

Meadow Park Year 9 Plan 2026/27

	Term 1: Health & Wellbeing:	
	Body Confidence - How Self-Esteem Changes - Bullying in all its forms - Cancer Prevention and Healthy Lifestyles - Stress management	
	Term 2: Life Beyond School	
	- Assertiveness - Social media and stress - Uni Frog programme - Uni Frog	
	Term 3: Staying Safe, Online & Offline	
	Legal and Illegal Drugs - What is a Drug - Different Types of Addictions - Cannabis Products - Drugs Classifications	
	Term 4 & 5: Relationships and Sex Education	
	- Sexual Consent and the Law - FGM and the Law - Relationships and Partners - Domestic Abuse and Domestic Violence - Why have Sex - Delaying Sexual Activity - Sexual Harassment and Stalking	
	Term 6: Staying Safe, Online & Offline	
	Essential Life Skills - Assertiveness - Party Drugs & Illegal Drugs - The War on Drugs & Volatile Substance Abuse - Uni Frog	