a team. This is highly sorted by employers and schools alike.



#### TIME MANAGEMENT

It teaches you how to manage your time and use it efficiently as you are required to balance the different sections.



#### ACADEMIC BOOST

A DoFE Award is a great way to demonstrate and evidence your 'soft skills' in practice and this is highly valued by universities.



DoFE Website



If you are interested and would like more information please speak to: Mrs Cresswell and Mrs Webb.



# Are Your Contact Details Up-To-Date?

Moved House?  
Changed Phone Number?

contact school via  
[admin@meadowparkschool.com](mailto:admin@meadowparkschool.com)  
to update them today.



## REMINDERS



**EVERY**  
**SCHOOL DAY**  
**COUNTS**

# Uniform



## School shoes guidance

Plain black with no logos  
No high heels, 'sliders', boots, sling back or open-toed shoes  
Black leather or leather effect

**TRAINERS AND CANVAS SHOES (VANS/CONVERSE) ARE NOT ACCEPTABLE**



## School Term Dates 2025/26

### Autumn Term 2025

Teacher Training Day	Monday 1 September
Term Starts (Students Return)	Tuesday 2 September
Teacher Training Day	Friday 24 October
Half Term	Saturday 25 October to Sunday 2 November
Teacher Training Day	Friday 21 November
Last Day of Term	Friday 19 December
Christmas Holiday	Saturday 20 December to Sunday 4 January

### Spring Term 2026

Teacher Training Days	Monday 5 and Tuesday 6 January
Term Starts	Wednesday 7 January
Half Term	Saturday 14 February to Sunday 23 February
Last Day of Term	Friday 27 March
Easter Holiday	Saturday 28 March to Sunday 12 April

### Summer Term 2026

Term Starts	Monday 13 April
May Day Bank Holiday	Monday 4 May
Half Term	Saturday 23 May to Sunday 31 May
Last Day of Term	Friday 17 July

## Staying Safe Over Christmas

Whether it is the festivities of Christmas you are looking forward to or just the extended time you are able to spend at home with the family – we want you and your family to enjoy this time together, so have put together some information for you to read through and consider.

### Getting Support from School:



If you have concerns about your child - please remember we are here to help. Our website has information on Supporting Families through Early Help, where to find your local family hub and how to get in contact with your child(s) Deputy Head of

House for Advice and guidance.

Please visit: <https://meadowparkschool.com/for-parents/safeguarding/>

#### RESOURCES FOR FAMILIES:

- [Food Bank Information](#)
- [List of Coventry Social Supermarkets](#)
- [Cost of Living Advice](#)
- [List of Contacts for Support Services](#)
- [Coventry Family Hubs List](#)

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Looking for some parenting advice or tips?







Is your child a young carer? – have you taken a look at signing them up or seeing what the Carers Trust can offer?

- **ACTIVITIES**
- **PEER SUPPORT**
- **TRIPS**
- **OPPORTUNITIES**

Visit:

<https://www.carerstrusthfe.org.uk/young-carers/activities/>

<https://www.carerstrusthfe.org.uk/newsletters-and-podcasts/>

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**Key contacts for over the Christmas break:**

Have an emergency safeguarding concern? –

Coventry Multi- Agency Safeguarding Hub (MASH)

Telephone: [024 7678 8555](tel:02476788555) Email: [mash@coventry.gov.uk](mailto:mash@coventry.gov.uk)

Want to share a concern with school? – email: [MP-Safeguarding@meadowparkschool.com](mailto:MP-Safeguarding@meadowparkschool.com)

**Stay Safe and have a great Christmas!**

**Paul Rule**  
**Child Protection Officer**



# MEADOW PARK SCHOOL

THRIVING TOGETHER