Newsletter

MEADOW PARK SCHOOL

Message from the Headteacher

A Proud Week for Meadow Park

This week, we were delighted to share the outcome of our recent inspection and to celebrate the many strengths recognised across the school. Inspectors identified numerous aspects of Meadow Park as particular or significant strengths. Perhaps most importantly, they recognised the journey our school has been on, noting that "pupils, staff, parents and carers all speak positively about the improvements leaders have secured in recent years." This reflects the collective effort, determination and commitment of our whole school community.

We are especially proud of our students, who were praised throughout the report for their attitudes, behaviour and engagement with school life. Inspectors described Meadow Park as "a school where pupils find their place" and recognised that pupils feel "known, valued and included." They highlighted the calm and purposeful environment across the school, the positive relationships between pupils and staff, and the way our young people are growing in confidence, ambition and resilience. These comments are a testament to our students and the support they receive from families and staff alike.

The report also celebrates several areas that inspectors identified as particular strengths of the school. They found that "personal development is a significant strength of the school" and noted that "a particular strength of the school is the quality of its pastoral support." They also highlighted that "careers education is particularly strong", recognising the high-quality guidance and opportunities that help students raise their aspirations and prepare successfully for the future. In addition, inspectors praised our inclusive approach, stating that "The Orchard provision is a particular strength of the school's inclusive approach," reflecting the outstanding work undertaken to support pupils with additional needs while ensuring they remain fully connected to school life.

Looking ahead, we are excited to welcome prospective students and families to our Sixth Form Open Evening on Thursday 26 November from 4.00pm to 6.00pm. If you have friends or family with children currently in Year 11 who are considering their next steps, please encourage them to come along and discover all that Meadow Park Sixth Form has to offer.

Finally, thank you to everyone who supported our Remembrance Service on Wednesday, when the whole school came together to pay its respects and reflect on the sacrifices made by others. As always, thank you for your continued support. We are incredibly proud of our students, staff and wider community, and this report reflects what can be achieved when we work together.

Have a lovely weekend.

Mrs Bernadette Pettman
Headteacher

Nurturing Excellence, Growing Aspiration, Thriving Together



Meadow Park School reaches another milestone

A moment of pride for our whole school community as we celebrate our latest Ofsted report!

This is a fantastic opportunity to recognise the hard work, dedication and commitment to our wonderful students, staff and families who make Meadow Park the school it is today.

We are incredibly proud of how far we have come and excited for what lies ahead!



Ofsted
raising standards
improving lives

Meadow Park School

Address: Abbey Road, Whitley, Coventry, West Midlands, CV3 4BD

Unique reference number (URN): 148429

Inspection report: 29 September 2026

Exceptional	
Strong standard	●●●
Expected standard	●●●●
Needs attention	
Urgent improvement	

Safeguarding standards met

The safeguarding standards are met. This means that leaders and/or those responsible for governance and oversight fulfil their specific responsibilities and have established an open culture in which safeguarding is everyone's responsibility and concerns are actively identified, acted upon and managed. As a result, pupils are made safer and feel safe.

Together we are Meadow Park!

Together we are STRONG!

You can read our full OFSTED report on the Meadow Park School website, or click on the following link:

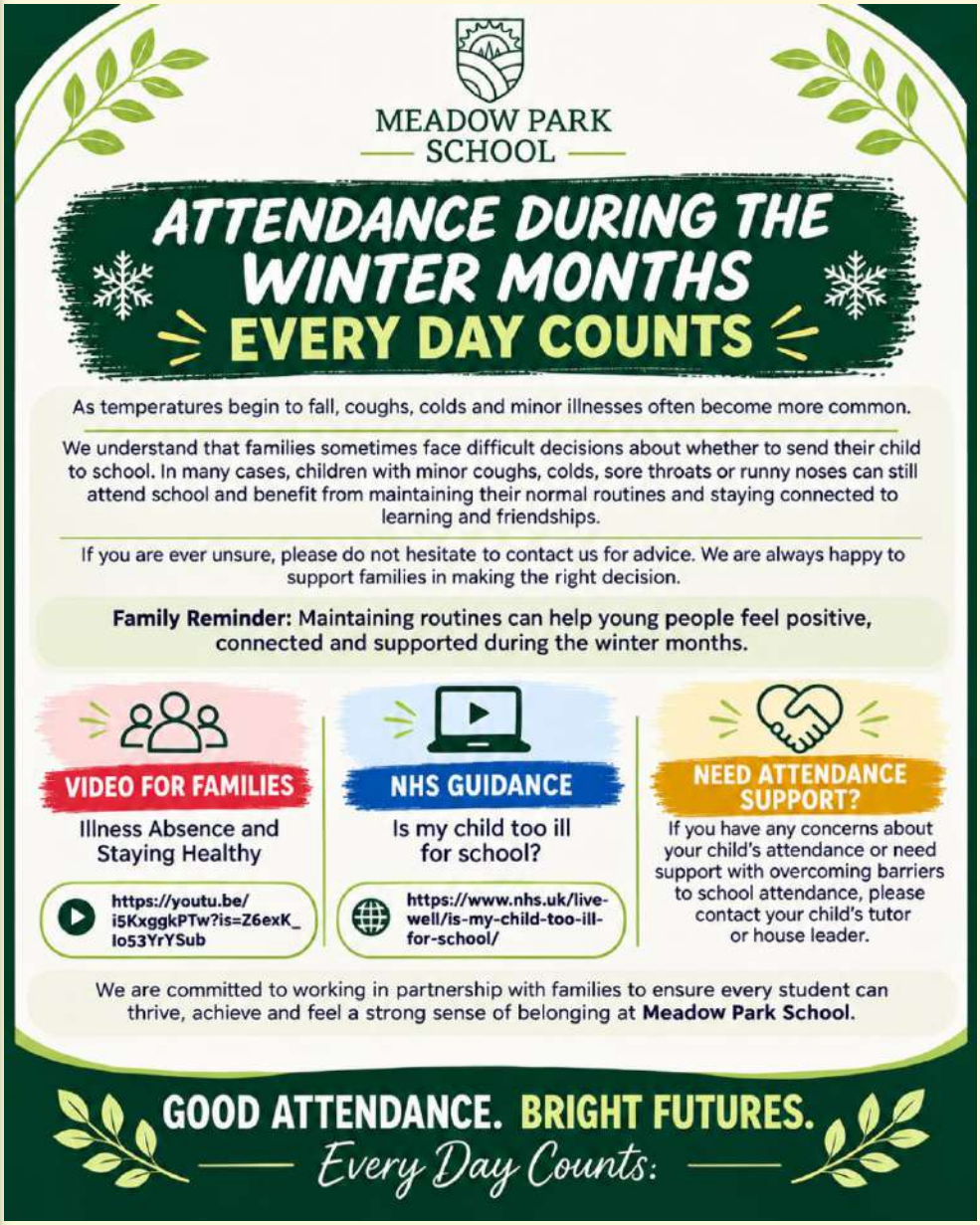
Inspection Report

NURTURING EXCELLENCE ATTENDANCE AWARDS

BEST ATTENDANCE BY TUTOR GROUP	
Sol 6:	97.3%
Orbis 6:	97%
Fulmen 3:	96.4%

ELITE ATTENDANCE
ORBIS 139
FULMEN 127
LUNAR 125
SOL 125

MOST IMPROVED TUTOR GROUP	
Lunar 1:	+6.4%
Orbis 6:	+5.7%
Sol 6:	+4.1%



Click the links below to view online

VIDEO FOR FAMILIES:
Illness Absence and Staying Healthy
https://youtu.be/_i5KxggkPTw?is=Z6exK_Io53YrYSub

NHS GUIDANCE:
https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/

• CLASS OF •
2027

YEAR 11 MOCK EXAMS

Mock exams are finally here for all Year 11 students. We are very proud of the work that students have put in so far and mock exams are invaluable to check on the progress that they are making, as well as to understand how and what extra needs to be done.

FIRST EXAMS START Monday 09TH NOVEMBER

ORDER OF EXAMS:

- FURTHER MATHS (Morning Exam)
- SPANISH (Morning Exam)
- GEOGRAPHY (Afternoon Exam)

KEY INFORMATION

- **All students have a copy of their mock exam timetable.**
- Students have also had an assembly on the rules, regulations and expectations for exams.
- **Please make sure that they arrive promptly in the morning so that they have time to register and get to the sports hall for the start of the exams at 9am.**
- Afternoon exams start at 1:15pm promptly and if the exam finishes after 3pm, then your child will be dismissed from school straight from the exam. If it's a shorter exam, they will return to afternoon lessons.



EXAM ESSENTIALS

All students require a clear plastic pencil case and a clear water bottle with any labels removed. Any other pencil cases or water bottles will not be allowed into the exam hall.



REVISION SUPPORT

You can find ways to support your child's revision and preparation on our website here https://meadowparkschool.com/key-information/exams/

CALENDAR DATES:

Monday 16th November:	Mock exams continue
Thursday 26th November:	6th Form Open Evening 4 – 6pm, Flu vaccinations
Friday 27th November:	INSET Day
Saturday 5th December:	Christmas Fayre
Thursday 10th December:	Year 8/12/13 Progress Evening 4 – 6pm
Friday 18th December:	End of term

REGISTRATION NOW OPEN. Scan the QR code below to complete the registration form.



MEADOW PARK
BUSINESS AND INNOVATION SIXTH FORM CENTRE

Why choose Meadow Park Sixth Form?

Diverse courses: Explore our range of A-Level, BTEC and T Level courses.

Academic success: Proud of our students' achievements and pathways to success.

Supportive community: Meet our dedicated staff and student ambassadors.

Excellent facilities: Tour our school and see our outstanding learning environment.

We nurture excellence, grow aspiration and thrive together.

OPEN EVENING

Date: Thursday 26th November
Time: 4:00pm – 6:00pm

Visit **meadowparkschool.com** for more information.

MEADOW PARK SCHOOL, ABBEY ROAD, COVENTRY, CV3 4BD

GROWING ASPIRATION
SPORTS UPDATE







Thursday 26 November 2026!!!

On Thursday 26th November, there will be a charity basketball shootout.

3 teams will compete!
A KS3 and KS4 combined team
A Sixth Form KS5 team
Meadow Park School teachers' team

Come and watch the event in the sports hall during lunchtime!

Bring some spare change to donate to the Movember charity which raises awareness for Men's mental health, Men's suicide prevention and prostate cancer.

GROWING ASPIRATION

WARWICK UNIVERSITY

On Wednesday 11th and Thursday 12th November, two Year 10 students – Ozara and Elozino were invited to take part in an interview process at Warwick University. They formed part of the student panel. This involved taking part in a series of Ice Breakers including 2 truths and a lie, would you rather and pointless. This allowed both girls to give feedback and helped the University to decide who to appointment to roles including pupil engagement.

We could be seeing the successful candidates soon.

The girls represented the school brilliantly.

We were also the only school to be involved in the interviews.

Ms Cresswell







Start your DofE journey now!!!

We are now taking sign ups for DofE! If you would like to sign up to this life changing experience please see Miss Monteiro or Mr Ali to recieve a sign up letter.

SAFEGUARDING

AI and the dangers of child abuse imagery

Did you know that AI is being used to turn ordinary photos of children into sexual abuse material?

Taking seemingly harmless photos and turning them into explicit images that can be used to coerce young people or even black mail them.

The National Crime Agency and Internet Watch Foundation have issued new guidance to help parents make informed choices about sharing images of their children online. It covers reviewing privacy settings, revisiting consent with your child as they grow, and what to do if you're worried.

Please think about what you are posting online of your children and how this could be used against them.

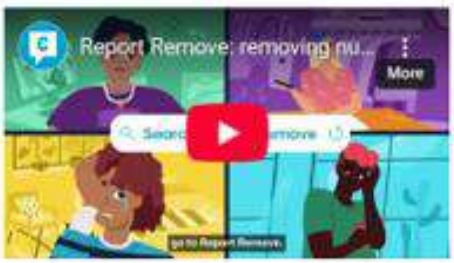
The parent's guidance can be found here:

https://www.iwf.org.uk/resources/ai-child-abuse-imagery-parent-guide/

REPORT REMOVE

Nude image of you online? We can help take it down.

Report Remove is here to help young people under 18 in the UK to confidentially report sexual images and videos of themselves and remove them from the internet.



For more information on how it works – search 'Report remove' on Google or YouTube

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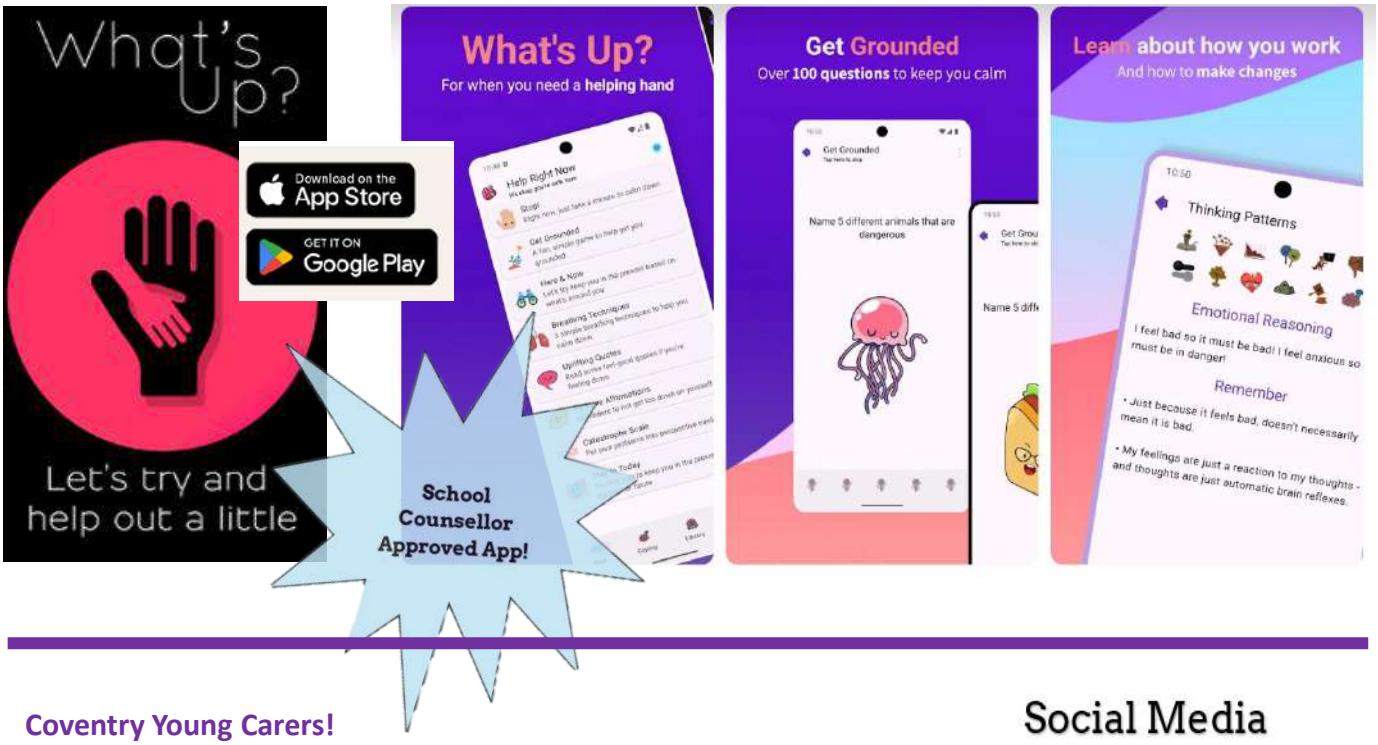
DID YOU KNOW... Parents can access a FREE online Safety course via the

NSPCC

Are Your Contact Details Up-To-Date?

Moved House?
Changed Phone Number?

contact school via
admin@meadowparkschool.com
to update them today.



Coventry Young Carers!

Open communication with school is one of the best ways to support your child – At Meadow Park we understand that sometimes other things can impact on our young people and wasn't to support them where we can – With this in mind we wanted to highlight the COVENTRY YOUNG CARERS. our Please take the time to look at the below Postcard from the service and consider reaching out to them, as well as us at school to let us know and see what we can do to support

Young Carers are people aged between 5 and 18 years old who have a responsibility for looking after or helping someone else to look after a person who has any of the following:

- **A disability**
- **A long term illness**
- **A mental health illness**
- **An addiction to drugs or alcohol**

The person you care for could be your mum, dad, brother, sister, grandparent or even a close friend. As a Young Carer you may help out with some of the following:

- **Shopping**
- **Cooking**
- **Cleaning**
- **Making sure the person you care for takes their medicine**
- **Listening to the person you care for**
- **Taking care of siblings**



Whether you need a chat, information, advice or want to get involved with our groups and activities, **we are here to help and support you!**

If you think you might be a young carer or just want to find out more about our work, please get in touch - **we look forward meeting you!**

SCAN ME

youngcarers@carerstrusthofe.org.uk

024 7663 2972

Social Media SPOTLIGHT



TikTok- An extremely popular social media platform designed to allow users to create, share and edit short videos using filers and special effects. Concerns with the site include data collection, privacy, exposure to inappropriate content and scams, and cyberbullying. A concern currently is the access to content which can be manipulative or misleading – both putting young people at risk.

As with all Apps – they aren't inherently bad but can be used for bad things

PLEASE CHECK WHAT YOUR CHILD IS VIEWING

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about

DEEPFAKES

A deepfake is a piece of artificial intelligence (AI) trickery designed to make you believe that a person has said or done something they haven't. AI models are able to use audio, video and photos of a subject to produce misleading mimics. Initially unsophisticated and easy to spot, deepfakes are improving every day. And with the spread of user-friendly AI, it's easier than ever for children to make their own, or be the unsuspecting target of them.

WHAT ARE THE RISKS?

A BULLYING RISK

AI has got easier to use and more widespread, making it a "gift" to bullies. Children can generate fake audio of peers saying damaging things, or pictures of them doing something embarrassing. More disturbingly, Metro recently highlighted cases where fake sexualised images of teens are spread through social media. Mainstream apps don't allow this usage, but with AI becoming widespread, easy-to-use sites without guardrails keep emerging for darker uses.

FAKED CELEBRITY ENDORSEMENTS

With the technology getting easier to use and public figures having lots of clips for training, celebrities are a frequent target. According to McAfee, the most deep faked celebrities are Taylor Swift, Scarlett Johansson, Jenna Ortega, Sydney Sweeney and Sabrina Carpenter, and their AI dopelgangers are usually pushing scams. Even YouTuber MrBeast has been deepfaked by scammers on TikTok. It can be used for propaganda too, making politicians appear to do or say things to improve or harm their reputation.

FAKE FAMILY SCAMS

With a few seconds of audio — from an Instagram reel or TikTok — scammers can clone a person's voice. They can then use this to scam relatives with phone calls asking for money or assistance. This is a widespread tactic for scammers, with the FBI reporting 22,000 such cases in 2025, defrauding victims out of $893 million that year alone.

EXTORTION RISK

You might not be the one being tricked by a deepfake — you could also be the star of it. Blackmail videos are as old as film itself, but with deepfake technology you don't have to have done anything wrong to be a target. A deepfake video showing a person in an uncompromising position could make the victim pay up, even when the content never happened.

Advice for Parents & Educators

KEEP PROFILES PRIVATE

To make a convincing deepfake, you need a supply of images, audio or video of the subject. That means that most non-celebrity victims are targeted via social media where there's a ready-made repository of media to train a deepfake from. Most social media companies have privacy settings to prevent unauthorised access. Enable these to keep strangers and bullies away.

KNOW WHAT TO LOOK FOR

While deepfakes are getting harder to spot, there are still telltale signs to look out for. Deepfake creation can leave blurry edges and flickering textures, especially around hair and teeth. It can also look too sleek, with models often trained on professional video. Make sure the mouth shapes match the spoken words, too. As for audio, listen out for mispronounced phrases and a slightly unusual, robotic rhythm of speech.

USE RESEARCH AND COMMON SENSE

Even perfect deep fakes rely on trust, so think critically. If it's someone you know claiming to need help, then ask them to prove they're who they say they are with an inside joke. For public figures, try Googling the person along with a bit of the contentious speech in quotation marks. Also question why you're seeing the video. If it's a paid promotion, then ask yourself who's paying and why. If someone is sharing the clip, do they dislike the target?

TALK TO YOUR CHILDREN

As well as emphasising the need for privacy and to not trust everything they see online, it's important to ensure children realise why deepfakes are problematic in the first place. With deepfake technology getting more accessible and easy to use, children can start using the technology to make deepfakes of schoolmates, teachers or other adults. Ensure they're aware of the serious trouble the technology can cause, and the ethical problems of manipulating someone's image without consent.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of The Guardian, The Telegraph, The i, Wired, TechRadar, Tom's Guide, The Evening Standard and The New Statesman.



#WakeUpWednesday®

The National College®

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At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about AI-GENERATED VIDEOS

WHAT ARE THE RISKS?

AI-generated videos are increasingly difficult to spot and easy to share. From fake news clips to deepfake abuse, children and young people face new risks every day online. These videos can imitate real people, spread false narratives or even generate harmful content from scratch. Understanding these dangers is crucial for schools and families who want to protect children in a fast-evolving digital world.

DEEPFAKE ABUSE CONTENT

Shockingly, artificial intelligence is now being exploited to create child sexual abuse material (CSAM). These synthetic images and videos are a form of digital abuse, often generated by manipulating real children's photos, including ones shared innocently online. Worryingly, the Internet Watch Foundation (IWF) has identified a sharp rise in this disturbing trend. Whether real or AI-generated, this content causes lasting trauma – and its creation or possession remains a criminal offence under UK law.

BLURRED REALITY

Regular exposure to fake content can erode a child's trust in real-world evidence. If everything can be faked, they may begin to question genuine videos – including actual abuse or injustice. This is known as the 'liar's dividend', where real harm is dismissed as fake news. It can discourage victims from coming forward or speaking up.

USED FOR BULLYING

Deepfake technology is already being used by peers to create embarrassing or explicit clips of classmates. These videos can be edited to appear as though a child said or did something they never did. Once shared, they are almost impossible to delete completely. AI-generated bullying adds a new layer of harm that is deeply personal and difficult to prove.

EMOTIONAL MANIPULATION

AI-generated videos can be used to provoke strong emotions, including fear, anger or guilt. False footage of crying children, injured animals or burning buildings may be created purely for clicks, donations or political influence. Children may feel upset or powerless, unaware that what they are watching has been digitally invented to manipulate their reaction.

DISINFORMATION

AI-generated videos can spread fake news, making it harder for children to separate fact from fiction. False clips may include deepfake interviews, hoax disasters or fabricated health claims. AI is already being used to produce misleading or persuasive material that appears authentic. If they don't develop media literacy, children may accept false content as truth.

IMPERSONATION AND SCAMS

With just a few photos or voice clips, AI tools can imitate someone's appearance or speech. This makes it easier for scammers or bullies to create fake videos of children, teachers or celebrities. These impersonations can be used for fraud, harassment or humiliation – and can spread quickly through social media or group chats, due to the viral potential of video, in particular, on social media.

Advice for Parents & Educators

TEACH HOW IT WORKS

Explain to children that videos can be faked – and show them how. Demonstrating side-by-side examples of real vs AI-generated clips helps to build awareness. Discuss how faces, voices and even movements can be copied by machines. Understanding the technology reduces fear and builds confidence in navigating digital content safely.

TALK ABOUT TRUST

Always keep lines of communication open. If a child sees something upsetting or unbelievable, they should feel safe discussing it without judgement. Create an environment where they know they will not get in trouble for asking questions. This also helps you step in quickly if harmful content has been shared; trust is vital and needs to be nurtured.

ENCOURAGE CRITICAL QUESTIONS

Help children question what they watch. Who made this? Why was it made? Is it trying to persuade me? These habits encourage digital thinking, especially when videos seem too shocking or convenient. Reinforce that not everything shared by friends or influencers is true, even if it looks convincing at first, and that the initial approach should always be one of speculation.

STRENGTHEN PRIVACY SETTINGS

Advise children not to share voice notes, selfies or personal videos on public platforms. AI tools often scrape content from social media to create deepfakes. Use privacy controls to limit who can see their content and turn off facial recognition where possible. Fewer public images means fewer opportunities for misuse.

Meet Our Expert

Brendan O'Keeffe is a headteacher and digital education consultant with over a decade of experience in education. As Director of Digital Strategy across multiple schools and an advisor to The National College, he specialises in digital safety, PREVENT, and pastoral care.

#WakeUpWednesday®

The National College®

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MHST

Mental Health Support Team in Schools

Dimensions tool

Free online personalised self-care information & support for adults and children in Coventry & Warwickshire

Tips For Wellness

Digital Detox

Taking a digital detox is important to give our minds and bodies a break from screens and technology. Too much screen time can lead to tired eyes, difficulty sleeping, and feeling stressed or distracted. Stepping away from devices helps us to recharge, focus better, improve our mood, and spend more quality time with family and friends. It also encourages healthier habits like playing outside, reading, and being creative, all of which support overall wellbeing!

Our tips for taking a digital detox:

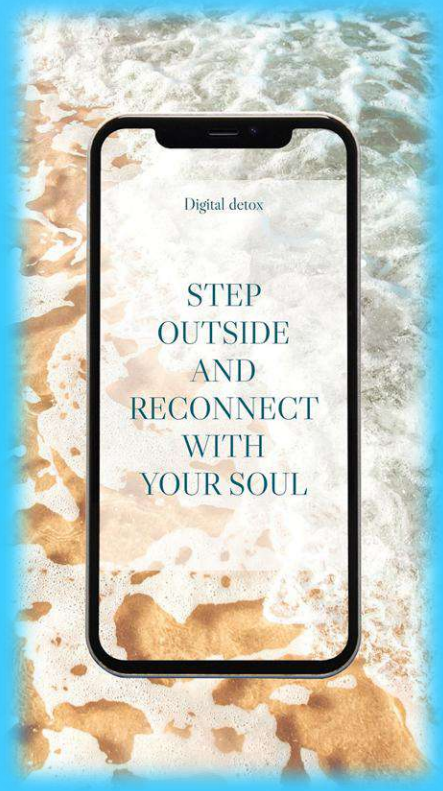
1. **Set yourself clear limits for screen time -** Set specific time limits for screen time, such as an hour after school or 30 minutes of games or social media. Try setting limits on your device, or a visual reminder.
2. **Create Scree-Free Zones -** When you are eating meals with your family or friends, leave your phone or devices in a different room. This allows you to talk and enjoy your food without distractions and improves your quality of connections with others.
3. **Avoid screens at night -** Try to avoid using devices in your bedroom, most importantly for at least 30 minutes before bed. Keeping your bedroom a peaceful space can help you to fall asleep more easily.
4. **Do fun activities without screens -** Try drawing, playing a game with your family, playing a musical instrument or reading instead of your usual device. Spend time outdoors if you can!
5. **Take small breaks from screens** - After playing video games or watching TV for a while, get up and move around. Try to take short breaks where you move between rooms, stretch or walk around.
6. **Turn off notifications -** This can reduce the number of distractions and help you focus on what is important to you. You might even discover a new activity you enjoy!
7. **Find mindful alternatives -** Try meditating or doing breathing exercises to reduce feelings of stress, rather than screen use.

In Coventry and Warwickshire, for any urgent mental health concerns, contact the RISE Crisis Helpline available 24/7, by calling NHS 111. Alternatively, call 999 or visit A&E in an emergency, for example if medical attention is required.

MHST are available to support you and your school throughout the school year including term time and school holidays.

Please contact your school's Mental Health Lead for information and advice.





Want some guidance on supporting your child's wellbeing or behaviour?

New Pause Parenting App available FREE for parents in Coventry

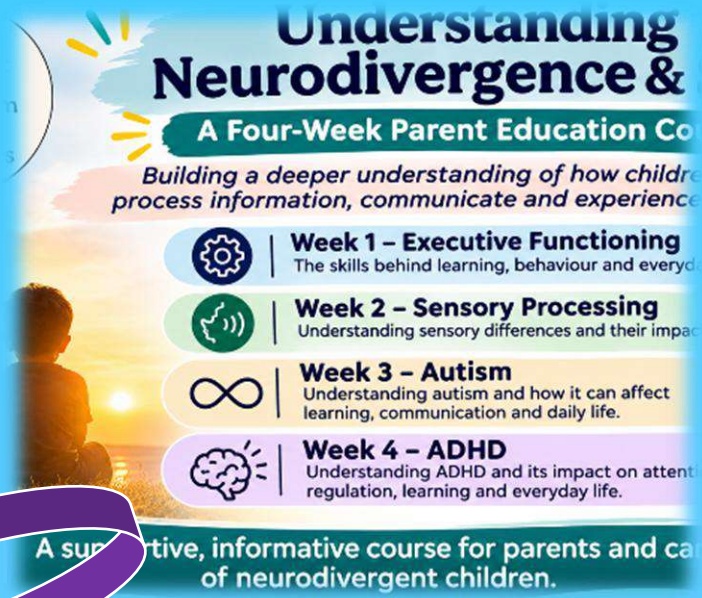
Step 1 Download the app here or visit www.mypause.org

Step 2 Enter the code CV999 for free access

Step 3 Enter a challenge you want help with

Step 4 Get a personal plan with videos and ideas just for your family

www.mypause.org



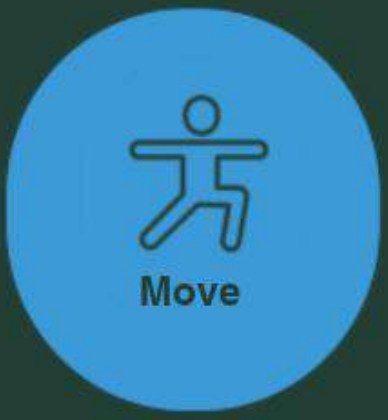
Bookings available for 4-week parenting course on, Understanding Neurodivergence & SEN.

Booking link:

Parent Education Courses | Autism & ADHD | Coventry | The Autism & ADHD Advocates CIC

MEADOW PARK SCHOOL

Health & Wellbeing



Coldmornings, darker eveningsand wetweathercanmake itmuch harder tofind themotivation to getmoving.Whenit's chillyoutside, staying cosy indoorscan feellikethebest option! But movement isan important partoflookingafter our health and wellbeing. It can boost ourmood,increaseour energy, reduce stress and even help us concentrate.

In School...

There are lots of opportunities to build movement into the school day. Getting involved in PE, making the most of break and lunchtime, walking around with friends or simply standing up and stretching between lessons can all help. Small amounts of movement throughout the day can make a real difference. Every little bit counts!

By Yourself...

Think about what youenjoy. If finding the motivation feels tricky, especially during the winter months, start small. A short walk, a few minutes of stretching or putting on a favourite song and having a dance are all great ways to get moving.

Remember, movement isn't about being the fittest, fastest or best. It's about looking after yourself, finding what makes you feel good and doing a little bit more when you can.

Community/ Events-

Meadow Park Chirstmas Fayre is the 5th of the December.

Come down and but some presents, Play games and craft, with Food Drink and Entertainment.

Access Support-

MP-Wellbeing@meadowparkschool.com

MEADOW PARK SCHOOL

Christmas Fayre 2026

Saturday 5th December

CALLING ALL SMALL BUSINESS OWNERS!



Would you be interested in holding a stall at our community christmas fayre? Or are you in a position to donate a prize for our raffle or tombola?

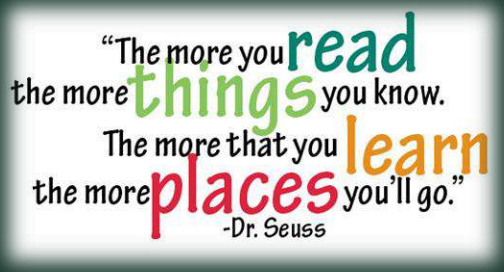
A £10 refundable on the day deposit will be taken for all stalls!
Please contact admin@meadowparkschool.com for more information

Bringing our school & community together this christmas!

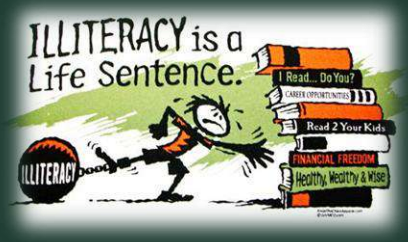
Library Clubs, books & more...

LIBRARY CLUBS NEXT WEEK ...

	RUGBY 7S
	
	NARUTO NINJA ARENA
	DICE GAMES
	SAGRADA







AFTER SCHOOL IN THE LIBRARY

MON	Dungeons & Dragons club
TUE	SCIENCE FICTION WRITING workshop
THU	GAMES CLUB: UNMATCHED



MEADOW PARK SCHOOL

THRIVING TOGETHER