

Meadow Park Year 7 Plan 2026/27

Term 1: Health & Wellbeing	
What is PSHE	
Personal Hygiene	
Self- Esteem	
Tooth Decay	
Term 2: Life beyond School	
Careers and Your Future	
Transition Points and Your Life	
Uni Frog – programme	
Uni Frog	
Term 3: Staying Safe, Online & Offline	
Staying Safe Online & Offline; Online Gaming, Grooming and Addiction	
Cyberbullying	
Dangerous Society Online & Offline & Child Exploitation & Online Protection	
Term 4: Relationships and Sex Education	
Friends, Respect & Relationships - Consent and Boundaries	
Respect and Relationships	
What Makes a Good Friend	
Friendships & Online Relationships	
Term 5 & 6 Celebrating Diversity & Equality & British Values	
Multicultural Britain	
Breaking Down Stereotypes	
Learning Disabilities	
Prejudice and Discrimination	
Challenging Islamophobia	
Political debates and Parliament	
Uni Frog	