

Newsletter



MEADOW PARK
SCHOOL

Message from the Headteacher

You may have seen Meadow Park featured on television this week following the BBC filming that took place in school last Friday. We were delighted to feature on national, and indeed international, news as part of a celebration of the successes being achieved across our school community. The article focused on two key aspects of our work: our commitment to developing a culture of reading for pleasure and the impact of our mobile phone ban, which was introduced two years ago. It was wonderful to see the achievements of our students and staff recognised on such a significant platform.

Our mobile phone policy remains a simple one: 'not seen, not heard, not used'. Since introducing the ban, we have seen a very positive impact across the school. Students are more focused in lessons, there are fewer distractions during the school day, and young people are engaging more positively with one another. Breaktimes and lunchtimes are filled with conversation, games and social interaction, helping to strengthen friendships and build a stronger sense of community. Alongside this, our drive to promote reading has delivered tremendous benefits. Students spoke confidently about how reading has helped them expand their vocabulary, develop their

thinking and creativity, strengthen their memory skills and increase their confidence when reading aloud in lessons.

The timing of this positive media coverage was particularly special, as I was able to share the footage with prospective families at our Open Evening last night. I would like to extend a sincere thank you to the more than 70 students who volunteered to support the event. Some acted as guides, showing families around the school, others supported curriculum areas, and several even joined me in speaking during the Headteacher's presentation. Their enthusiasm, confidence and pride in Meadow Park shone through throughout the evening. It is always inspiring to see students championing their school and celebrating the successes of their peers. We have so much to be proud of at Meadow Park, and I am confident that this is going to be another fantastic year for our school community.

Wishing you a lovely weekend.

Mrs Bernadette Pettman
Headteacher

Nurturing Excellence, Growing Aspiration, Thriving Together



FINHAM PARK
MULTI ACADEMY TRUST

Issue: 11th September 2026



NURTURING EXCELLENCE

ATTENDANCE AWARDS



BEST ATTENDANCE TUTOR GROUP		ELITE ATTENDANCE	BEST ATTENDANCE BY YEAR GROUP	
Orbis 2: 97.0%		ORBIS 140	Year 7: 98%	
Stellae 12B: 96.5%		FULMEN 137	Year 12: 95%	
		SOL 132		
Stellae 12A: 95.9%		LUNAR 123	Year 10, 11, 13: 91%	

**MEADOW PARK SCHOOL**

REPORTING ILLNESS



Notify the school by 8:40am on the first day of absence and on each subsequent day. Please provide a reason for the absence.



We follow NHS guidance when authorising illness-related absences.



For advice, visit: nhs.uk/is-my-child-too-ill-for-school



Medical evidence may be required for long-term absences.



Home visits may be carried out as part of the school's safeguarding responsibility.



Work together. Keep in touch.
Every day counts.

If your child is unwell and unable to attend school, please notify Meadow Park School by 8:40am on the first day of absence and on each subsequent day, providing a reason for the absence.

Report via MCAS. For information on signing up please visit - [MyChildAtSchool - Meadow Park School](#)

Or by calling 02476 302580 and pressing option 1.



Reminder for upcoming calendar dates:

- Fri 17th September: Year 7 Talk the Talk Workshop
- Thu 24th September: Year 7 Progress Evening 4-6pm
- Thu 22nd October: Awards Evening 5-7pm
- Fri 23rd October: Last day of term

MEADOW PARK SCHOOL FEATURES ON BBC NATIONAL NEWS!

UK pupils rank highly again in international reading, maths and science tests



ANN GANNON / BBC

Branwen Jeffreys >
Education Editor



Following on from filming on Friday - We're incredibly proud to see Meadow Park School highlighted by BBC News for the work we're doing to develop a positive culture of reading across our school.

From weekly tutor-led book club discussions to investing in a wider and more diverse range of books in our library, we want reading to be something our students enjoy, talk about and feel confident doing.

Year 10 student Ampaabeng shared that the sessions have had a "really positive impact" on his reading, while Headteacher Mrs Pettman explained how reading together has helped us "break down that fear of reading" — something our students have absolutely embraced.

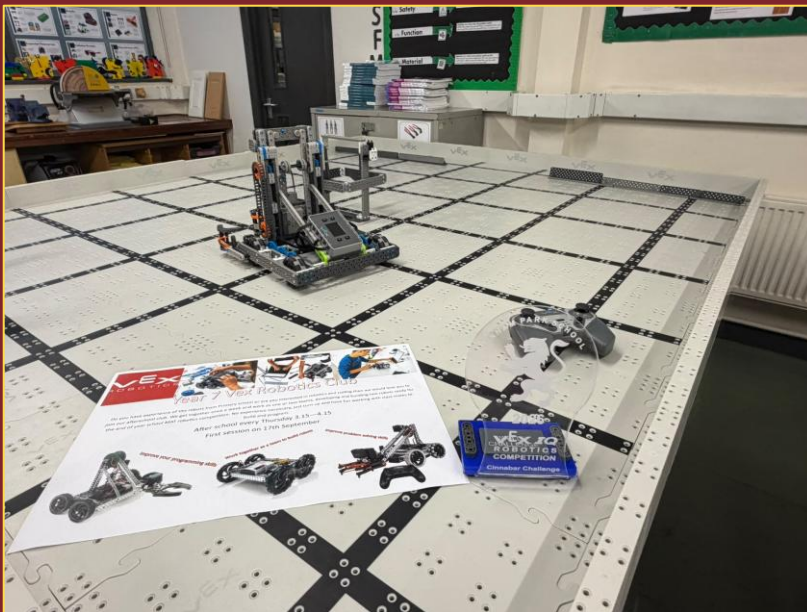
Our phone-free approach also plays an important part in reducing distractions and creating more opportunities for students to pick up a book and read for pleasure. A fantastic recognition of our students, staff and the culture we're continuing to build at Meadow Park.

Did you miss our feature on the News? You can read the full article below or head over to our social media pages to check out the video!



[England up in reading, maths and science rankings as Scotland and Wales dip - BBC News](#)

MEADOW PARK SCHOOL OPEN EVENING 2026



GROWING ASPIRATIONS

SPORTS UPDATE

Break time Basketball club is now open everyday in the SPORTS HALL.

Friday break time will be girls only in all year groups.

You must have trainers to come in!

Please make sure you line up along the wall next to the sports hall.

We will allow 30 people in so remember it is on a first come first serve basis!

No food or drink allowed.

After school clubs will run from 3:15pm-4:15pm.

You do not need to sign up for these clubs, you need to arrive at the PE shutter to take part.

You will need to bring your black school PE kit to take part in these sessions.

Please try and take part in as many clubs as possible.

We will be handing out stamps to students who are taking part in clubs, and they will also be rewarded for their attendance effort.

Lunch time clubs in the Sports Hall.

Monday lunch time – Girls Basketball – all year groups

Wednesday lunch time – Girls football – all year groups

Make sure you have your trainers to take part!



Extra Curricular Timetable – Autumn Term



Monday	KS3 and KS4 Basketball – Sports Hall Mr Kandola	Y7 and Y8 Rugby – Field Miss Taylor
Tuesday	KS3 Football – Field Mr Sneddon	KS3 and KS4 Netball – Courts Miss Taylor
Wednesday	Staff Training – No Clubs	
Thursday	KS4 Football - Field Mr Kandola	Badminton + Table Tennis – Sports Hall Mr Sneddon
Friday	KS4 and KS5 Basketball – Sports Hall Mr <u>Mavrodin</u>	



What Parents and Educators need to know about Worry and Anxiety (+PDF)

We hope that our children have had a great start back with us at Meadow Park School this term! Another big welcome to our new year 7's joining us.

Changes in subjects, classes and friendships can sometimes lead to students worrying and wondering how they can feel better or speak about these worries. This can sometimes go beyond feeling uneasy about the future and become full-blown anxiety-affecting their mental, emotional and even physical wellbeing. We know thanks to an NHS statistic that this can affect up to 16% (1 in 6) of young people and that it is important they know how to not only manage these feelings, but when to seek further support.

At Meadow Park we have pastoral staff and tutors who are willing to listen to our students if they have worries or concerns. We can offer them some advice and guidance as well as help them gain further support if needed – so along with discussing the attached guide, please remind your child that we are here to help and encourage them to speak to their Deputy Head of House or a member of the Safeguarding team.

Not *quite* ready to talk? - [Kooth.com](https://www.kooth.com) is a useful place for young people to talk about their feelings and share some of their concerns or worries anonymously – *why not have a look with your child together this weekend!*



Kooth is a digital mental health service – the UK's largest! Partnered with NHS and Coventry's Local Authority – It aims to deliver mental health support for young people 10yrs+. Check it out today – it might just make you feel better!

Manage emotions



Make your own coping box

Try activity →

Manage emotions



Create a 'good mood' playlist

Try activity →

Helpful habits



Practice being present

Try activity →

Workshops and Programmes for Parents September to December 2026

Book Now



Coventry Family Hubs

Do you or a family member have a worry or a concern and not know where to look for advice?



www.coventryfamilies.co.uk have launched their new online portal where parents and carers can find advice on Health, Behaviour, Education, SEND and much more.

From toddlers to teens advice and support can be found as well as contact details for referrals and telephone numbers all in one place!
Please take some time to take a look at what they have to offer and explore their website or *prefer an App – they have that too!*

Alternatively, you could contact your Deputy Head of House at Meadow Park School to talk your concerns through or visit your local family hub and find your closet one here: <https://www.coventry.gov.uk/familyhubs>

Getting Support From School:

If you have concerns about your child - please remember we are here to help. Our website has information on Supporting Families through Early Help, where to find your local family hub and how to get in contact with your child(s) House Leader for Advice and guidance.

Please visit: <https://meadowparkschool.com/for-parents/safeguarding/>



RESOURCES FOR FAMILIES:

- [Food Bank Information](#)
- [List of Coventry Social Supermarkets](#)
- [Cost of Living Advice](#)
- [List of Contacts for Support Services](#)
- [Coventry Family Hubs List](#)

What Parents & Educators Need to Know about WORRY AND ANXIETY

Worry and anxiety are common emotions experienced by children, often triggered by uncertainty or fear. While worry involves concern about future events, anxiety is a persistent feeling of dread or apprehension. Current statistics indicate a rising prevalence of anxiety disorders among children, and this guide has some expert advice on understanding and addressing these concerns.

UNDERSTANDING WORRY AND ANXIETY

Worry and anxiety are emotional responses to stress or uncertainty. Worry is typically associated with potential concerns, often characterised by feelings of fear, apprehension or stress. Worry can manifest physically through symptoms such as stomach aches, headaches or muscle tension. Understanding the distinction between worry and anxiety is crucial for effectively addressing these concerns in children.

DIFFERENTIATING WORRY FROM ANXIETY

While worry and anxiety share similarities – in that they both involve concerns about possible trouble – anxiety tends to be more persistent and intense. Worry tends to come and go depending on circumstances, whereas anxiety can linger regardless of the situation or situation or situation. Addressing these concerns early can help prevent long-term emotional distress and promote healthy coping strategies.

WHAT ARE THE RISKS?

Untreated worry and anxiety in childhood can have potentially lifelong impacts on a person's mental health and wellbeing. Chronic anxiety may increase the risk of developing anxiety disorders, depression, or other mental health issues later in life. Additionally, untreated worry and anxiety can negatively impact a child's academic performance, social skills, and overall quality of life. Addressing these concerns early and with appropriate support and interventions.

THE EMOTIONAL TOLL

The emotional toll of worry and anxiety on children can be significant, affecting their overall quality of life and wellbeing. Children experiencing chronic worry or anxiety may find it difficult to concentrate, leading to lower academic achievement. They may also experience social withdrawal, leading to feelings of isolation or loneliness. Addressing these concerns early can help prevent long-term emotional distress and promote healthy coping strategies.

THE IMPACT ON CHILDREN

Chronic worry and anxiety can have profound effects on a child's mental and emotional health. It may interfere with their ability to concentrate, sleep or participate in daily activities. Chronic worry and anxiety can also lead to physical symptoms such as headaches, stomach aches or difficulty breathing. Left unchecked, these concerns can significantly contribute to the development of anxiety disorders later in life.

ACADEMIC & SOCIAL IMPACTS

Impacts on a child's academic performance and social interactions can be significant. Children experiencing chronic worry or anxiety may find it difficult to concentrate, leading to lower academic achievement. They may also experience social withdrawal, leading to feelings of isolation or loneliness. Addressing these concerns early can help prevent long-term emotional distress and promote healthy coping strategies.

ENCOURAGE OPEN COMMUNICATION

Parents and educators can foster a supportive environment by encouraging children to express their feelings and concerns. Listening actively and showing empathy can help them feel understood and supported. Encourage them to talk about their feelings and concerns in a safe and non-judgmental way. Encourage them to talk about their feelings and concerns in a safe and non-judgmental way.

CREATE A SUPPORTIVE ENVIRONMENT

Parents and educators play a crucial role in creating a supportive environment that promotes emotional wellbeing. Establishing routines, providing predictability and offering reassurance can help reduce anxiety and create a sense of security for children. Foster a culture of empathy and understanding, where children feel safe enough to express their emotions and seek support when needed.

TEACH COPING STRATEGIES

Empowering children with effective coping strategies is essential for managing worry and anxiety. Encourage the use of relaxation techniques such as deep breathing, mindfulness or progressive muscle relaxation to calm anxious thoughts and promote a sense of control. Additionally, teaching positive self-talk and problem-solving skills can help children develop resilience and confidence in managing challenging situations.

SEEK PROFESSIONAL HELP

Recognising when to seek professional help is vital for addressing significant or persistent worry and anxiety in children. If worry or anxiety significantly impacts a child's daily functioning, interferes with their academic or social performance, or causes significant distress, it may be necessary to seek out a mental health professional. Early intervention can provide children with necessary support and promote positive outcomes for their psychological wellbeing.

Workshops and Programmes for Parents

September to December 2026

Programmes

Keeping The Child in Mind Programme - Promoting healthy parenting relationships

Venue	Date	Time
Park Edge Family Hub	Tues 8 Sep - 29 Sept	9.15 - 11.15am
Park Edge Family Hub	Tues 8 Sep - 29 Sept	12.30 - 2.30pm
Pathways Family Hub	Thurs 5 Nov - 26 Nov	9.15 - 11.15am
Pathways Family Hub	Thurs 5 Nov - 26 Nov	12.30 - 2.30pm

Welcome to the World Antenatal Programme

Venue	Date	Time
Pathways Family Hub	Mon 7 Sept - 28 Sept	5 - 7pm

Baby Five to Thrive (babies 6 weeks - 10 months)

Venue	Date	Time
City of Coventry Health Centre	Thurs 27 Aug - 24 Sept	10 - 11am
Park Edge Family Hub	Weds 4 Nov - 2 Dec	2 - 3pm

The Nurture Programme (10 weeks)

Venue	Date	Time
Christ The King School	Thurs 24 Sept - 3 Dec	9.15 - 11.15am

The Nurture Programme (8 weeks) (S.E.N.D Programme)

Venue	Date	Time
Sherbourne Fields School	Tues 15 Sept - 10 Nov	12.30 - 2.30pm
Joseph Cash Primary School	Weds 23 Sept - 18 Nov	1 - 3pm

Living With Confidence - For Women

Venue	Date	Time
Woodside Family Hub	Fri 2 Oct - 27 Nov	9.30 - 11.30am

The Parenting Puzzle Programme (parents of 0-5s only)

Venue	Date	Time
Families For All Family Hub	Mon 28 Sept - 19 Oct	9.15 - 11.15am

The Parenting Puzzle Programme (parents of 0-5s only)

Venue	Date	Time
Virtual	Tues 17 Nov - 8 Dec	5.30 - 7.30pm

Workshops

Understanding Children's Behaviour Workshop

Venue	Date	Time
Radford Primary School	Thurs 15 Oct	9 - 11am
Aldermoor Farm Primary School	Tues 6 Oct	9.15 - 11.15am
Virtual	Tues 15 Dec	5.30 - 7.30pm

Sleep Workshop

Venue	Date	Time
Virtual	Thurs 3 Dec	5.30 - 7pm
Virtual	Wed 9 Sept	5.30 - 7pm

Talking Teens Workshop

Venue	Date	Time
Virtual	Weds 7 Oct	5.15 - 7.15pm
Virtual	Weds 23 Nov	5.30 - 7.30pm

Booking details

To book onto any programme or workshop please visit www.coventryfamilies.co.uk/parenting-support and click on the booking tab.

Questions and queries: familyrelationships@coventry.gov.uk or Tel: 024 7678 6949

Coventry Families Portal coventryfamilies.co.uk

Coventry City Council

Dimensions tool

Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

MHST **Mental Health in Schools Team** **Tips For Wellness**

Gratitude

Gratitude is the act of looking for things that make us feel happy and being thankful for them. For example, saying "thank you" to someone who did an act of kindness such as holding a door open for you, or telling your friend that you're happy they make you laugh and tell you funny jokes.

We can also be thankful to ourselves. We all have different skills and talents which bring us joy. What is yours? It might be skateboarding, cooking, sport or dancing. Whatever your skill or talent is, be thankful for it!

"Joy is the simplest form of gratitude." – Karl Barth

Notice the good in your life - practise gratitude

Look around, can you see something that makes you feel happy? For example, your best friend's smiling face. **Listen**, can you hear something that makes you feel happy? For example, music that makes you want to dance.

Being thankful for the good things in your life can improve your wellbeing and reduce feelings of frustration. It gives you the chance to reflect on the good things you have accomplished and have a more positive mindset.

Each day this week, try and notice three people/places/things that you are thankful for. Write these down on your phone or a notepad to be able to look back on and appreciate the positive aspects of your week.

Express gratitude

Show your appreciation to someone who did something nice. Say: "It was really kind of you to...", "It really helped me out when you..."

Tell the people in your life how you feel and what they mean to you. This can be as simple as "Mum, good dinner. Thanks!"

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.

MEADOW PARK SCHOOL

Health & Wellbeing

Sleep

Sleep plays a vital role in teenagers' physical health, emotional wellbeing and learning. Getting enough good-quality sleep can improve concentration, memory, mood and energy levels, while also helping the body grow and recover.

In School...

As a school, we support healthy sleep habits by promoting a positive culture around wellbeing and encouraging students to be punctual, helping them to develop consistent routines. We aim to minimise unnecessary pressure and help students understand the importance of rest, balance and healthy sleep habits.

We also offer a sleep intervention programme, which supports students to understand the factors that can affect their sleep and provides practical strategies to help them make positive changes to their sleep routine and overall wellbeing.

By Yourself...

Aim for a regular bedtime and wake-up time, reduce screen use before bed, keep your bedroom comfortable and relaxing, and avoid caffeine late in the day.

For more information visit thesleepcharity.org.uk

If you would like to know any community event/ service please let us know

MP-Wellbeing@meadowparkschool.com

Comunnity/ Events-

Upcoming events for all ages can be found at -

<https://www.coventryrocks.co.uk/>

To see the range of support available in the city for Health and Wellbeing the Coventry Information Directory is a great place to start.

<https://cid.coventry.gov.uk/kb5/coventry/directory/family.page?familychannel=0>

Access Support-

QR Code

Life at Meadow Park School

CALLING ALL YEAR 12 SCIENTISTS!



Become a KS5 Science Ambassador!

Are you passionate about Science?

As a KS5 Science Ambassador, you will:

- Support KS3 & KS4 students' trips and events
- Represent the science department at open evenings
- Help run Science Club (Thursday Lunchtime)
- Run half termly science quizzes for KS3 & KS4 pupils to earn house points
- Develop leadership and communication skills
- Create posters promoting science around school
- Update KS3 and 4 homework leader board
- Update KS3 and 4 star of science board

BIOLOGY

CHEMISTRY

PHYSICS

BTEC
APPLIED
SCIENCE

PERFECT IF YOU STUDY



INTERESTED? Speak to Mrs Webb to apply!

LIBRARY CLUBS NEXT WEEK ...

	TACTICS
	5-SECOND RULE
	ONE PIECE FRIENDS & ENEMIES
	TTG: SPADES
	SIX-SECOND SCRIBBLES

AFTER SCHOOL IN THE LIBRARY

	MON
	THU
Dungeons & Dragons club	
Everyone welcome; no experience needed!	
GAMES CLUB	

COMING SOON TO THE LIBRARY



**FANTASY
PREMIER
LEAGUE**



Life at Meadow Park School



 LAKE SIDE DINER WEEK ONE September 2026					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STREET FOOD	Sausage, Mash & Yorkshire Pudding Mediterranean Vegetable Slice	Salt & Pepper Chicken Salad in a Baguette With Chilli Sauce Spinach & Ricotta Ravioli	Cheese, Tomato & Red Onion Quesadillas Hot & Spicy Vegetable Cous, Cous	Jerk Chicken Rice & Beans & Homemade Coleslaw Quorn Chilli Tacos With Cheese, Sour Cream & Salsa	Battered Cod Wedge of Lemon Vegetable Samosa With Sweet Chilli Sauce
POTATO OF THE DAY	Jacket Wedges	Chris Cut Potatoes	Fries	Herby Diced Potatoes	Fries
PASTA	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil
WORLD FOOD	Nachos, Cheese Sauce & Mexican Chicken	Battered Chicken Balls With Noodles & Curry Sauce	Nachos, Cheese Sauce & Mexican Chicken	Chicken Tikka Curry With Rice & Naan	Meatballs in a Tomato & Basil Sauce With Pasta
PIZZA TOPPINGS	Thin Crust Pizza	Deep Filled Pizza	Thin Crust Pizza	Deep Filled Pizza	Thin Crust Pizza
GRAB & GO	Chicken Burger	Hot Dogs	Southern Fried Chicken	Cheese Burger	Chicken Burger
DESSERTS	Muffins, Flapjacks & Cakes	Muffins, Flapjacks & Cakes	Muffins, Flapjacks & Cakes	Muffins, Flapjacks & Cakes	Muffins, Flapjacks & Cakes

 LAKE SIDE DINER WEEK TWO September 2026					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
STREET FOOD	Chicken Tikka Drumsticks With Corn on the Cob & Onion Rings Cheese & Potato Pie	Meatball Calzone in a Tomato & Basil Sauce Vegetable Lasagne with a Garlic Slice	Roasted Vegetables in a Filo Pastry Pie Vegetable Burger with Cheese & Salad	Chicken Chow Mein with Curry Sauce Homemade Vegetable Pizza	Battered Cod Wedge of Lemon Vegetable Spring Roll With Sweet Chilli Sauce
POTATO OF THE DAY	Jacket Wedges	Chris Cut Potatoes	Fries	Herby Diced Potatoes	Fries
PASTA	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil	Tomato & Basil
WORLD FOOD	Nachos, Cheese Sauce & Mexican Chicken	Battered Chicken Balls With Noodles & Curry Sauce	Nachos, Cheese Sauce & Mexican Chicken	Chicken Tikka Curry With Rice & Naan	Meatballs in a Tomato & Basil Sauce With Pasta
PIZZA TOPPINGS	Thin Crust Pizza	Deep Filled Pizza	Thin Crust Pizza	Deep Filled Pizza	Thin Crust Pizza
GRAB & GO	Chicken Burger	Hot Dogs	Southern Fried Chicken	Cheese Burger	Chicken Burger
DESSERTS	Muffins, Flapjacks & Cakes	Muffins, Flapjacks & Cakes	Muffins, Flapjacks & Cakes	Muffins, Flapjacks & Cakes	Muffins, Flapjacks & Cakes


YOUTH WITHOUT LIMITS


MEADOW PARK SCHOOL



JOIN DofE

Develop skills, discover new experiences, and achieve something amazing.



FIVE BENEFITS OF DOING YOUR DofE PROGRAMME

- SENSE OF IDENTITY**
The DofE helps you explore your likes and dislikes and build confidence through new experiences.
- GIVING BACK TO THE COMMUNITY**
It is a chance to give back to your community or those in need.
- TEAMWORKING SKILLS**
It builds your communication skills and strengthens your ability to lead and work with others in a team.
- TIME MANAGEMENT**
It teaches you how to manage your time and use it efficiently as you are required to balance the different sections.
- ACADEMIC BOOST**
A DofE Award is a great way to demonstrate and evidence your soft skills in practice and this is highly valued by universities.

THE DofE PROGRAMME LEVELS

BRONZE (Year 9+)	Volunteering 3 months	Physical 3 months	Skills 3 months	Expedition 2 days 1 night
Plus a further 3 months in either the Volunteering, Physical or Skills section.				
SILVER (Year 10+)	Volunteering 6 months	Physical 6 or 3 months	Skills 6 or 3 months	Expedition 3 days 2 nights
Physical and Skills sections: one section for 6 months and the other section for 3 months. If you didn't do Bronze, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.				
GOLD (age 16+)	Volunteering 12 months	Physical 12 or 6 months	Skills 12 or 6 months	Expedition 4 days 3 nights
Physical and Skills sections: one section for 12 months and the other section for 6 months. If you didn't do Silver, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.				

For more information please speak to **Miss Monteiro, Mr Abbas or Mr Ali.**
DofE WEBSITE



CHALLENGE YOURSELF. CHANGE YOUR FUTURE.

Don't Forget to apply for free school meals before September 2026

From September 2026, all children in England whose households receive Universal Credit will be entitled to Free School Meals, regardless of their overall household income.

ALL parents and carers must submit a new application, including those children who are currently receiving Free School Meals.

Visit: <https://www.coventry.gov.uk/benefits-1/free-school-meals/3> to complete the Council's online application form.

More information about the changes to FSM can be found on the Government website [GOV.UK](https://www.gov.uk)

If you have any questions or need help with applying online, please contact the school office, and they will be happy to help.



The infographic is titled 'FREE SCHOOL MEALS' in large, colorful letters. To the left of the text is a large blue fork icon. The background is light green with faint patterns of school-related items like books, a pencil, and a ruler. The infographic is divided into several sections with rounded corners and light blue backgrounds. The top right section is titled 'Your child may be able to get FREE school meals'. Below this, there's a section titled 'Do you receive any of the following?' with a list of four bullet points. To the right of this list is a yellow circle with a red and white striped pencil icon, titled 'Universal Offer'. Below the list is a section titled 'The benefits of free school meals' with a list of five bullet points. To the right of this is a section titled 'Everyone's a winner' with two paragraphs of text. At the bottom left are the Coventry City Council logo and the 'ONE COVENTRY' logo. At the bottom right is a section titled 'It's really easy to apply online at' with a link to the council's website. The bottom right section also contains a paragraph about taking advantage of free activities during school holidays.

FREE SCHOOL MEALS

Your child may be able to get FREE school meals

Do you receive any of the following?

- ▶ Any amount of Universal Credit
- ▶ Support under Part VI of the Immigration and Asylum Act 1999
- ▶ Income-related Employment and Support Allowance
- ▶ The guarantee element of Pension Credit

Universal Offer

Also, Universal Infant free school meals are available to ALL children in Reception, year 1 and year 2.

You can apply as soon as your child's school place has been confirmed.

The benefits of free school meals

- ▶ You could save more than £500 a year for each child
- ▶ It saves time making packed lunches
- ▶ Your child gets a healthy, tasty, cooked meal
- ▶ Children achieve more when they've had a cooked lunch
- ▶ Schools can get extra funding to help children in their education (pupil premium up to £1,550 a year for each child)

Everyone's a winner

Too many children in Coventry are living in food poverty, yet hundreds of children are still not receiving their entitlement to a free school meal. One in four children in Coventry are eligible for a free school meal. More are taking up their entitlement but there are so many more who could benefit.

Talk to your neighbours, friends and family to spread the word.

It's really easy to apply online at
www.coventry.gov.uk/benefits-1/free-school-meals/2

If your child qualifies for free school meals, you may be able to take advantage of free activities during the main school holidays with the Holiday Activities and Food Programme.

Coventry City Council

ONE COVENTRY

FOLLOW US ON SOCIAL MEDIA



STAY CONNECTED
KEEP UP TO DATE WITH THE LATEST
NEWS & UPDATES



Meadow Park School



@meadowparkschoolcoventry



MEADOW PARK
SCHOOL



MEADOW PARK SCHOOL

THRIVING TOGETHER