



PHYSICAL EDUCATION LEARNING JOURNEY



Continue your lifelong love of learning and personal development.



Future: Go to university to enhance your sport studies and get a degree.



Future: Start a degree level sports apprenticeship.



Aspirations: Confirm and accept your future pathways offer.



Attainment: Sit your final exams.

UCAS

Apply for University through UCAS or alternative post 18 courses.



Attainment: Revise and sit examinations.

YEAR 13

Enrichment: Represent MPS in a range of different sport e.g basketball.

Attainment: Complete your coursework units.

Work: Secure a part time job or work experience.

Attainment: Start your L3 BTEC Sport Course.

YEAR 12

Attainment: Finish the rest of your coursework units.

Aspirations: Write a CV and personal statement

YEAR 11

Aspirations: Consider summer internship and voluntary work in the sports industry to enhance your learning.

Options: Choose you health and lifestyle pathway.

Aspirations: Apply for MP Sixth Form – BTEC Sport.

Implement: Solidify technical and tactical awareness in a variety of different sports.

Component 3: Developing fitness to improve other participants performance in sports and physical activity. Sit your final exam.



Athletics: Master your track and field discipline



Component 2: Taking part and improving other participants sporting performance.



Aspirations: Discuss your careers ambitions with your teachers

Enrichment: Take part in a KS4 inter-school tournament.

Exploring: Explore emerging sports such as, Ultimate Frisbee.



Invasion Sports: Develop tactical awareness and apply this into competitive games.

Attainment: Start your BTEC Tech in sport course



YEAR 10

Community: Last KS3 sports day



Athletics: Develop specific techniques to improve your performance.



Enrichment: Sign up for the Silver Duke of Edinburgh award

Table Tennis: Apply spin onto your serves and shots.

Net Sports: Apply tactics and develop your technique to outwit opponents

Football: Alan Higgs, Use the best facilities

Aspirations: Discuss your careers ambitions with your teachers



Basketball: Implement fast breaks and lay ups.

Netball: Use a range of tactics to outwit opponents.



Leadership: Become a Meadow Park Sports Leader. Support in school and out of school events.

Fitness: Implement your own training programme.

Gymnastics and Dance: Create your own dance routine.



Cricket: Apply spin to your bowling where necessary.

YEAR 9

Cricket: Develop your bowling technique.

Volleyball: Use a range of different shots to outwit opponents

Athletics: Develop your technique in running, jumping and throwing events.



Football: Develop different techniques of a variety of passes.

Rugby: Learn and apply rucking in game situations.

Badminton: Perform a range of shots to outwit your opponents and move them around the court, tactically.

Enrichment: Represent MP at the MAT games.

Gymnastics and Dance: Develop rhythm and artistic skills with a range of different dance styles.

Table Tennis: Use correct technique when returning shots.



Athletics: Record your scores for running, jumping and throwing events.

Football: Use a range of tactics to outwit opponents.



Basketball: Practice a wide range of shots including: lay up and jump shot.

Enrichment: Attend professional sports fixtures on offer.

Cricket: Control your forward drive and perform the long barrier in the field on our school cricket strip.



Rounders: Implement the correct batting technique.



OAA: Receive your bronze award for OAA.



Handball: Develop your shooting from outside the D.

Netball: Develop your netball skills and use them to outwit opponents.

YEAR 8

Community: Take part in your first sports day and represent your house.



Athletics: Get your high score on the Meadow Park School Wall of Fame.

Competition: Compete in indoor and outdoor athletics – with the chance to represent Warwickshire county.

Competition: Compete in values dodgeball against other schools.

Leadership: Lead a warm up and officiate during a lessons.

Achievement: Win your first house competition.

Health Related Fitness: Introduction to the components of skill and physical fitness.

Handball: Learn the key concepts of dribbling in handball.

Enrichment: Represent MP at the MAT games.

Volleyball: Learn a wide range of shots to find space on the court.



Football: Dribble past defenders using the correct technique.

Rugby: Develop rugby skills and apply them into game situations.



Dance and Gymnastics: Learn different motifs and how to perform them in time to music.



Enrichment: Attend basketball club during breaktime and lunch time.

Enrichment: Attend your Extra-curricular Clubs (bring your friends along).

YEAR 7

Fitness: Introduction to fitness and understanding how to measure your HR.

Welcome TO

