

Meadow Park Year 8 Plan 2026/27

	Term 1: Health & Wellbeing	
	Health and Wellbeing What is Mental Health? Positive Body Image Child Abuse	
	Term 2: Life Beyond School	
	Employability & Enterprise Skills & Proud to be me Careers and Aspirations & Self Esteem and the Media The Importance of Happiness & What Makes me happy Uni Frog – Exploring Careers <u>Term 3: Staying Safe, Online & Offline</u> County Lines - What is it County Lines - Who is at Risk Online Grooming	
	Term 4: Relationships and Education	
	Relationships and Sex Education Being Yourself & Self-Love Healthy Respectful Relationships What is Love	
	Term 5: Health & Wellbeing	
	Types of Bullying Healthy Eating and Cholesterol Stress Management	
	Term 6: Celebrating Diversity & Equality	
	Equality Act 2010 & Gender Equality Ableism & Disability Discrimination & Removing Barriers Equality for all Racism & Discrimination in Society Unifrog	